

What's Doin' at the Brea Senior Center

Happy New Year!



January 2026

Hours | Monday-Friday, 8 a.m.-3 p.m.

Announcements

NEW! Senior Topics for Older Adults: Internet Class
Fridays, 9-10:50 a.m., starting on January 16

Learn how to browse the web and find reliable information, send and receive emails, use social media, and explore AI tools like ChatGPT. Please call 714-808-4679 to register.
By NOCE

FREE Hearing Screenings
Tuesday, Jan 13, 10-11:30 a.m.

Make an appointment today with an audiologist to get your hearing checked or your existing hearing aid examined. Please call 714-990-7750 for appointment.



By Hearing Life Brea

Keeping the Keys Workshop
Thursday, January 29, 10 a.m.

This workshop designed to help keep senior drivers on the road for as long as safely possible. The free hour-long presentation is filled with tips and resources for older drivers and their families. All attendees will receive a free resource packet. Workshop topics include:

- How driving changes with age
- How to safely adapt driving
- How medications may impact driving
- Vehicle safety, comfort, and fit
- Resources to extend driving career

Please call 714-885-2313 to register.
In partnership with AAA

1970s Jeopardy
Tuesday, January 27, 11 a.m.

How well do you remember the 1970s? Come find out at our 70s themed Jeopardy!
By SS&D Insurance Services

Senior Tax Preparation
Tuesdays, starting on Feb 3
12:30-3 p.m.

AARP Tax-Aides help taxpayers with low- and moderate-income file their tax returns. Volunteers are trained and certified to assist in filing basic personal tax forms and schedules. Taxpayers with complex tax returns are advised to seek paid tax assistance. Restrictions apply. Registration now open for Brea residents. January 5 for non-Brea residents. Call 714-990-7750 to register.



By AARP Foundation

Presentations

Aches, Pains, & How to Avoid Falls
Thu, Jan 15, 10:30 a.m.



Join Physical Therapist, Anant Desai, as he discuss how simple steps and exercises can prevent falls.
By Maxum Therapy

2026 Trips with Premier World Discovery
Wednesday, Jan 21, 12:30 p.m.

Learn about upcoming trips to the spectacular Niagra Falls, the majestic Canadian Rockies, and the picturesque Athens & Greek Islands—and find out how you can be part of the adventure!
By Premier World Discovery

Mind Your Mood: Stress, Emotions, and Brain Health
Thursday, Jan 22, 10:30 a.m.

Explore how chronic stress and emotional wellbeing directly influence memory, decision-making, and long-term brain health. Learn practical tools to better manage stress and protect your cognitive wellness.
By Alzheimer's OC

Travel Group

Spring Training March 16-20



Highlights: 3 Spring Training Games, Sedona, Phoenix, Musical Instrument Museum, Heard Museum, and Westgate Entertainment District. \$2,999 per person, based on double occupancy.
By Friendly Excursions

San Antonio Fiesta April 17-21

Highlights: San Antonio city tour, San Jose Mission, Alamo, Riverwalk Cruise, Austin city tour, Lady Bird Wildflower Center, wine tasting in the Hill Country, Fredericksburg. \$2,875 per person, based on double occupancy.
By Premier World Discovery

Athens & The Greek Islands May 5-13

Highlights: Athens city tour, The Acropolis & Parthenon, The Acropolis Museum, The Plaka & Syntagma Square, Ancient Olympic Stadium, Santorini winery visit & tasting, Oia Village walking tour. \$4,799 per person, based on double occupancy.
By Premier World Discovery

Health Help

Free Nail Painting
1st & 3rd Monday of each month, 9-10 a.m.

Blood Pressure Checks
Tuesdays, 9 a.m.-12 p.m.

Senior Services

Case Management Services

Are you a senior living in Brea? Are you a caregiver for a loved one? Achieve successful aging through advocacy, assessment, facilitation, and resource management. Eligibility to be a Case Management client: Brea resident, 60+ years of age, and client consent. Call 714-990-7750 for more info.

Medicare & Health Insurance Assistance 2nd & 4th Wednesday of each month, 9:30-11:30 a.m.

Benefits anyone who has questions or needs assistance regarding Medicare, HMO's and secondary and long-term care insurance.
**Appointment Required
By Health Insurance Counseling and Advocacy Program**

Legal Aid (Wellness Room) 4th Thursday of each month 12:30-2 p.m.

Representatives from Legal Aid Society of OC for Orange County 60+ seniors.
By Community Legal Aid SoCal



Senior Center Gift Shop Hours Vary

Quality items available at bargain prices including: jewelry, home decorations, glassware, and assorted handcrafted items. Donated items accepted. Shop hours are subject to volunteer availability.

Senior Grocery Program Wed, January 14 & 28, 1-2 p.m.

Grab N' Go with pre-selected items ready for pick up. Due to limited parking and construction, please arrive no earlier than 1 p.m. Bring your own bags.

By Second Harvest Food Bank

Shopping Trips!

Mondays, 12:45 p.m.
1st & 3rd Wed, 12:45 p.m.



Free transportation for Brea residents to Walmart, Ralphs, Albertsons, and Trader Joe's. Shopping trips limited to one hour. Call 714-990-7754 to register.

Fitness

Better Balance with Dan Mondays, 10-11:50 a.m. (Class resumes on Jan 12)

Registration required. Please call 714-808-4679.
By NOCE

Health & Wellness w/ Eunice Tuesdays, 10-11:50 a.m. Thursdays, 9:30-11:30 a.m. (Class resumes on Jan 13)

Registration required. Please call 714-808-4679.
By NOCE

Line Dancing Class Wednesdays, 12-3 p.m. Introduction: 12-1 p.m. Beginning: 1-2 p.m. Intermediate: 2-3 p.m.



Longevity Stick Balance Class Mondays (ZOOM only) Wednesdays & Fridays, 9-10 a.m.

Table Tennis
Every Tue & Thu, 12:30-3:30 p.m.
Resident Quarterly Fee: \$25
Non-Resident Quarterly Fee: \$40

Tai Chi for Every Body
Mon, 10-11:30 a.m. (ZOOM only)
Tue & Fri, 1-3 p.m. (ZOOM only)

Tai Chi 42 (Courtyard)
Wednesdays, 8:30-10 a.m.

Yoga Class
Tuesdays, 8:30-9:30 a.m.
Thursdays, 8:30-9:15 a.m.

Bring your own mat.

Zumba® Gold 
Mondays, 12-1 p.m.
Wednesdays, 10:30-11:30 a.m.

Classes

NEW DAY & TIME! Mobile Technology Literacy Class
Wednesdays, 9:30-11:20 a.m.
(Class resumes on Jan 14)

Registration required. Please call 714-808-4679.
By NOCE Active Older Adults

Painting for Older Adults Class
Tuesdays, 1-2:50 p.m.
(Class resumes on Jan 13)



Supplies NOT included. Registration required. Please call 714-808-4679.
By NOCE

Staying Mentally Sharp for Older Adults Class
Wednesdays, 12:30-2:20 p.m.
(Class resumes on Jan 14)
Registration req. Call 714-808-4679.
By NOCE

Recorder Music Practice
Wednesdays
Intermediate: 9-10:30 a.m.
Beginning: 10:30-11:30 a.m.

The ability to read music is a plus, but not necessary.

Ukulele Class
Thursdays
Beginning: 12:30-1:30 p.m.
Intermediate: 1:30-2:30 p.m.

Gatherings

Afternoons at the Movies
Wed, Jan 7: "Jay Kelly" (2025) R

Famous movie star Jay Kelly (George Clooney) and his devoted manager, Ron (Adam Sandler), embark on an unexpectedly profound journey through Europe. Along the way, both men confront the choices they've made, relationships with loved ones, and the legacies they'll leave behind.

Bible Study (Room C)
3rd Wednesday of each month, 12:30-1:30 p.m.
By Cause Church Senior Ministry



Bingo! (Dining Room)
Mondays & Wednesdays, 10:30-11:30 a.m.
Thursdays, 12:30-1:30 p.m.
Fridays, 10:30-11:30 a.m. — LUNCH TICKET REQUIRED

Birthday Party
Friday, Jan 9, 11:30 a.m.
By Cause Church Senior Ministry

Board & Card Game Group
Mondays, 12:30-2:30 p.m.

Book Club (Courtyard)
4th Wednesday of each month, 11 a.m.-12 p.m.
By the Brea Public Library

Bunco Group
Every Tue & Fri, 12:45-2 p.m.

Crochet Group (Room C)
Mondays, 10 a.m.-12 p.m.

Hooks and Needles—Knitting Group
3rd and 4th Tuesday of each month, 1-3 p.m.



Help create hand-made hats, booties, sweaters and blankets to be donated through the non-profit organization "Stitches from the Heart" to newborn babies in over 1,200 hospitals nationwide.

Loose Threads—Quilting Group (Room B)
1st & 3rd Wednesday of each month, 9 a.m.-12 p.m.

Lotería
Select Thu, 10:45-11:45 a.m.

Sewing & Embroidery Group
Thursdays, 9 a.m.-3 p.m.

Bring your own sewing machine. Knowledge of sewing required.

Sing-a-Long Group (Room C)
Fridays, 1-2 p.m.

Reminiscing the Past (Room C)
Tuesdays, 10-11:00 a.m.

Everyone is welcome to share or simply to listen.

Veterans Club (Room B)
Mondays, 11-11:45 a.m.

Spouses are also welcome to share their memories too.

January Activities

FAMOUS QUOTE

“Be at war with your vices, at peace with your neighbors and let every new year find you a better man.”

BENJAMIN FRANKLIN

JANUARY IS NATIONAL... BLOOD DONOR MONTH

BIRTHSTONE

Garnet and Emerald

FLOWERS

Carnation and Snowdrop

Monday

A	- Room A
B	- Room B
C	- Room C
CR	- Computer Room
CY	- Courtyard
D	- Room D
DR	- Dining Room
L	- Lobby Area
LIB	- Library
PH	- Pioneer Hall
PHCR	- PH Conference Room
WR	- Wellness Room

5	9:00 Longevity Stick Balance (ZOOM) 9:00 Nail Painting (WR) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Better Balance (PH) <small>ON BREAK</small> 10:00 Crochet Group (C) 10:30 Bingo (DR) 11:00 Veterans Club (B) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L) 12:30 Board & Card Game Group (B)
----------	--

12	9:00 Longevity Stick Balance (ZOOM) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Better Balance (PH) 10:00 Crochet Group (C) 10:30 Bingo (DR) 11:00 Veterans Club (B) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L) 12:30 Board & Card Game Group (B)
-----------	---

19	 Closed for Martin Luther King Jr. Day
-----------	---

26	9:00 Longevity Stick Balance (ZOOM) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Better Balance (PH) 10:00 Crochet Group (C) 10:30 Bingo (DR) 11:00 Veterans Club (B) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L) 12:30 Board & Card Game Group (B)
-----------	---

Tuesday

All programs and activities subject to change and cancellation without prior notice
--

6	8:30 Yoga Class (PH) 9:00 Blood Pressure Checks (WR) 10:00 Health & Wellness (PH) <small>ON BREAK</small> 10:00 Reminiscing the Past (C) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (B) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D) <small>ON BREAK</small>
----------	---

13	8:30 Yoga Class (PH) 9:00 Blood Pressure Checks (WR) 10:00 Health & Wellness (PH) 10:00 Reminiscing the Past (C) 10:00 Hearing Screenings (B) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (B) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D)
-----------	---

20	8:30 Yoga Class (PH) 9:00 Blood Pressure Checks (WR) 10:00 Health & Wellness (PH) 10:00 Reminiscing the Past (C) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (B) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D) 1:00 Knitting Group (C)
-----------	--

27	8:30 Yoga Class (PH) 9:00 Blood Pressure Checks (WR) 10:00 Health & Wellness (PH) 10:00 Reminiscing the Past (C) 11:00 1970s Jeopardy (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (B) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D) 1:00 Knitting Group (C)
-----------	---

Wednesday

7	8:30 Tai Chi 42 (CY) 9:00 Quilting Group (B) 9:00 Longevity Stick Balance (PH) 9:00 Recorder Practice (C) 9:30 Mobile Technology Class (D) <small>ON BREAK</small> 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Line Dancing (PH) 12:30 Mentally Sharp Class (D) <small>ON BREAK</small> 12:30 Afternoon Movie (DR) 12:45 Ralph's Shopping (L)
----------	--

14	8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Recorder Practice (C) 9:30 HICAP Counseling (WR) 9:30 Mobile Technology Class (D) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Line Dancing (PH) 12:30 Mentally Sharp Class (D) 1:00 Senior Grocery Program (CY)
-----------	---

21	8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Quilting Group (B) 9:00 Recorder Practice (C) 9:30 Mobile Technology Class (D) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Line Dancing (PH) 12:30 Bible Study (C) 12:30 Mentally Sharp Class (D) 12:30 2026 Trips with Premier World Discovery (DR) 12:45 Albertsons/Trader Joe's Shopping (L)
-----------	---

28	8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Recorder Practice (C) 9:30 HICAP Counseling (WR) 9:30 Mobile Technology Class (D) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 11:00 Book Club (CY) 12:00 Lunch (DR) 12:00 Line Dancing (PH) 12:30 Mentally Sharp Class (D) 1:00 Senior Grocery Program (CY)
-----------	---

29	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:30 Health & Wellness (PH) 10:00 Keeping the Keys Workshop (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 12:30 Ukulele Class (D)
-----------	---

Thursday

1	 Closed for Holidays (Reopen on January 5)
----------	---

8	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:30 Health & Wellness (PH) <small>ON BREAK</small> 10:45 Loteria (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 12:30 Ukulele Class (D)
----------	---

15	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:30 Health & Wellness (PH) 10:30 How to Avoid Falls (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 12:30 Ukulele Class (D)
-----------	--

22	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:30 Health & Wellness (PH) 10:30 Mind Your Mood (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 12:30 Ukulele Class (D) 12:30 Legal Aid (WR)
-----------	--

29	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:30 Health & Wellness (PH) 10:00 Keeping the Keys Workshop (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 12:30 Ukulele Class (D)
-----------	---

Friday

2	 Closed for Holidays (Reopen on January 5)
----------	---

9	9:00 Longevity Stick Balance (PH) 10:30 Bingo w/ Lunch Ticket (DR) 11:30 Birthday Party (DR) 12:00 Special Dollar Lunch (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
----------	--

16	9:00 Longevity Stick Balance (PH) 9:00 Senior Topics: Internet Class (D) 12:00 New Year's Day Party (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
-----------	---

23	9:00 Longevity Stick Balance (PH) 9:00 Senior Topics: Internet Class (D) 10:30 Bingo w/ Lunch Ticket (DR) 12:00 Special Friday Lunch (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
-----------	---

30	9:00 Longevity Stick Balance (PH) 9:00 Senior Topics: Internet Class (D) 10:30 Bingo w/ Lunch Ticket (DR) 12:00 Special Dollar Lunch (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
-----------	---

Martin Luther King Jr.

Monday	Tuesday	Wednesday	Thursday	Friday
Voluntary Contribution - \$3.00 Meal Cost for Under Age 60 - \$5.00  Meatless Meal			1 	2
5	6	7	8	Special Friday Lunches are Listed on the Next Page
White Chicken Chili w/Pinto Beans ½ Baked Potato WW Dinner Roll w/Smart Balance Canned Pears 1% Milk	Beef Enchilada Casserole Peas & Carrots WW Dinner Roll Fresh Apple 1% Milk	Diced Chicken Orange Sauce Egg Drop Soup Oriental Vegetable Blend Brown Rice Canned Mandarin Orange 1% Milk	Ground Beef Spaghetti Marinara Sauce Parmesan Cheese (1pk) Winter Veg Blend Fresh Orange 1% Milk	
12	13	14	15	
Pork Loin Caramel Sauce Broccoli Brown Rice Fresh Apple 1% Milk	Turkey Roast Brown Gravy Lentil Soup Scandinavian Veg Blend Sweet Potatoes WW Dinner Roll w/Smart Balance Pineapple Chunks 1% Milk	Cubed Beef Red Chili Sauce Carrots Brown Rice Fresh Orange 1% Milk	BBQ McRib w/BBQ Sauce Baked Beans Collard Greens Chicken Noodle Soup Parkerhouse Roll SF Cake Fresh Orange 1% Milk	
19	20	21 	22	
	Barbacoa Beef Pico De Gallo Oregon Bean Medley Mexican Rice WG Tortilla (1) Fresh Orange 1% Milk	Tuna Salad Spring Mix Balsamic Vinaigrette Dressing Old Fashioned Potato Soup WW Bread (2) Fresh Apple 1% Milk	Chicken Breast Asian Sauce Scandinavian Veg Blend Brown Rice Canned Mandarin Orange 1% Milk	
26 	27	28	29	30
Veggie Egg Salad Baked Red Chunk Potatoes Moroccan Lentil & Vegetable Soup WW Bread Fresh Orange 1% Milk	Pork Loin Sweet Citrus Glaze 5-way Mixed Veg Quinoa Pilaf Canned Mandarin Orange 1% Milk	Chicken Breast Florentine Sauce Peas & Carrot Cream of Spinach Soup Brown Rice Tropical Fruit Mixed 1% Milk	Beef Cheeseburger Sliced Cheese Shredded Lettuce, Tomato & Red Onion WG Hamburger Bun Mustard & Ketchup Tomato & Cucumber Salad Fresh Apple 1% Milk	

All meals comply with the Dietary Guidelines for Americans (DGA) 2020-2025 & Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Human Services Agency & the U.S. Department of Agriculture. Meals on Wheels Orange County Lunch Program may change the menu for reasons of quality control, price or vendor problems. This project is funded in parts through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% Milk served daily. * indicates sodium content over 1,000 mg. * indicates a special event or Holiday and the menu MAY exceed 1,000 mg. Low Cholesterol, 0% trans-fat buttery spread served with bread & rolls. A weekly average lunch meal provides >550 calories. Please note condiments are not analyzed and may increase sodium.

www.MealsOnWheelsOC.org

Special Friday Lunches

Lunch starts at 12 P.M. Dollar Lunch is available for Dine-In ONLY. Takeout available for \$8. Vegetarian options require advance notice.

JAN

Friday, Jan 9—Dollar Lunch Sponsored by Dwight Manley
 Bacon Grilled Cheese, Tomato Bisque Soup, Roasted Root Vegetables, Fruit, Birthday Cake

\$1

SOLD OUT!

Friday, Jan 16—New Year's Day Party
 Beef Short Rib Lasagna, Squash Medley, Garlic Breadstick, Caesar Salad, Fresh Berries, Cheesecake

\$7

Friday, Jan 23

Chicken Teriyaki, White Rice, Potstickers, Sautéed Veggies, Asian Salad, Mandarin Oranges, Green Tea Ice Cream

\$7

Friday, Jan 30—Dollar Lunch Sponsored by Dwight Manley
 Roast Beef & Cheese Sandwich, Baked Potato Soup, Roasted Carrots, Green Salad, Fruit, Cream Puffs

\$1

FEB

Friday, Feb 6—Dollar Lunch Sponsored by Dwight Manley
 Chicken Skewers, Saffron Rice, Pita Bread with Tzatziki, Cucumber Tomato Salad, Birthday Cake

\$1

Friday, Feb 13—Valentine's Day Party

Chicken Parmesan, Linguini with Marinara, Roasted Vegetables, Caesar Salad, Garlic Toast, Red Velvet Cake

\$7

Friday, Feb 20—Dollar Lunch Sponsored by Dwight Manley
 Two Fish Tacos with Coleslaw & Salsa, Spanish Rice, Refried Beans, Mexican Salad, Rice Pudding

\$1

Friday, Feb 27

Beef & Broccoli, Chow Mein with Mixed Vegetables, Veggie Spring Rolls, Asian Salad, White Chocolate Macadamia Cookie

\$7

LUNCH TICKETS ARE LIMITED. Brea residents can purchase lunch tickets one month in advance. Non-residents can join the waitlist for a chance to attend. (Tickets are not guaranteed.)

SAYING HELLO

T M W Q R N L U I G F W N V W A M M H H F O Z P E
 B N M C S E Z C D S Y E Z W F I W Z K Y G K E Z Q
 N X S S J M D A U U B T B Z T T W G T E S S R S D
 H W A X K F F S H A T U Z S C A S E T R E W H Y M
 R X L Z A P J U B O S M L I G A C K Q K Q C G P I
 B T U M L U M E L A J B S A B F S G Z K A N K Y O
 L L D F I O J H B B M K U F D O C A P I K C W F U
 Y U E Q I L F A Z G I R I H G L M S L W M H W K W
 N M B A X L L F I O Q A A P U A N E U A E A Z R G
 M T N A R A L O L D U N F H E T V V B O M A D D Q
 J H I K N H J E H D A F N J O M H W R L T N U Z O
 M Q N L U D A Z D A L L Z Y L L A F I B P T M D H
 G S A A H R I L D G F S U T X I A H Q L P J E U W
 H Q V I S F U S O X K K Z U S S J B I B Q I L G R
 E V E V V V I S G H H H P L I W O C G P U K A U V
 L A R X W J V L X T E Q O L G N Y M H A A E N O N
 O I P D C E M H I X V M L E J M M R F D H T B A E
 P U Y V I Q I I J H Z A U O C O Y X M K F C S I T
 W R C K O P X W M V W O U H O I C A H Y E B H C U
 U V I J V L E X E E G P Z Q L N M Z O F Y R C B L
 W Y X U B I B E X B K R K V O Q T X V S W C E K A
 Z I N B I A P Y V Y I C Z R M J I I O A R B M T S
 F R D O V A R D Z Q N A V M J A S I A A H Y O C M
 A E J M U Y H P Q R D C K E K D K Y Y D V U I T T
 T P L E D I A G Y O L K H S P G C Z W X D N Y T E

AHOJ	HOLA
ALOHA	KAIXO
ALUU	LABAS
ANIN	LUMELA
BANDI	MOIN
BONJOU	MOLO
BULA	OLA
CIAO	SALAM
CKEMI	SALUD
CZESC	SALUTE
DUMELA	SILLAW
GODDAG	SVEIKI
HAAI	TALOFA
HALLO	TERE
HAU	TJIKE
HEJ	TOUS
HELO	WERTE
HEUS	ZDRAVO

Come by and learn...

The Brea Senior Center is open to all senior and pre-senior community members. Come by and learn more about the many programs, services and events available for you.

- Hours:** Mon-Fri / 8 a.m.-3 p.m.
- Location:** 500 S. Sievers Avenue, Brea, California 92821
- Telephone:** 714-990-7750
- Website:** www.BreaSeniorCenter.com
- Facebook:** [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)
- Instagram:** [instagram.com/BreaSeniorCenter/](https://www.instagram.com/BreaSeniorCenter/)

More details and information available online

