

# What's Doin' at the Brea Senior Center

## Happy Halloween!



### October 2025

Hours | Monday-Friday, 8 a.m.-3 p.m.

### Announcements

**Pumpkin Painting!**  
Friday, October 10, 1 p.m.

Kick off spooky season by decorating your own pumpkin with paints, stickers, and designs—no carving required! Sign-up by calling 714-990-7750.

**By Brea Student Advisory Board**

**FREE Hearing Screenings**  
Tuesday, Oct 7, 10 a.m.-12 p.m.

Make an appointment today with an audiologist to Get your hearing checked or your existing hearing aid examined. Please call 714-990-7750 for appointment.

**By Hearing Life Brea**

**NEW! Latin Rhythms Class**  
Monday, October 13, 1:15 p.m.

Join Rick, a former professional dancer, teaches the basic footwork and variations of the Latin dances. No dance experience is required.

**By CareMore & Boomers Insurance**

**Arts & Crafts with Shawna**  
Tue, Oct 14, 10:30-11:30 a.m.

Join us for a fun seasonal craft with supplies included! Sign up at the front desk.

**By Senior Helpers North OC**



**"Name That Sitcom" Trivia**  
Tuesday, October 14, 10:30 a.m.

Test your TV knowledge in a lively round of Name That Sitcom. We'll play clips and give clues—see how many classics you can recognize!

**By CareMore**

**"It's Your Estate" 6-week Financial Literacy Workshop Series**  
Mondays, now thru Nov 3  
1-2:30 p.m.

This free series is designed to prevent financial abuse by educating seniors to take control of their financial and estate decisions. Lessons in this series include estate planning, living trusts, tax planning, retirement account planning, and more. NO sales pitches or solicitations will take place. Call 714-990-7750 to register.

**By Financial & Estate Literacy**



### Presentations

**What is PEARLS OC?**  
Thursday, October 9, 11 a.m.

Learn about this free, evidence-based program to reduce depression & loneliness and increase the quality of life for older adults aged 60 and older!

**By Council on Aging**

**Planning Ahead: Making Your Wishes Known**  
Thursday, October 16, 11 a.m.

Learn about advance care directives, wills, and important decisions that ensure your wishes are honored and your loved ones are supported. This session will help you plan with clarity and peace of mind.

**By Dr. Estelle Vincent**

**Medicare: What's New in 2026?**  
Thursday, October 23, 11 a.m.



Medicare's Annual Open Enrollment is approaching! Join HICAP to learn about upcoming changes and how those changes may impact you.

**By Council on Aging HICAP**

## Protecting Your Vision as You Age

Wednesday, Oct 22, 12:45 p.m.

Discuss the signs and symptoms of common eye diseases, prognosis, treatments, and importance of regular eye exams. Learn what constitutes a vision emergency and what to do if you experience symptoms.

**By Southern California College of Optometry**

## Navigating the Transition from Home to Assisted Living



Thursday, Oct 30, 10:30 a.m.

Join us for a workshop designed to guide seniors and their families through the emotional, financial, and logistical aspects of transitioning from home to an assisted living facility.

**By Emerald Court**

## Travel Group

## New York City Christmas

December 8-12

Highlights: Radio City Rockettes Broadway Show, New York Times Square, New City Tour, Rockefeller Center (Top of the Rock), St. Patrick's Cathedral, 9/11 Museum and Memorial, The Metropolitan Museum of Art. \$3,599.00 per person, based on double occupancy.

## Hearst Castle at Christmas Time

December 14-16

Highlights: Downtown Santa Barbara, San Luis Obispo, Cambria Christmas Market, Holiday Twilight Tour of Hearst Castle, Solvang, and San Simeon.

\$799 per person, based on double occupancy.

## Health Help

**Free Nail Painting**  
1st & 3rd Monday of each month, 9-10 a.m.

**Blood Pressure Checks**  
Tuesdays, 9 a.m.-12 p.m.

## Senior Services

### Case Management Services

Are you a senior living in Brea? Are you a caregiver for a loved one? Achieve successful aging through advocacy, assessment, facilitation, and resource management. Eligibility to be a Case Management client: Brea resident, 60+ years of age, and client consent. Call 714-990-7750 for more info.

**Medicare & Health Insurance Assistance**  
2nd & 4th Wednesday of each month, 9:30-11:30 a.m.

Benefits anyone who has questions or needs assistance regarding Medicare, HMO's and secondary and long-term care insurance.  
**Appointment Required**  
**By Health Insurance Counseling and Advocacy Program**

**Legal Aid (Wellness Room)**  
4th Thursday of each month, 12:30-2 p.m.

Representatives from Legal Aid Society of OC for Orange County 60+ seniors.  
**By Community Legal Aid SoCal**



## Senior Center Gift Shop

Monday-Friday, 9-11 a.m.

Quality items available at bargain prices including: jewelry, home decorations, glassware, and assorted handcrafted items. Donated items accepted. Shop hours are subject to volunteer availability.

**Senior Grocery Program**  
Wednesdays, Oct 15 and 29, 1-2 p.m.

Grab N' Go with pre-selected items ready for pick up. Due to limited parking and construction, please arrive no earlier than 1 p.m. Bring your own bags.

**By Second Harvest Food Bank**

**Shopping Trips!**  
Mondays, 12:45 p.m.  
1st & 3rd Wed, 12:45 p.m.



Free transportation for Brea residents to Walmart, Ralphs, Albertsons, and Trader Joe's. Shopping trips limited to one hour. Call 714-990-7754 to register.

## Fitness

**Better Balance with Dan**  
Mondays, 10-11:50 a.m.

Registration required. Please call 714-808-4679.  
**By NOCE**

**Health & Wellness w/ Eunice**  
Tuesdays, 10-11:50 a.m.  
Thursdays, 9:30-11:30 a.m.

Registration required. Please call 714-808-4679.  
**By NOCE**

**Line Dancing Class**  
Wednesdays, 12-3 p.m.

Introduction: 12-1 p.m.  
Beginning: 1-2 p.m.  
Intermediate: 2-3 p.m.



**Longevity Stick Balance Class**  
Mondays (ZOOM only)  
Wednesdays & Fridays, 9-10 a.m.

**Table Tennis**  
Every Tue & Thu, 12:30-3:30 p.m.  
Resident Quarterly Fee: \$25  
Non-Resident Quarterly Fee: \$40

**Tai Chi for Every Body**  
Mon, 10-11:30 a.m. (ZOOM only)  
Tue & Fri, 1-3 p.m. (ZOOM only)

**Tai Chi 42 (Courtyard)**  
Wednesdays, 8:30-10 a.m.

**Yoga Class**  
Tuesdays, 8:30-9:30 a.m.  
Thursdays, 8:30-9:15 a.m.

Bring your own mat.

**Zumba® Gold**   
Mondays, 12-1 p.m.  
Wednesdays, 10:30-11:30 a.m.

## Classes

**Mobile Technology Literacy Class**  
Fridays, 9-11 a.m.

Registration required. Please call 714-808-4679.  
**By NOCE Active Older Adults**

**Painting for Older Adults Class**  
Tuesdays, 1-2:50 p.m.



Supplies NOT included. Registration required. Please call 714-808-4679.  
**By NOCE**

**Staying Mentally Sharp for Older Adults Class**  
Wednesdays, 12:30-2:20 p.m.  
Registration required. Please call 714-808-4679.  
**By NOCE**

**Recorder Music Practice**  
Wednesdays  
Intermediate: 9-10:30 a.m.  
Beginning: 10:30-11:30 a.m.

**Ukulele Class**  
Thursdays  
Beginning: 12:30-1:30 p.m.  
Intermediate: 1:30-2:30 p.m.

Need to purchase a ukulele, music stand, tuner, and a book "Essential Elements for Ukulele Book 1" published by Hal Leonard Corp.

## Gatherings

**Afternoons at the Movies**  
Wed, Oct 1: "Our Souls at Night" (2017)

After widowed neighbors Addie (Jane Fonda) and Louis (Robert Redford) begin sleeping in bed together platonically to alleviate their loneliness, a real romance begins to blossom.

**Wed, Oct 8: "Twister" (2024)**  
PG-13

The blockbuster disaster epic returns with whirlwind thrills as Kate and Tyler, rival storm chasers with distinct styles, race to survive a tornado season like no other.

**Bible Study (Room C)**  
3rd Wednesday of each month 12:30-1:30 p.m.  
**By Cause Church Senior Ministry**



**Bingo! (Dining Room)**  
Mondays & Wednesdays, 10:30-11:30 a.m.  
Thursdays, 12:30-1:30 p.m.  
Fridays, 10:30-11:30 a.m.—  
LUNCH TICKET REQUIRED

**Birthday Party**  
Friday, October 10, 11:30 a.m.  
**By Cause Church Senior Ministry**

**Board & Card Game Group**  
Mondays, 12:30-2:30 p.m.

**Book Club (Courtyard)**  
4th Wednesday of each month, 11 a.m.-12 p.m.  
**By the Brea Public Library**

**Bunco Group**  
Every Tue & Fri, 12:45-2 p.m.

**Crochet Group (Room C)**  
Mondays, 10 a.m.-12 p.m.

**Hooks and Needles—Knitting Group**  
3rd and 4th Tuesday of each month, 1-3 p.m.



**Loose Threads—Quilting Group (Room B)**  
1st & 3rd Wednesday of each month, 9 a.m.-12 p.m.

**Lotería**  
Select Thur, 10:45-11:45 a.m.

**Sewing & Embroidery Group**  
Thursdays, 9 a.m.-3 p.m.

Bring your own sewing machine. Knowledge of sewing required.

**Sing-a-Long Group (Room C)**  
Fridays, 1-2 p.m.

**Reminiscing the Past (Room C)**  
Tuesdays, 10-11:00 a.m.

# October Activities

## FAMOUS QUOTE

“Notice that autumn is more the season of the soul than of nature.”

FRIEDRICH NIETZSCHE

OCTOBER IS NATIONAL BREAST CANCER AWARENESS MONTH

## BIRTHSTONE

Opal and Tourmaline

## FLOWERS

Marigold

## Monday

**A** - Room A  
**B** - Room B  
**C** - Room C  
**CR** - Computer Room  
**CY** - Courtyard  
**D** - Room D  
**DR** - Dining Room  
**L** - Lobby Area  
**LIB** - Library  
**PH** - Pioneer Hall  
**PHCR** - PH Conference Room  
**WR** - Wellness Room

**6**  
9:00 Longevity Stick Balance (ZOOM)  
9:00 Nail Painting (WR)  
10:00 Tai Chi for Every Body (ZOOM)  
10:00 Better Balance (PH)  
10:00 Crochet Group (C)  
10:00 Writing Group (D)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Lunch (DR)  
12:00 Zumba Gold (PH)  
12:45 Walmart Shopping (L)  
12:30 Board & Card Game Group (B)  
1:00 It's Your Estate (D)

**13**  
9:00 Longevity Stick Balance (ZOOM)  
10:00 Tai Chi for Every Body (ZOOM)  
10:00 Better Balance (PH)  
10:00 Crochet Group (C)  
10:00 Writing Group (D)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Lunch (DR)  
12:00 Zumba Gold (PH)  
12:45 Walmart Shopping (L)  
12:30 Board & Card Game Group (B)  
1:00 It's Your Estate (D)  
1:15 Latin Rhythms Class (PH)

**20**  
9:00 Longevity Stick Balance (ZOOM)  
9:00 Nail Painting (WR)  
10:00 Tai Chi for Every Body (ZOOM)  
10:00 Better Balance (PH)  
10:00 Crochet Group (C)  
10:00 Writing Group (D)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Lunch (DR)  
12:00 Zumba Gold (PH)  
12:45 Walmart Shopping (L)  
12:30 Board & Card Game Group (B)  
1:00 It's Your Estate (D)

**27**  
9:00 Longevity Stick Balance (ZOOM)  
10:00 Tai Chi for Every Body (ZOOM)  
10:00 Better Balance (PH)  
10:00 Crochet Group (C)  
10:00 Writing Group (D)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Lunch (DR)  
12:00 Zumba Gold (PH)  
12:45 Walmart Shopping (L)  
12:30 Board & Card Game Group (B)  
1:00 It's Your Estate (D)

## Tuesday

All programs and activities subject to change and cancellation without prior notice

**7**  
8:30 Yoga Class (PH)  
9:00 Blood Pressure Checks (WR)  
10:00 Health & Wellness (PH)  
10:00 Reminiscing the Past (C)  
10:00 Hearing Screenings (B)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bunco (B)  
1:00 Tai Chi for Every Body (ZOOM)  
1:00 Painting for Older Adults (D)

**14**  
8:30 Yoga Class (PH)  
9:00 Blood Pressure Checks (WR)  
10:00 Health & Wellness (PH)  
10:00 Reminiscing the Past (C)  
10:30 Arts & Crafts (D)  
10:30 "Name That Sitcom" Trivia (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bunco (B)  
1:00 Tai Chi for Every Body (ZOOM)  
1:00 Painting for Older Adults (D)

**21**  
8:30 Yoga Class (PH)  
9:00 Blood Pressure Checks (WR)  
10:00 Health & Wellness (PH)  
10:00 Reminiscing the Past (C)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bunco (B)  
1:00 Tai Chi for Every Body (ZOOM)  
1:00 Painting for Older Adults (D)  
1:00 Knitting Group (C)

**28**  
8:30 Yoga Class (PH)  
9:00 Blood Pressure Checks (WR)  
10:00 Health & Wellness (PH)  
10:00 Reminiscing the Past (C)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bunco (B)  
1:00 Tai Chi for Every Body (ZOOM)  
1:00 Painting for Older Adults (D)  
1:00 Knitting Group (C)

## Wednesday

**1**  
8:30 Tai Chi 42 (CY)  
9:00 Quilting Group (B)  
9:00 Longevity Stick Balance (PH)  
9:00 Recorder Practice (C)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
12:00 Lunch (DR)  
12:00 Line Dancing (PH)  
12:30 Mentally Sharp Class (D)  
12:30 Afternoon Movie (DR)  
12:45 Ralph's Shopping (L)

**8**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
9:00 Recorder Practice (C)  
9:30 HICAP Counseling (WR)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
12:00 Lunch (DR)  
12:00 Line Dancing (PH)  
12:30 Mentally Sharp Class (D)  
12:30 Afternoon Movie (DR)

**15**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
9:00 Quilting Group (B)  
9:00 Recorder Practice (C)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
12:00 Lunch (DR)  
12:00 Line Dancing (PH)  
12:30 Bible Study (B)  
12:30 Mentally Sharp Class (D)  
12:45 Albertsons/Trader Joe's Shopping (L)  
1:00 Senior Grocery Program (DR)

**22**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
9:00 Recorder Practice (C)  
9:30 HICAP Counseling (WR)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
11:00 Book Club (CY)  
12:00 Lunch (DR)  
12:00 Line Dancing (PH)  
12:30 Mentally Sharp Class (D)  
12:30 Protecting Your Vision (DR)

**29**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
9:00 Recorder Practice (C)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
12:00 Lunch (DR)  
12:00 Line Dancing (PH)  
12:30 Mentally Sharp Class (D)  
1:00 Senior Grocery Program (DR)

## Thursday

**2**  
8:30 Yoga Class (PH)  
9:00 Sewing & Embroidery (B)  
9:30 Health & Wellness (PH)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:30 Bingo (DR)  
12:30 Ukulele Class (D)

**9**  
8:30 Yoga Class (PH)  
9:00 Sewing & Embroidery (B)  
9:30 Health & Wellness (PH)  
11:00 Pearls OC Presentation (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:30 Bingo (DR)  
12:30 Ukulele Class (D)

**16**  
8:30 Yoga Class (PH)  
9:00 Sewing & Embroidery (B)  
9:30 Health & Wellness (PH)  
11:00 Planning Ahead: Making Your Wishes Known (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:30 Bingo (DR)  
12:30 Ukulele Class (D)

**23**  
8:30 Yoga Class (PH)  
9:00 Sewing & Embroidery (B)  
9:30 Health & Wellness (PH)  
11:00 Medicare: What's New in 2026 (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:30 Bingo (DR)  
12:30 Ukulele Class (D)  
12:30 Legal Aid (WR)

**30**  
8:30 Yoga Class (PH)  
9:00 Sewing & Embroidery (B)  
9:30 Health & Wellness (PH)  
10:30 Navigating the Transition (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:30 Bingo (DR)  
12:30 Ukulele Class (D)

## Friday

**3**  
9:00 Longevity Stick Balance (PH)  
9:00 Mobile Technology Class (D)  
10:30 Bingo w/ Lunch Ticket (DR)  
12:00 Special Friday Lunch (DR)  
12:45 Bunco (B)  
1:00 Sing-a-Long Group (C)  
1:00 Tai Chi for Every Body (ZOOM)

**10**  
9:00 Longevity Stick Balance (PH)  
9:00 Mobile Technology Class (D)  
10:30 Bingo w/ Lunch Ticket (DR)  
11:30 Birthday Party (DR)  
12:00 Special Dollar Lunch (DR)  
12:45 Bunco (B)  
1:00 Sing-a-Long Group (C)  
1:00 Tai Chi for Every Body (ZOOM)  
1:00 Pumpkin Painting! (L)

**17**  
9:00 Longevity Stick Balance (PH)  
9:00 Mobile Technology Class (D)  
10:30 Bingo w/ Lunch Ticket (DR)  
12:00 Special Friday Lunch (DR)  
12:45 Bunco (B)  
1:00 Sing-a-Long Group (C)  
1:00 Tai Chi for Every Body (ZOOM)

**24**  
9:00 Longevity Stick Balance (PH)  
9:00 Mobile Technology Class (D)  
10:30 Bingo w/ Lunch Ticket (DR)  
12:00 Special Dollar Lunch (DR)  
12:45 Bunco (B)  
1:00 Sing-a-Long Group (C)  
1:00 Tai Chi for Every Body (ZOOM)

**31**  
9:00 Longevity Stick Balance (PH)  
9:00 Mobile Technology Class (D)  
10:30 Halloween Party—SOLD OUT (DR)  
12:45 Bunco (B)  
1:00 Sing-a-Long Group (C)  
1:00 Tai Chi for Every Body (ZOOM)



# Special Friday Lunches

Lunch starts at 12 P.M. Dollar Lunch is available for Dine-In ONLY. Takeout available for \$8. Vegetarian options require advance notice.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Voluntary Contribution - \$3.00</b>  <b>Meal Cost for Under Age 60 - \$5.00</b>  <b>Meatless Meal</b>		<b>1</b> <b>Cubed Beef</b> Pepper Garlic Sauce Carrots Brown Rice Canned Pineapple Chunks 1% Milk	<b>2</b> <b>Baked Tilapia</b> Ranchera Sauce Broccoli Mexican Rice WG Tortilla (1) Fresh Orange 1% Milk	
		<b>6</b> <b>Chicken Strips</b> Lemongrass Sauce Creamy Roasted Cauliflower Soup Oriental Vegetable Blend Brown Rice Fresh Apple 1% Milk	<b>7</b> <b>Tofu Burrito Bowl</b> Pico De Gallo Guacamole Fajita Blend Black Bean Cilantro Lime Rice Fresh Orange 1% Milk	<b>8</b> <b>Pork Carnitas</b> Salsa Verde Carrots Tomato Cilantro Rice WG Mini Tortillas (2) Canned Mandarin Orange 1% Milk
<b>13</b> <b>White Chicken Chili w/Pinto Beans</b> ½ Baked Potato WW Dinner Roll w/Smart Balance Canned Pears 1% Milk	<b>14</b> <b>Beef Enchilada Casserole</b> Peas and Carrots WW Dinner Roll Fresh Apple 1% Milk	<b>15</b> <b>Diced Chicken</b> Orange Sauce Egg Drop Soup Oriental Vegetable Blend Brown Rice Canned Mandarin Orange 1% Milk	<b>16</b> <b>Ground Beef</b> Spaghetti Marinara Sauce w/Parmesan Cheese Winter Veg Blend Fresh Orange 1% Milk	
<b>20</b> <b>Pork Loin</b> Caramel Sauce Broccoli Brown Rice Fresh Apple 1% Milk	<b>21</b> <b>Turkey Roast</b> Brown Gravy Lentil Soup Scandinavian Veg Blend Sweet Potatoes WW Dinner Roll w/Smart Balance Canned Pineapple Chunks 1% Milk	<b>22</b> <b>Cubed Beef</b> Red Chili Sauce Carrots Brown Rice Fresh Orange 1% Milk	<b>23</b> <b>Baked Tilapia</b> Creamy Garlic Sauce Brussel Spouts Orzo w/Vegetable Pilaf WW Dinner Roll Canned Pears 1% Milk	
<b>27</b> <b>Chicken Breast</b> Parmesan Sundried Tomato Sauce Peas and Carrots Tri- Color Pasta Tropical Fruit Mix 1% Milk	<b>28</b> <b>Barbacoa Beef</b> Pico De Gallo Oregon Bean Medley Mexican Rice WG Tortilla (1) Fresh Orange 1% Milk	<b>29</b> <b>Tuna Salad</b> Spring Mix Balsamic Vinaigrette Dressing Old Fashioned Potato Soup WW Bread (2) Fresh Apple 1% Milk	<b>30</b> <b>Chicken Breast</b> Asian Sauce Scandinavian Veg Blend Brown Rice Canned Mandarin Orange 1% Milk	

All meals comply with the Dietary Guidelines for Americans (DGA) 2020-2025 & Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Human Services Agency & the U.S. Department of Agriculture. Meals on Wheels Orange County Lunch Program may change the menu for reasons of quality control, price or vendor problems. This project is funded in parts through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% Milk served daily. indicates sodium content over 1,000 mg. \* indicates a special event or Holiday and the menu MAY exceed 1,000 mg. Low Cholesterol, 0% trans-fat buttery spread served with bread & rolls. A weekly average lunch meal provides >550 calories. Please note condiments are not analyzed and may increase sodium.

[www.MealsOnWheelsOC.org](http://www.MealsOnWheelsOC.org)

## OCT

### Friday, Oct 3—Chuseok Celebration Sponsored by Brea Korea Sister City Association

Stir-fried Korean BBQ Beef, Stir-fried Glass Noodles with Vegetables, Asian Salad, Rice & Kim-Chi, Ice Cream Dessert

### Friday, Oct 10—Dollar Lunch Sponsored by Dwight Manley

Ham, Swiss & Spinach Panini, Broccoli & Cheddar Soup, Chips, Green Salad, Apples and Caramel, Birthday Cake

**\$1**

### Friday, Oct 17

Harvest Salad with Chicken, Tomatoes, Apples, Pecans, Feta, Red Onion & Apple Vinaigrette, Dinner Roll, Seasonal Pie with Ice Cream

**\$7**

### Friday, Oct 24—Dollar Lunch Sponsored by Dwight Manley

Chicken Alfredo Pasta, Roasted Vegetables, Caesar Salad, Garlic Bread, Grapes, Cookie

**\$1**

### Friday, Oct 31—Halloween Party

BBQ Pork Ribs, Mashed Potatoes w/Gravy, Roasted Corn, Biscuit, Honey Mustard Salad, Chocolate Pudding with “Worms”

**\$7**

**SOLD OUT!**

## NOV

### Friday, Nov 7—Dollar Lunch Sponsored by Dwight Manley

Orange Chicken, Fried Rice, Stir-Fried Veggies, Asian Salad, Fortune Cookie, Birthday Cake

**\$1**

### Friday, Nov 14—Dollar Lunch Sponsored by Dwight Manley

Loaded Baked Potato, Beef Chili with Cheese, Green Salad, Seasonal Fruit, Fall Dessert

**\$1**

### Friday, Nov 21—Thanksgiving Party

Honey Glazed Ham, Yams with Marshmallows, Green Bean Casserole, Dinner roll, Honey Mustard Salad, Pumpkin Cheesecake

**\$7**

**LUNCH TICKETS ARE LIMITED.** Brea residents can purchase lunch tickets one month in advance. Non-residents can join the waitlist for a chance to attend. (Tickets are not guaranteed.)

## CALIFORNIA GHOST TOWNS

HNLSEPLFEHVESQFTVMZJXP MCMBA BCOWXT  
 TXIXLIGCFJNADLFNTUVEYEOMSXJ KANMSV  
 RPNGWMPNQTSJ USBVIUDCNIUDUOKLRGTDE  
 KJDNKGMONDNJ HGGVXDVIEREDBGAPOVXZV  
 MI RRWUTF CVJ SEHHYRQNRDJVUIJLVRYFBF  
 APHUMENZEMYFBNTNQOVNGKSQF MADPNOOB  
 RPEVHWKOBQUMLXNPZRDKTIDNJZLPEOFBT  
 FQVCI OYOBMATWIEZEL OJHMLQFQUPNUIJW  
 YYABGDNCHKHSTCNLPYMCBCALICORLDKUP  
 KMNSCKROPWXOAEHFPSAPRXPYSJFAIXPYQ  
 HDQOYL GZKLENYEGBLAXYBHKHXLIDECHJD  
 WZRTL OHYDERAKQYBYORLROCBMXWOQJHDN  
 REMEZGWSRUYDTYOZIPWOLDULNUWLMNVIA  
 XGVXXHPMFYWEZOCIYAHSMSSDSNRFZLIRY  
 ZEAIRPSWFFVOYQSI MWEIDOBUNYE OVCENK  
 EOODIKSRVUHWVUVQVPHGNNXGZXSZCNGQM  
 IUFHYOIXIJCVGKETOOEEOTRINCONYTTMQ  
 EORQXW MVXDXZPBGT FVTFWRMLISIRYZZBG  
 VPRMOHXKXJYUAEAHLKLVRRYSLKTQCQZMN  
 BQGGRRNGVGCINNJS COOXRNDREKKYAUAYOT  
 TPWRUIDHGQVONOECPNFMGT CUYRUUQEMCP  
 IQBFRYVQMOELLEMQTBSKMUHZQZAGKEIXP  
 FOUAJXAASYQOUCDLPFGLEZYMNDLYVABB  
 ZMRPKJMAIQEHEHRVMEXUWREFROFOCFVZA  
 SDPKRLBOZCCDVHOJMMBSOBRZCHWGVJPAN  
 PRDWAQELABUHHDYQANE OGNIWJYDFMENBT  
 MTPHPRRFOXRRSPUWMYFIKLCBGZGVAYQJA

ALMA	KYAN
AMBOY	LEVEE
BANTA	LUDLOW
BODIE	MACHETO
CALICO	MUROC
CLARK	NOME
DENNY	OPIE
DRUM	PRADO
ELMO	RICE
ERIC	RINCON
FRAM	SAGE
FURNACE	SKIDOO
GIRARD	TUMCO
HODSON	VAUGHN
JAY	WINGO
KEELER	ZURICH

### Come by and learn...

The Brea Senior Center is open to all senior and pre-senior community members. Come by and learn more about the many programs, services and events available for you.

- Hours:** Mon-Fri / 8 a.m.-3 p.m.
- Location:** 500 S. Sievers Avenue, Brea, California 92821
- Telephone:** 714-990-7750
- Website:** [www.BreaSeniorCenter.com](http://www.BreaSeniorCenter.com)
- Facebook:** [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)
- Instagram:** [instagram.com/BreaSeniorCenter/](https://www.instagram.com/BreaSeniorCenter/)

More details and information available online

