

What's Doin' at the Brea Senior Center

Happy Mother's Day!



May 2025

Hours | Monday-Friday, 8 a.m.-3 p.m.

Announcements

Carlsbad Flower Fields Thursday, May 8, 8 a.m.-4 p.m.

Hop on a charter bus down to The Flower Fields at Carlsbad Ranch to experience the 55-acres of Giant Ranunculus flowers—only in bloom a few weeks a year! Once you're done exploring the fields, stop for lunch at the Windmill Food Hall (Lunch NOT included). \$60 per person.

NOCE Class Registration Help Thu, May 1, 10:30 a.m.-11:30 p.m.

Get help enrolling in your favorite NOCE classes, like Health & Wellness and Painting, before they fill up!

"It's Your Money" 6-Week Financial Workshop Mon, now thru May 12, 1-2:30 p.m.

A free, 6-week series designed to help seniors understand financial and estate planning in order to avoid the pitfalls of the financial service industry. NO sales pitches or solicitations will take place. Call 714-990-7750 to register.

By Financial & Estate Literacy



Senior Van Service

Brea Residents 60+! Need a ride to appointments or errands? Our Senior Van Service runs Tuesday-Friday, 9 a.m.-1 p.m., taking you within 5 miles of your home for just \$4 each stop (Orange County only). To secure your rides, fill out a Van Service application and purchase a Van Pass. Must schedule rides 3 business days in advance (service days and hours subject to change). Call 714-990-7750 for more details!

FREE! Memory Screenings Thu, May 15, 10 a.m.-12 p.m.

Take a step toward keeping your memory—and your independence—strong. Sign up for a free memory screening to give you peace of mind and help detect early signs of memory changes. Please call 714-990-7750 for appointment.



By Alzheimer's OC

Brain Fit: Techniques for Memory & Focus Thu, May 22 & 29, 9:30-11 a.m.

An evidence-based memory training program, with 2-hour sessions each week, for healthy older adults with normal-aging memory challenges who wish to improve or

maintain their memory ability.

By Alzheimer's Orange County

Healthy Living with Chronic Conditions: 6-Week Course Thu, Jun 5-Jul 10, 9 -11:30 a.m.

Join us for this FREE evidence-based program developed by Stanford University to improve the health outcomes of older adults with chronic conditions. This peer-led workshop empowers individuals and their caregivers by teaching self-management strategies including problem-solving, relaxation techniques, nutritious eating, and communication skills. Registration required.

By Office on Aging

Get a Boost with Housing Rehab



Federal funds are available to qualifying Brea families for repair or refurbishment of an owner-occupied home. Funds are based on availability. Visit www.cityofbrea.gov/housingrehab or call 714-671-4448 for more info or an application.

Presentations

Controlling Cholesterol Thursday, May 1, 11 a.m.

Learn the basics of cholesterol, and how to manage through diet!
By Humana

PACE presentation Thursday, May 8, 11 a.m.

Learn how their services can benefit seniors in Orange County.
By CalOptima

Travel Group

Grand Canyon Train, Route 66 & Laughlin June 1-5, 2025



Highlights: Grand Canyon National Park & Railway, Historic Route 66 Downtown, Bearizona Wildlife Park, Laughlin, Nevada. \$1,299 per person based on double occupancy.
By Friendly Excursions

Great Smoky Mountains, Nashville & Kentucky September 6-14, 2025

Highlights: Kentucky Derby Museum, Louisville Slugger Museum & Factory, Bourbon Distillery, Noah's Ark Encounter, Grand Ole Opry, Great Smoky Mountains National Park, Dollywood, Country Music Hall of Fame Museum. \$4,599 per person, based on double occupancy.

Health Help

Free Nail Painting 1st & 3rd Monday of each month, 9-10 a.m.

Blood Pressure Checks—**CANCELED** for month of May Tuesdays, 9 a.m.-12 p.m.

Senior Services

Case Management Services

Are you a senior living in Brea? Are you a caregiver for a loved one? Achieve successful aging through advocacy, assessment, facilitation, and resource management. Eligibility to be a Case Management client: Brea resident, 60+ years of age, and client consent. Call 714-990-7750 for information.

Medicare & Health Insurance Assistance 2nd & 4th Wednesday of each month, 9:30-11:30 a.m.



Benefits anyone who has questions or needs assistance regarding Medicare, HMO's and secondary and long-term care insurance.
**Appointment Required
By Health Insurance Counseling and Advocacy Program**

Legal Aid (Wellness Room) 4th Thursday of each month, 12:30-2 p.m.

Representatives from Legal Aid Society of OC for Orange County 60+ seniors.
By Community Legal Aid SoCal



Senior Center Gift Shop Hours Vary

Quality items available at bargain prices including: jewelry, home decorations, glassware, and assorted handcrafted items. Donated items accepted. Shop hours are subject to volunteer availability.

Senior Grocery Program 2nd and 4th Wednesday of each month, 1-2 p.m.

Grab N' Go with pre-selected items ready for pick up. Due to limited parking and construction, please arrive no earlier than 1 p.m. Bring your own bags.
By Second Harvest Food Bank



Shopping Trips! Mondays, 12:45 p.m. 1st & 3rd Wed, 12:45 p.m.

Free transportation for Brea residents to Walmart, Ralphs, Rite Aid, Albertsons, and Trader Joe's. Shopping trips limited to one hour. Call 714-990-7754 to register.

Fitness

Better Balance with Dan Mondays, 10-11:50 a.m.

Registration required. Please call 714-808-4679.
By NOCE

Health & Wellness w/ Eunice Tuesdays, 10-11:50 a.m. Thursdays, 9:30-11:30 a.m.

Registration required. Please call 714-808-4679.
By NOCE

Line Dancing Class Wednesdays, 12-3 p.m. Introduction: 12-1 p.m. Beginning: 1-2 p.m. Intermediate: 2-3 p.m.

Longevity Stick Balance Class Mondays (ZOOM only) Wednesdays & Fridays, 9-10 a.m.

Table Tennis Every Tue & Thu, 12:30-3:30 p.m. Resident Quarterly Fee: \$25 Non-Resident Quarterly Fee: \$40

Tai Chi for Every Body Mon, 10-11:30 a.m. (ZOOM only) Tue & Fri, 1-3 p.m. (ZOOM only)

Tai Chi 42 (Courtyard) Wednesdays, 8:30-10 a.m.

Yoga Class Tuesdays, 8:30-9:30 a.m. Thursdays, 8:30-9:15 a.m.

Bring your own mat.

Zumba® Gold Mondays, 12-1 p.m. Wednesdays, 10:30-11:30 a.m.

Classes

NEW Day & Time! Mobile Technology Literacy Class Fridays, 9-11 a.m.

Registration required. Please call 714-808-4679.
By NOCE Active Older Adults

Painting for Older Adults Class Tuesdays, 1-2:50 p.m.



Registration required. Please call 714-808-4679.
By NOCE

Staying Mentally Sharp for Older Adults Class Wednesdays, 12:30-2:20 p.m.

Registration required. Please call 714-808-4679.
By NOCE

Recorder Music Practice Wednesdays Intermediate: 9-10:30 a.m. Beginning: 10:30-11:30 a.m.

Ukulele Class Thursdays Beginning: 12:30-1:30 p.m. Intermediate: 1:30-2:30 p.m.

Need to purchase a ukulele, music stand, tuner, and a book "Essential Elements for Ukulele Book 1" published by Hal Leonard Corp.

Gatherings

Afternoons at the Movies Wed, May 7: "A Complete Unknown" (2024) R

In the early 1960s, 19-year-old Bob Dylan arrives in New York with his guitar and revolutionary talent, destined to change the course of American music.

Wed, May 21: "My Penguin Friend" (2024) PG

Inspired by a true story; an enchanting adventure about a lost penguin rescued from an oil spill; who transforms the life of a heartbroken fisherman.

Bible Study (Room C) 3rd Wednesday of each month 12:30-1:30 p.m. **By Cause Church Senior Ministry**



Bingo! (Dining Room) Mondays & Wednesdays, 10:30-11:30 a.m. Thursdays, 12:30-1:30 p.m. Fridays, 10:30-11:30 a.m.— LUNCH TICKET REQUIRED

Birthday Party Friday, May 2, 11:30 a.m. **By Cause Church Senior Ministry**

Board & Card Game Group Mondays, 12:30-2:30 p.m.

Bunco Group Every Tue & Fri, 12:45-2 p.m.

Book Club (Courtyard) 4th Wednesday of each month, 11 a.m.-12 p.m. **By the Brea Public Library**

Crochet Group (Room C) Mondays, 10 a.m.-12 p.m.

Hooks and Needles— Knitting Group 3rd and 4th Tuesday of each month, 1-3 p.m.



Loose Threads—Quilting Group (Room B) 1st & 3rd Wednesday of each month, 9 a.m.-12 p.m.

Lotería Select Thu, 10:45-11:45 a.m.

Sewing & Embroidery Group Thursdays, 9 a.m.-3 p.m.

Bring your own sewing machine. Knowledge of sewing required.

Sing-a-Long Group (Room C) Fridays, 1-2 p.m.

Reminiscing the Past (Room C) Tuesdays, 10-11:00 a.m.

Veterans Club (Room B) Mondays, 11-11:45 a.m.

Writing Group (Rm D) Mondays, 10-11 a.m.

May Activities

FAMOUS QUOTE

“To keep the heart unwrinkled, to be hopeful, kindly, cheerful, reverent that is to triumph over old age.”

THOMAS B. ALDRICH

MAY IS NATIONAL OLDER AMERICANS MONTH

- 1 May Day
- 5 Cinco de Mayo
- 13 Apple Pie Day
- 17 Armed Forces Day
- 25 Wine Day

BIRTHSTONE

Emerald

FLOWERS

Lily of the Valley and Hawthorn

Monday

A	- Room A
B	- Room B
C	- Room C
CR	- Computer Room
CY	- Courtyard
D	- Room D
DR	- Dining Room
L	- Lobby Area
LIB	- Library
PH	- Pioneer Hall
PHCR	- PH Conference Room
WR	- Wellness Room

5	9:00 Longevity Stick Balance (ZOOM) 9:00 Nail Painting (WR) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Better Balance (PH) 10:00 Crochet Group (C) 10:00 Writing Group (D) 10:30 Bingo (DR) 11:00 Veterans Club (B) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L) 12:30 Board & Card Game Group (B) 1:00 It's Your Money (D)
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12	9:00 Longevity Stick Balance (ZOOM) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Better Balance (PH) 10:00 Crochet Group (C) 10:00 Writing Group (D) 10:30 Bingo (DR) 11:00 Veterans Club (B) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L) 12:30 Board & Card Game Group (B) 1:00 It's Your Money (D)
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19	9:00 Longevity Stick Balance (ZOOM) 9:00 Nail Painting (WR) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Better Balance (PH) 10:00 Crochet Group (C) 10:00 Writing Group (D) 10:30 Bingo (DR) 11:00 Veterans Club (B) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L) 12:30 Board & Card Game Group (B)
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26	<p>Closed for Memorial Day</p> 
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Tuesday

<p>All programs and activities subject to change and cancellation without prior notice</p>
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6	8:30 Yoga Class (PH) 10:00 Health & Wellness (PH) 10:00 Reminiscing the Past (C) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (B) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D)
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13	8:30 Yoga Class (PH) 10:00 Health & Wellness (PH) 10:00 Reminiscing the Past (C) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (B) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D)
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20	8:30 Yoga Class (PH) 10:00 Health & Wellness (PH) 10:00 Reminiscing the Past (C) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (B) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D) 1:00 Knitting Group (C)
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27	8:30 Yoga Class (PH) 10:00 Reminiscing the Past (C) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (B) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Knitting Group (C)
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Wednesday

7	8:30 Tai Chi 42 (CY) 9:00 Quilting Group (B) 9:00 Recorder Practice (C) 10:00 Longevity Stick Balance (CY) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Line Dancing (PH) 12:30 Mentally Sharp Class (D) 12:30 Afternoon Movie (DR) 12:45 Ralph's/Rite Aid Shopping (L)
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14	8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Recorder Practice (C) 9:30 HICAP Counseling (WR) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Line Dancing (PH) 12:30 Mentally Sharp Class (D) 1:00 Senior Grocery Program (DR)
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21	8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Quilting Group (B) 9:00 Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Line Dancing (PH) 12:30 Bible Study (C) 12:30 Mentally Sharp Class (D) 12:30 Afternoon Movie (DR) 12:45 Albertsons/Trader Joe's Shopping (L)
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28	8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Recorder Practice (C) 9:30 HICAP Counseling (WR) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 11:00 Book Club (CY) 12:00 Lunch (DR) 12:00 Line Dancing (PH) 1:00 Senior Grocery Program (DR)
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29	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:30 Brain Fit (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 12:30 Ukulele Class (D)
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Thursday

1	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:30 Health & Wellness (PH) 10:30 NOCE Registration Help (L) 11:00 Controlling Cholesterol (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 12:30 Ukulele Class (D)
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8	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:30 Health & Wellness (PH) 11:00 PACE Presentation (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 12:30 Ukulele Class (D)
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15	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:30 Health & Wellness (PH) 10:00 Memory Screenings (L) 10:30 Loteria (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 12:30 Ukulele Class (D)
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22	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:30 Health & Wellness (PH) 9:30 Brain Fit (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 12:30 Ukulele Class (D) 12:30 Legal Aid (WR)
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29	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:30 Brain Fit (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 12:30 Ukulele Class (D)
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Friday

2	9:00 Longevity Stick Balance (CY) 9:00 Mobile Technology Class (D) 10:00 Christ Lutheran Choir (DR) 10:30 Bingo w/ Lunch Ticket (DR) 11:30 Birthday Party (DR) 12:00 Special Friday Lunch (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
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9	9:00 Longevity Stick Balance (PH) 9:00 Mobile Technology Class (D) 10:30 Mother's Day Party -SOLD OUT (DR)  12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
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16	9:00 Longevity Stick Balance (PH) 9:00 Mobile Technology Class (D) 10:30 Bingo w/ Lunch Ticket (DR) 12:00 Special Dollar Lunch (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
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23	9:00 Longevity Stick Balance (PH) 9:00 Mobile Technology Class (D) 10:30 Bingo w/ Lunch Ticket (DR) 12:00 Special Friday Lunch (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
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30	9:00 Longevity Stick Balance (PH) 10:30 Bingo w/ Lunch Ticket (DR) 12:00 Special Dollar Lunch (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
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Senior Lunch Menu – May 2025



	Tuesday	Wednesday	Thursday	Friday
Voluntary Contribution - \$3.00 Meal Cost for Under Age 60 - \$5.00 Meatless Meal			1 Pork Loin Sweet Citrus Glaze Mix Veg Sweet Potatoes WW Dinner Roll Mandarin Orange 1% Milk	2
5	6	7	8	<div style="background-color: #808080; color: white; padding: 10px; font-size: 24px; font-weight: bold; transform: rotate(-90deg); transform-origin: center;"> Special Friday Lunches are Listed on the Next Page </div>
Tarragon Chicken Salad w/Yogurt Dressing Broccoli & Peppers Salad WW Dinner Roll w/ Smart Balance Mandarin Orange 1% Milk	Mexican Beef Cocido Soup Ground Beef Beef Broth Vegetable Mix WW Crackers (4pk) Fresh Apple SF Cookie 1% Milk	Turkey Bolognese Italian Veg Blend Bow Tie Pasta Parmesan Cheese (1pk) Canned Peaches 1% Milk	Baked Tilapia Ranchera Sauce Broccoli Mexican Rice WG Tortilla (1) Fresh Orange 1% Milk	
12	13	14	15	
Pork Carnitas Green Peas Cilantro Lime Rice SF Ambrosia 1% Milk Verde Sauce	Chicken Pasta w/Poppy Seed Dressing Spring Mix Italian Dressing WW Dinner Roll w/Smart Balance Fresh Orange 1% Milk	Salisbury Steak Brown Gravy 5-Way Mix Vegetable Sweet Potatoes Butternut Squash Soup WW Bread w/Smart Balance Canned Peaches 1% Milk	Turkey Roast Mushroom Gravy Capri Veg Blend Rice Pilaf Fresh Apple 1% Milk	
19	20	21	22	
Chicken Salad w/Citrus Dressing California Veg Blend Tortilla Soup WW Dinner Roll w/Smart Balance Canned Pears 1% Milk	Vegetable Lasagna Pork Tenderloin Sweet Citrus Glaze Green Bean & Carrots WW Dinner Roll w/Smart Balance Fresh Apple 1% Milk	Diced Chicken Breast Orange Sauce Oriental Vegetable Blend Rice Pilaf Mandarin Orange 1% Milk	Pork Carnitas Ranchera Sauce Peas & Carrots Cilantro Lime Rice Fresh Orange 1% Milk	
26	27	28	29	
CLOSED FOR MEMORIAL DAY 	Turkey Roast Scandinavian Veg Blend Sweet Potatoes Brown Gravy WW Dinner Roll w/Smart Balance Pineapple Chunks 1% Milk	Cubed Beef Stroganoff Sauce Carrots Egg Noodles Mandarin Orange 1% Milk	Chicken Meatballs Sweet Citrus Glaze Oriental Vegetable Blend Quinoa Pilaf Chicken Noodle Soup Egg Noodles Fresh Orange 1% Milk	

All meals comply with the Dietary Guidelines for Americans (DGA) 2020-2025 & Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Human Services Agency & the U.S. Department of Agriculture. Meals on Wheels Orange County Lunch Program may change the menu for reasons of quality control, price or vendor problems. This project is funded in parts through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% Milk served daily. * indicates sodium content over 1,000 mg. * indicates a special event or Holiday and the menu MAY exceed 1,000 mg. Low Cholesterol, 0% trans-fat buttery spread served with bread & rolls. Weekly average lunch meal provides >550 calories. Please note condiments are not analyzed and may increase sodium.

www.MealsOnWheelsOC.org

Special Friday Lunches

Lunch starts at 12 P.M. Dollar Lunch is available for Dine-In ONLY. Takeout available for \$8. Vegetarian options require advance notice.

MAY

- Friday, May 2—Dollar Lunch Sponsored by Dwight Manley**
 Chicken Flautas with Salsa, Refried Beans, Spanish Rice, Mexican Salad, Fruit Ice Cream Bar \$1
- Friday, May 9—Mother's Day Party**
 Beef Short Rib Lasagna, Veggie Medley, Italian Salad, Garlic Bread, Strawberries, Cheesecake \$7
- Friday, May 16—Dollar Lunch Sponsored by Dwight Manley**
 Quiche Lorraine with Bacon, Roasted Potatoes, Asparagus, Honey Mustard Salad, Apples & Caramel \$1
- Friday, May 23**
 BBQ Pulled Pork Sandwich, Macaroni Salad, Baked Beans, Chips, Watermelon, Ice Cream Bar \$7
- Friday, May 30**
 Fish & Chips with Tartar Sauce, Coleslaw, Corn Cobettes, Green Salad, Fresh Fruit, Cookie \$7

JUN

- Friday, Jun 6—Dollar Lunch Sponsored by Dwight Manley**
 Beef Taco Bowl with Rice, Black Beans, Corn, Peppers, and Onions, Chips & Salsa, Flan \$1
- Friday, Jun 13—Father's Day Party**
 BBQ Pork Ribs, Mac & Cheese, Green Beans, Texas Toast, Watermelon, Green Salad, Ice Cream \$7
- Friday, Jun 20**
 Strawberry Chicken Salad with Berries, Mandarins, Feta, Pecans, and Poppyseed Dressing, Hawaiian Roll, Cookie \$7
- Friday, Jun 27—Dollar Lunch Sponsored by Dwight Manley**
 Chicken Parmesan, Spaghetti, Veggie Medley, Garlic Bread, Italian Salad, Strawberry Trifle Cup \$1

LUNCH TICKETS ARE LIMITED. Brea residents can purchase lunch tickets one month in advance. Non-residents can join the waitlist for a chance to attend. (Tickets are not guaranteed.)

HOME SWEET HOME

B U S Q F N T T M M X U S Y R L P B B Z A J J P E
 H H Y U A M Q S E G V L V C C E D O B A D X Z X C
 V E J C I G I B Q N A U I I E V W L L F Z M J R E
 N C T S F T A O N L T Y P F F T F T U G L B K V G
 F B T A T C E T V J R H U Y C R X B N K K U O H R
 Q D I B T C O S G M E E C R F A M A W G I W S E A
 D K D R A S O T Z P N K K H T Z S P J Y G O O M N
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 A E A O Q M I D N A S Y L Q L T I E L J A I H N C
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 V O S J X H O M E D T A S H E L T E R U X I G K J
 Y X H O M N I H L N E N O X S A G K F O E L O C X
 D A C H A V T R J B L O K T G Y O O M H H N P Y V
 M L T S I H O W U L C R O U S S H P K Q A B V D C

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| ABODE | IGLOO |
| AFRAME | INN |
| CABIN | LODGE |
| CASTLE | LOFT |
| CHALET | MANOR |
| CHATEAU | MANSION |
| CONDO | PALACE |
| COTTAGE | RANCH |
| CRIB | SHACK |
| DACHA | SHELTER |
| DORM | SUITE |
| DUPLEX | TEEPEE |
| ESTATE | TENT |
| FLAT | TRIPLEX |
| HOME | TUDOR |
| HOTEL | VILLA |
| HOUSE | WIGWAM |
| HUT | YURT |

Come by and learn...

The Brea Senior Center is open to all senior and pre-senior community members. Come by and learn more about the many programs, services and events available for you.

- Hours:** Mon-Fri / 8 a.m.-3 p.m.
Location: 500 S. Sievers Avenue, Brea, California 92821
Telephone: 714-990-7750
Website: www.BreaSeniorCenter.com
Facebook: [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)
Instagram: [instagram.com/BreaSeniorCenter/](https://www.instagram.com/BreaSeniorCenter/)

More details and information available online

