

What's Doin' at the Brea Senior Center

Happy St. Patrick's Day!



March 2025

Hours | Monday-Friday, 8 a.m.-3 p.m.

Announcements

Pioneer Hall Classes Canceled!

Due to a floor resurfacing project, Pioneer Hall will be closed and all fitness classes will be cancelled from March 31-April 4. Classes will resume on Monday, April 7. We appreciate your patience as we conduct this necessary maintenance!

Ciao Francesco ♥

Our favorite chef Francesco has embarked on his next adventure: retirement! We are beyond grateful for his 14 years of service & dedication to the Brea Senior Center and will miss him greatly.



"It's Your Money" 6-Week Financial Workshop Monday, April 7-May 12, 1-2:30 p.m.

A free, 6-week series designed to help seniors understand financial and estate planning in order to avoid the pitfalls of the financial service industry. NO sales pitches or



solicitations will take place. Call 714-990-7750 to register.

Senior Van Service

Brea Residents 60+! Need a ride to appointments or errands? Our Senior Van Service runs Tuesday-Friday, 9 a.m.-1 p.m., taking you within 5 miles of your home for just \$4 each stop (Orange County only). To secure your rides, fill out a Van Service application and purchase a Van Pass. Must schedule rides 3 business days in advance (service days and hours subject to change). Call 714-990-7750 for more details!

Staying Mentally Sharp Class Wednesdays, 12:30-2:20 p.m.

Provides older adults with the tools to reach their optimum levels of brainpower through skill-building with memory techniques. Please call 714-808-4679 to register.
By NOCE Active Older Adults

NEW! Writing Group Mondays, 10-11 a.m.

Whether you're a new or seasoned writer, join this group to put your ideas to the page, collaborate with others, and share ideas!

Presentations

Sneaky Sodium Thursday, March 6, 11 a.m.

The American Heart Association says the average American consumes twice the daily recommended amount of sodium. Sit in on this presentation to learn about hidden sources of sodium and tips to reduce your sodium intake!

By Humana

Mind Your Brain: Strategies for Cognitive Health Friday, March 7, 1 p.m.

Provides insights into the six pillars of brain health, age-related changes in memory and learning, possible risks and threats to brain health, and practical steps to protect your brain health and lower your risk of cognitive decline.

By Alzheimer's OC

Medicare Essentials Thursday, March 13, 11 a.m.

This presentation will cover the basics about your Medicare benefits, coverage options, costs, and cost-saving options.

By HICAP

Polypharmacy: Taking Multiple Medications

Thursday, March 20, 11 a.m.

Learn how taking multiple medications affects the health of aging adults, and how to properly manage medications with your PCP.
By Dr. Estelle Vincent

City Mayor Update!

Friday, March 21, 11:30 a.m.

Join us to hear from our new City Mayor Blair Stewart who will be providing general city news & updates to fill you in on all the happenings in our community.

Travel Group

Yosemite

May 13-25

Highlights: Chukchansi Gold Resort Casino, Yosemite National Park, Yosemite tram tour, Yosemite Village shops and restaurants. \$899 per person, based on double occupancy.

New England Fall Foliage & Pumpkin Regatta

October 8-14

Highlights: Boston, Ben & Jerry's Factory, White Mountain National Forest, Mount Washington Cog Railway, Portland Headlight Lighthouse, Pumpkin Festival. \$4,299 per person, based on double occupancy.
By Friendly Excursions

Health Help

Free Nail Painting
1st & 3rd Monday of each month, 9-10 a.m.

Blood Pressure Checks

Tuesdays, 9 a.m.-12 p.m.



Senior Services

Case Management Services

Are you a senior living in Brea? Are you a caregiver for a loved one? Achieve successful aging through advocacy, assessment, facilitation, and resource management. Eligibility to be a Case Management client: Brea resident, 60+ years of age, and client consent. Call 714-990-7750 for information.

Medicare & Health Insurance Assistance

2nd & 4th Wednesday of each month, 9:30-11:30 a.m.



Benefits anyone who has questions or needs assistance regarding Medicare, HMO's and secondary and long-term care insurance.
Appointment Required By Health Insurance Counseling and Advocacy Program

Legal Aid (Wellness Room)

4th Thursday of each month, 9-10:30 a.m.

Representatives from Legal Aid Society of Orange County for Orange County 60+ seniors.
By Community Legal Aid SoCal

Senior Center Gift Shop

Hours Vary

Quality items available at bargain prices including: jewelry, home decorations, glassware, and assorted handcrafted items. Donated items accepted. Shop hours are subject to volunteer availability.

Senior Grocery Program

2nd and 4th Wednesday of each month, 1-2 p.m.

Grab N' Go with pre-selected items ready for pick up. Due to limited parking and construction, please arrive no earlier than 1 p.m. Bring your own bags.
By Second Harvest Food Bank

Shopping Trips!

Mondays, 12:45 p.m.
1st & 3rd Wed, 12:45 p.m.



Free transportation for Brea residents to Walmart, Ralphs, Rite Aid, Albertsons, and Trader Joe's. Shopping trips limited to one hour. Call 714-990-7754 to register.

Fitness

Better Balance with Dan

Mondays, 10-11:50 a.m.

Registration Required. Please call 714-808-4679 to register.
By NOCE

Health & Wellness w/ Eunice

Tuesdays, 10-11:50 a.m.
Thursdays, 9:30-11:30 a.m.

Registration Required. Please call 714-808-4679 to register.
By NOCE

Line Dancing Class

Wednesdays, 12-3 p.m.

Introduction: 12-1 p.m.
Beginning: 1-2 p.m.
Intermediate: 2-3 p.m.



Longevity Stick Balance Class

Mondays (ZOOM only)
Wednesdays & Fridays, 9-10 a.m.

Table Tennis

Every Tue & Thu, 12:30-3:30 p.m.
Resident Quarterly Fee: \$25
Non-Resident Quarterly Fee: \$40

Tai Chi for Every Body

Mon, 10-11:30 a.m. (ZOOM only)
Tue & Fri, 1-3 p.m. (ZOOM only)

Tai Chi 42 (Courtyard)

Wednesdays, 8:30-10 a.m.

Yoga Class

Tuesdays, 8:30-9:30 a.m.
Thursdays, 8:30-9:15 a.m.

Bring your own mat.

Zumba® Gold

Mondays, 12-1 p.m.
Wednesdays, 10:30-11:30 a.m.



Classes

Painting for Older Adults Class

Tuesdays, 1-2:50 p.m.



Registration required. Please call 714-808-4679.
By NOCE

NEW Day & Time! Mobile Technology Literacy Class

Fridays, 9-11 a.m.

This course helps older adults confidently navigate smartphones, tablets, apps, and the Internet. Please call 714-808-4679 to register.
By NOCE Active Older Adults

Recorder Music Practice

Wednesdays
Intermediate: 9-10:30 a.m.
Beginning: 10:30-11:30 a.m.

Ukulele Class

Thursdays
Beginning: 12:30-1:30 p.m.
Intermediate: 1:30-2:30 p.m.

Students will need to purchase a Ukulele, music stand, tuner, and a book "Essential Elements for Ukulele Book 1" published by Hal Leonard Corp. No registration required.

Gatherings

Afternoons at the Movies

Wed, March 5: "A Real Pain" (2024) R

Mismatched cousins David and Benji tour Poland to honor their grandmother. Their adventure becomes complicated as old tensions resurface while exploring their family history.

Wed, March 19: "Gladiator II" (2024) R

Years after witnessing the death of Maximus at the hands of his uncle, Lucius must enter the Colosseum after the powerful emperors of Rome conquer his home. With rage in his heart and the future of the empire at stake, he looks to the past to find the strength and honor needed to return the glory of Rome to its people.

Bible Study (Room C)

3rd Wednesday of each month
12:30-1:30 p.m.
By Cause Church Senior Ministry



Bingo! (Dining Room)
Mondays & Wednesdays,
10:30-11:30 a.m.
Thursdays, 12:30-1:30 p.m.
Fridays, 10:30-11:30 a.m.—
LUNCH TICKET REQUIRED

Birthday Party

Friday, March 7, 11:30 a.m.
By Cause Church Senior Ministry

Book Club (Courtyard)

4th Wednesday of each month

Discuss the book and pick up next month's book selection
By the Brea Public Library

Bunco Group

Every Tue & Fri, 12:45-2 p.m.

Crochet Group (Room C)

Mondays, 10 a.m.-12 p.m.

Hooks and Needles—Knitting Group

3rd and 4th Tuesday of each month, 1-3 p.m.



Loose Threads—Quilting Group (Room B)

1st & 3rd Wednesday of each month, 9 a.m.-12 p.m.

Lotería

Select Thu, 10-11 a.m.

OC Tremble Clefs

Thursdays, 10:15-11:15 a.m.

Sewing & Embroidery Group

Thursdays, 9 a.m.-3 p.m.

Bring your own sewing machine. Knowledge of sewing required.

Sing-a-Long Group (Room C)

Fridays, 1-2 p.m.

Timely Topics (Room C)

Tuesdays, 10-11 a.m.

Veterans Club (Room B)

Mondays, 11-11:45 a.m.

March Activities

FAMOUS QUOTE

“You’ll never plow a field by turning it over in your mind.”

IRISH PROVERB

MARCH IS WOMEN’S HISTORY MONTH

- 8 International Women’s Day
- 9 Daylight Saving Time
- 14 Pi Day
- 15 Ides of March
- 20 Spring Equinox
- 31 Cesar Chavez Day

BIRTHSTONE

Aquamarine

FLOWERS

Daffodils and Jonquils

Monday

3
 9:00 Longevity Stick Balance (ZOOM)
 9:00 Nail Painting (WR)
 10:00 Tai Chi for Every Body (ZOOM)
 10:00 Better Balance (PH)
 10:00 Crochet Group (C)
 10:30 Bingo (DR)
 11:00 Veterans Club (B)
 12:00 Lunch (DR)
 12:00 Zumba Gold (PH)
 12:45 Walmart Shopping (L)
 12:30 Board & Card Game Group (B)

10
 9:00 Longevity Stick Balance (ZOOM)
 10:00 Tai Chi for Every Body (ZOOM)
 10:00 Better Balance (PH)
 10:00 Crochet Group (C)
 10:30 Bingo (DR)
 11:00 Veterans Club (B)
 12:00 Lunch (DR)
 12:00 Zumba Gold (PH)
 12:45 Walmart Shopping (L)
 12:30 Board & Card Game Group (B)

17
 9:00 Longevity Stick Balance (ZOOM)
 9:00 Nail Painting (WR)
 10:00 Tai Chi for Every Body (ZOOM)
 10:00 Better Balance (PH)
 10:00 Crochet Group (C)
 10:00 Writing Group (D)
 10:30 Bingo (DR)
 11:00 Veterans Club (B)
 12:00 Lunch (DR)
 12:00 Zumba Gold (PH)
 12:45 Walmart Shopping (L)
 12:30 Board & Card Game Group (B)

24
 9:00 Longevity Stick Balance (ZOOM)
 10:00 Tai Chi for Every Body (ZOOM)
 10:00 Better Balance (PH)
 10:00 Crochet Group (C)
 10:00 Writing Group (D)
 10:30 Bingo (DR)
 11:00 Veterans Club (B)
 12:00 Lunch (DR)
 12:00 Zumba Gold (PH)
 12:45 Walmart Shopping (L)
 12:30 Board & Card Game Group (B)

31
 9:00 Longevity Stick Balance (ZOOM)
 10:00 Tai Chi for Every Body (ZOOM)
 10:00 Crochet Group (C)
 10:00 Writing Group (D)
 10:30 Bingo (DR)
 11:00 Veterans Club (B)
 12:00 Lunch (DR)
 12:45 Walmart Shopping (L)
 12:30 Board & Card Game Group (B)

Tuesday

4
 8:30 Yoga Class (PH)
 9:00 Blood Pressure Checks (WR)
 10:00 Health & Wellness (PH)
 10:00 Timely Topics (C)
 12:00 Lunch (DR)
 12:30 Table Tennis (PH)
 12:30 AARP Tax Prep (B&C)
 12:45 Bunco (DR)
 1:00 Tai Chi for Every Body (ZOOM)
 1:00 Painting for Older Adults (D)

11
 8:30 Yoga Class (PH)
 9:00 Blood Pressure Checks (WR)
 10:00 Health & Wellness (PH)
 10:00 Timely Topics (C)
 12:00 Lunch (DR)
 12:30 Table Tennis (PH)
 12:30 AARP Tax Prep (B&C)
 12:45 Bunco (DR)
 1:00 Tai Chi for Every Body (ZOOM)
 1:00 Painting for Older Adults (D)

18
 8:30 Yoga Class (PH)
 9:00 Blood Pressure Checks (WR)
 10:00 Health & Wellness (PH)
 10:00 Timely Topics (C)
 12:00 Lunch (DR)
 12:30 Table Tennis (PH)
 12:30 AARP Tax Prep (B&C)
 12:45 Bunco (DR)
 1:00 Tai Chi for Every Body (ZOOM)
 1:00 Painting for Older Adults (D)
 1:00 Knitting Group (DR)

25
 8:30 Yoga Class (PH)
 9:00 Blood Pressure Checks (WR)
 10:00 Health & Wellness (PH)
 10:00 Timely Topics (C)
 12:00 Lunch (DR)
 12:30 Table Tennis (PH)
 12:30 AARP Tax Prep (B&C)
 12:45 Bunco (DR)
 1:00 Tai Chi for Every Body (ZOOM)
 1:00 Painting for Older Adults (D)
 1:00 Knitting Group (DR)

Wednesday

5
 8:30 Tai Chi 42 (CY)
 9:00 Longevity Stick Balance (PH)
 9:00 Quilting Group (B)
 9:00 Recorder Practice (C)
 10:30 Bingo (DR)
 10:30 Zumba Gold (PH)
 12:00 Lunch (DR)
 12:00 Line Dancing (PH)
 12:30 Mentally Sharp Class (D)
 12:30 Afternoon Movie (DR)
 12:45 Ralph’s/Rite Aid Shopping (L)

12
 8:30 Tai Chi 42 (CY)
 9:00 Longevity Stick Balance (PH)
 9:00 Recorder Practice (C)
 9:30 HICAP Counseling (WR)
 10:30 Bingo (DR)
 10:30 Zumba Gold (PH)
 12:00 Lunch (DR)
 12:00 Line Dancing (PH)
 12:30 Mentally Sharp Class (D)
 1:00 Senior Grocery Program (CY)

19
 8:30 Tai Chi 42 (CY)
 9:00 Longevity Stick Balance (PH)
 9:00 Quilting Group (B)
 9:00 Recorder Practice (C)
 10:30 Bingo (DR)
 10:30 Zumba Gold (PH)
 12:00 Lunch (DR)
 12:00 Line Dancing (PH)
 12:30 Mentally Sharp Class (D)
 12:30 Bible Study (C)
 12:30 Afternoon Movie (DR)
 12:45 Albertsons/Trader Joe’s Shopping (L)

26
 8:30 Tai Chi 42 (CY)
 9:00 Longevity Stick Balance (PH)
 9:00 Recorder Practice (C)
 9:30 HICAP Counseling (WR)
 10:30 Bingo (DR)
 10:30 Zumba Gold (PH)
 11:00 Book Club (CY)
 12:00 Lunch (DR)
 12:00 Line Dancing (PH)
 12:30 Mentally Sharp Class (D)
 1:00 Senior Grocery Program (CY)

Thursday

6
 8:30 Yoga Class (PH)
 9:00 Sewing & Embroidery (B)
 9:30 Health & Wellness (PH)
 10:00 Loteria (DR)
 10:15 OC Tremble Clefs (D)
 11:00 Sneaky Sodium (DR)
 12:00 Lunch (DR)
 12:30 Table Tennis (PH)
 12:30 Bingo (DR)
 12:30 Ukulele Class (D)

13
 8:30 Yoga Class (PH)
 9:00 Sewing & Embroidery (B)
 9:30 Health & Wellness (PH)
 10:00 Loteria (DR)
 10:15 OC Tremble Clefs (D)
 11:00 Medicare Essentials (DR)
 12:00 Lunch (DR)
 12:30 Table Tennis (PH)
 12:30 Bingo (DR)
 12:30 Ukulele Class (D)

20
 8:30 Yoga Class (PH)
 9:00 Sewing & Embroidery (B)
 9:30 Health & Wellness (PH)
 10:00 Loteria (DR)
 10:15 OC Tremble Clefs (D)
 11:00 Polypharmacy (DR)
 12:00 Lunch (DR)
 12:30 Table Tennis (PH)
 12:30 Bingo (DR)
 12:30 Ukulele Class (D)

27
 8:30 Yoga Class (PH)
 9:00 Sewing & Embroidery (B)
 9:00 Legal Aid (WR)
 9:30 Health & Wellness (PH)
 10:00 Loteria (DR)
 10:15 OC Tremble Clefs (D)
 12:00 Lunch (DR)
 12:30 Table Tennis (PH)
 12:30 Bingo (DR)
 12:30 Ukulele Class (D)

All programs and activities subject to change and cancellation without prior notice

Friday

7
 9:00 Longevity Stick Balance (PH)
 9:00 Mobile Technology Class (D)
 10:30 Bingo w/ Lunch Ticket (DR)
 11:30 Birthday Party (DR)
 12:00 Special Dollar Lunch (DR)
 12:45 Bunco (DR)
 1:00 Sing-a-Long Group (C)
 1:00 Tai Chi for Every Body (ZOOM)
 1:00 Mind Your Brain (DR)

14
 9:00 Longevity Stick Balance (PH)
 9:00 Mobile Technology Class (D)
 10:30 St. Patrick’s Day Party (DR) –SOLD OUT!
 12:45 Bunco (DR)
 1:00 Sing-a-Long Group (C)
 1:00 Tai Chi for Every Body (ZOOM)

21
 9:00 Longevity Stick Balance (PH)
 9:00 Mobile Technology Class (D)
 10:30 Bingo w/ Lunch Ticket (DR)
 11:30 Mayor Update (DR)
 12:00 Special Dollar Lunch (DR)
 12:45 Bunco (DR)
 1:00 Sing-a-Long Group (C)
 1:00 Tai Chi for Every Body (ZOOM)

28
 9:00 Longevity Stick Balance (PH)
 9:00 Mobile Technology Class (D)
 10:30 Bingo w/ Lunch Ticket (DR)
 12:00 Special Friday Lunch (DR)
 12:45 Bunco (DR)
 1:00 Sing-a-Long Group (C)
 1:00 Tai Chi for Every Body (ZOOM)

A - Room A
B - Room B
C - Room C
CR - Computer Room
CY - Courtyard
D - Room D
DR - Dining Room
L - Lobby Area
LIB - Library
PH - Pioneer Hall
PHCR - PH Conference Room
WR - Wellness Room



Senior Lunch Menu – March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pork Loin Caramel Sauce Broccoli Brown Rice Fresh Apple 1% Milk	4 Turkey Roast Scandinavian Veg Blend Sweet Potatoes Brown Gravy WW Dinner Roll w/Smart Balance Pineapple Chunks 1% Milk	5 Cubed Beef Stroganoff Sauce Carrot Egg Noodles Mandarin Orange 1% Milk	6 Chicken Meatballs Sweet Citrus Glaze Oriental Veg Blend Quinoa Pilaf Chicken Noodle Soup Fresh Orange 1% Milk	7
10 Diced Chicken Parmesan & Sundried Tomato Sauce Peas & Carrots Tri-Color Pasta Tropical Fruit Mix 1% Milk	11 Barbacoa Beef Oregon Bean Medley Mexican Rice WG Tortilla Fresh Orange 1% Milk	12 Cubed Beef Ranchera Sauce Broccoli & Carrot Brown Rice WG Tortilla Fresh Orange 1% Milk	13 Diced Chicken Asian Sauce Scandinavian Veg Blend Egg Noodles Mandarin Orange SF Pudding 1% Milk	
17 Roast Beef Cabbage & Carrots Fettuccini Pasta Moroccan Lentil Veg Soup Lemon Cream Cake Cup Mushroom Gravy Fresh Orange 1% Milk	18 Beef Cheeseburger Swiss Cheese Shredded Lettuce, Tomato & Red Onion WG Hamburger Bun Mayo & Mustard Fiesta Corn & Bell Pepper Salad Pineapple Chunks 1% Milk	19 Chicken Breast Savory Tomato Sauce Peas & Carrots Brown Rice Tropical Fruit Mix 1% Milk	20 Pork Loin Sweet Citrus Glaze Mix Veg Sweet Potatoes WW Dinner Roll Mandarin Orange 1% Milk	
24 Tarragon Chicken Salad w/Yogurt Dressing Broccoli & Peppers Salad WW Dinner Roll w/ Smart Balance Mandarin Orange 1% Milk	25 Mexican Beef Cocido Soup Ground Beef Beef Broth Vegetable Mix WW Crackers (4pk) Fresh Apple SF Cookie 1% Milk	26 Turkey Bolognese Italian Veg Blend Bow Tie Pasta Parmesan Cheese (1pk) Peaches 1% Milk	27 Cubed Beef Pepper Garlic Sauce Carrots Brown Rice Pineapple Chunks 1% Milk	
31 Pork Carnitas Verde Sauce Green Peas Cilantro Lime Rice RS Ambrosia 1% Milk				Voluntary Contribution - \$3.00 Meal Cost for Under Age 60 - \$5.00 Meatless Meal

Special Friday Lunches are Listed on the Next Page

All meals comply with the Dietary Guidelines for Americans (DGA) 2020-2025 & Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Human Services Agency & the U.S. Department of Agriculture. Meals on Wheels Orange County Lunch Program may change the menu for reason of quality control, price or vendor problems. This project is funded in parts through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% Milk served daily. * indicates sodium content over 1,000 mg. * indicates a special event or Holiday and the menu MAY exceed 1,000 mg. Low Cholesterol, 0% trans-fat buttery spread served with bread & rolls. Weekly average lunch meal provides >550 calories. Please note condiments are not analyzed and may increase sodium.

www.MealsOnWheelsOC.org

Chef Francesco Special Friday Lunches

Lunch starts at 12 P.M. Dollar Lunch is available for Dine-In ONLY. Takeout available for \$8. Vegetarian options require advance notice.

MAR

Friday, Mar 7 — Dollar Lunch Sponsored by Dwight Manley
Fish Tacos with Coleslaw, Black Beans, Spanish Rice, Mexican Salad, Mixed Fruit, Birthday Cake

\$1

SOLD OUT!

Friday, Mar 14 — St. Patrick's Day Party
Corned Beef Brisket with Carrots & Cabbage, Mashed Potatoes with Gravy, Irish Soda Bread, Green Grapes, Green Salad, Seasonal Dessert

\$7

Friday, Mar 21 — Dollar Lunch Sponsored by Dwight Manley
Veggie Quiche, Roasted Potatoes, Honey Roasted Carrots, Fresh Berries, Spring Salad, Brownie

\$1

Friday, Mar 28
Mediterranean Chicken Kebab with Tzatziki Sauce, Rice Pilaf, Veggie Blend, Greek Salad, Hummus with Pita Bread, Cookie

\$7

APR

Friday, Apr 4 — Dollar Lunch Sponsored by Dwight Manley
Fish Sandwich, Potato Wedges, Coleslaw, Strawberries & Chocolate, Birthday Cake

\$1

Friday, Apr 11 — Dollar Lunch Sponsored by Dwight Manley
Teriyaki Chicken Meatballs, Rice, Broccoli & Carrots, Asian Salad, Banana Pudding

\$1

Friday, Apr 18 — Easter/Volunteer Recognition Party
Garlic Shrimp Scampi Pasta, Roasted Vegetables, Garlic Breadstick, Caesar Salad, Fruit, Tiramisu

\$7

Friday, Apr 25
Honey Baked Ham, Scalloped Potatoes, Green Beans Almondine, Dinner Roll, Honey Mustard Salad, Cookie

\$7

LUNCH TICKETS ARE LIMITED. Brea residents can purchase lunch tickets one month in advance. Non-residents can join the waitlist for a chance to attend. (Tickets are not guaranteed.)

THE IRISH

PCXCLPPZWRVI RFCURRAGHBAGPIPEEUIRX
 AVIYEZJABTXGMTBDGMWYRROL PFGDKXXHS
 TRGVSNEYZEVSQSVNZVBWOXVDGENXZLGTJU
 EFAPXMNJ PEDXPAGEDQND SFHNHHODGYLI L
 GPRMJCYCUMMTLZVWFFUKRJZMCAKBBEHL P
 ACMGPTICTFNE MVFRNETYEKSIHWMPPYTQM
 DJGUALIZAKRSRCUHL EUQXEHWINWIJKQCL
 AQXLEKVAFI AWTOKDJHEGPDCNCZYHHWEWN
 VOGARJDDSP OECENRDSALBIOSCGENNK AED
 HYGVVEXIMDBPFFWPZNSXLYNSQXNYAGMMD
 OIRUDCHKJNTKFQSGNAGTHOBT HSRWYXAYY
 UGWRZHTWBCFAQUIPCBWSOZCESEAGKHCNJ
 CIWRAXKHL SACXYVOCNRGCGCMPJLACPHDB
 YJUAI GEYLN XEBNCTXGLVFACFXQBTOPRAH
 TAKHKETCZDOEP HAYMKBGLPRASZADYPEWS
 CAPFNUZJHLKTSYPNNTNDVZISJHVCBJEEE
 WYEHSGOBDI WTTSEXOAKKIMBHTFYDMMWQN
 LUKPTOKKDGOVNUYCFZBBUVJS SUFJFAXYO
 LSVIGRTNWDYYSEMNI LPTKEYMFC HSWYXSC
 FZEHNBLWRSCOLQJ SNHECZGSBCDGC I WZFS
 DQIEWYSYIHESURPYREOPRUZCETRKS YAVO
 SCVAI FARMINGEUI WFFBBBJFAVBGNHMNFQ
 DIATBDTEVRDI BRRSFLKFHDRAUGHTIEEAA
 CPSHKYDLXFACWGOEYGUBMJBBVSCNCLNZB
 NEHEQLBDGUIJQJERJYUIELHMI SELTSACJ
 LLFRKQVDCWYBMHGRJRQBXQRE QOWSKXNTD
 WVVTTUWI ZUPPAIXRTBGRRYHUVHNYEVBMR
 XCSTOUTFWPALCKQDZGKPFMVRDNWKDCCNH

ADAGE	IRELAND
BAGPIPE	LACE
BANSHEE	LORRY
BLARNEY	MACHREE
BROGUE	MUTTON
CASTLES	OGHAM
COFFEE	PEAT
COLLEEN	PINTS
CURRAGH	PUB
DRAUGHT	SCONES
FAMINE	SHELTY
FARMING	STEW
FIDDLER	STOUT
GAELIC	THATCH
HARP	WAKE
HEATHER	WHISKEY

Come by and learn...

The Brea Senior Center is open to all senior and pre-senior community members. Come by and learn more about the many programs, services and events available for you.

- Hours:** Mon-Fri / 8 a.m.-3 p.m.
- Location:** 500 S. Sievers Avenue, Brea, California 92821
- Telephone:** 714-990-7750
- Website:** www.BreaSeniorCenter.com
- Facebook:** [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)
- Instagram:** [instagram.com/BreaSeniorCenter/](https://www.instagram.com/BreaSeniorCenter/)

More details and information available online

