

# What's Doin' at the Brea Senior Center

Merry  
Christmas!



December 2024

Hours | Monday-Friday, 8 a.m.-3 p.m.

## Announcements

### Happy Holidays!

The Brea Senior Center will be closed December 24 through January 1. We will reopen on Thursday, January 2, 2025.

### FREE! Christmas Gift Wrapping



Fri, Dec 20, 9 a.m.-12 p.m.

Save time by bringing your holiday gifts in to get wrapped by some of Brea's students! 2 gifts maximum per person.

### See's Candy & Chocolates Sale

The retail price is \$30, but you can purchase them at our front desk for only \$28. All proceeds go toward supporting the Brea Senior Center's programs and activities. Choices of Assorted or Nuts & Chews varieties.

### OCTA Workshop



Tuesday, Dec 3, 10-11:30 a.m.

Learn how to plan an OC bus trip, what the Senior Mobility Program (OC Access) is, fares and reduced fare options, ADA

accessibility standards and using mobility devices on board.

By **OCTA**

### An Overview of The Overactive Bladder

Thursday, Dec 12, 10:45 a.m.

The Centers for Disease Control (CDC) states that over 44% of people living at home, aged 65 and older reported bladder incontinence. This presentation will discuss what happens in the body to cause bladder control problems, the different types of incontinence, and some of the treatments and ways to manage urinary incontinence.

By **Access California Services**

### City Mayor Updates

Thursday, Dec 19, 11 a.m.

Join us for a chance to meet with our City Mayor, who will be providing general city news and updates to fill you in on all the happenings in our community.



### NOCE Class Registration Help

Mon, Dec 4, 9 a.m.-12 p.m.

Need help enrolling in your favorite NOCE classes? Stop by to get assistance!

### NOCE Classes Taking a Holiday Break!

Monday, Dec 23, 2024-Friday, Jan 10, 2025

Classes will resume on Monday, January 13, 2025.

### NEW! OC Tremble Clefs Thursdays, 10:15-11:15 a.m.

A therapeutic singing group for people with Parkinson's Disease and their care partners to promote vocal strength, boost emotional health, and improve well-being!

### NEW! Mobile Technology Literacy Class

(Class on break from 12/20/2024-1/10/2025)

Wednesdays, 9:30-11:20 a.m.

An introduction course on how to use your phone and tablet (mobile devices) to the full extent. Please call 714-808-4679 to register.

By **NOCE Active Older Adults**



### NEW! Board & Card Game Group

Mondays, 12:30-2:30 p.m.

Dust off your favorite board or card game and bring it along to share with the group.

## Travel Group

### Panama Canal Cruise January 10-23, 2025

Highlights: Aruba, Caribbean Netherlands, Colombia, Panama Canal partial transit New Locks, Costa Rica, Grand Cayman in the Cayman Islands. Starts at \$4,700 per person, based on double occupancy.

### Count Down to Mardi Gras! February 25-March 2, 2025

Highlights: New Orleans city tour, National WWII Museum and Movie, walking tour of French Quarter, Bayou Airboat Ride, Reserved seats for a Pre-Mardi Gras Parade, and Baton Rouge capital buildings. \$3,299 per person, based on double occupancy.

**By Friendly Excursions**

## Health Help

### Free Nail Painting 1st & 3rd Monday of each month, 9-10 a.m.

### Blood Pressure Checks Tuesdays, 9 a.m.-12 p.m.

## Senior Services

### Case Management Services

Are you a senior living in Brea? Are you a caregiver for a loved one? Achieve successful aging through advocacy, assessment, facilitation, and resource management. Eligibility to be a Case Management client: Brea resident, 60+ years of age, and client consent. Call 714-990-7750 for information.

### Medicare & Health Insurance Assistance Wed, Dec 11, 9:30-11:30 a.m.

Benefits anyone who has questions or needs assistance regarding Medicare, HMO's and secondary and long-term care insurance.

### Appointment Required By Health Insurance Counseling and Advocacy Program

### Legal Aid (Wellness Room) Thursday, Dec 19, 9-11 a.m.

Representatives from Legal Aid Society of Orange County for Orange County 60+ seniors.

### By Community Legal Aid SoCal

### Senior Center Gift Shop Hours Vary

Quality items available at bargain prices including: jewelry, home decorations, glassware, and assorted handcrafted items. Donated items accepted. Shop hours are subject to volunteer availability.

### Senior Grocery Program December 11, 1-2 p.m.

Grab N' Go with pre-selected items ready for pick up. Due to limited parking and construction, please arrive no earlier than 1 p.m. Bring your own bags.

### By Second Harvest Food Bank

### Shopping Trips! Mondays, 12:45 p.m. 1st & 3rd Wed, 12:45 p.m.

Free transportation for Brea residents to Walmart, Ralphs, Rite Aid, Albertsons, and Trader Joe's. Shopping trips limited to one hour. Call 714-990-7754 to register.

### Senior Van Service Tue-Fri, 9 a.m.-1 p.m.

For Brea residents 60+. Takes you within 5 miles of your home for just \$4 each stop (OC Only). Fill out an application and purchase a Van Pass. Must schedule rides 3 business days in advance. Call 714-990-7750 for details!

## Fitness

### Better Balance with Dan (Class on break from 12/20/2024-1/10/2025) Mondays, 10-11:50 a.m.

Registration Required. Please call 714-808-4679 to register.

### By NOCE

### Health & Wellness w/ Eunice (Class on break from 12/20/2024-1/10/2025) Tuesdays, 10-11:50 a.m. Thursdays, 9:30-11:30 a.m.

Registration Required. Please call 714-808-4679 to register.

### By NOCE

### Line Dancing Class (Class on break from 12/19/2024-1/14/2025) Wednesdays, 12-3 p.m. Introduction: 12-1 p.m. Beginning: 1-2 p.m. Intermediate: 2-3 p.m.

### Longevity Stick Balance Class Mondays (ZOOM only) Wednesdays & Fridays, 9-10 a.m.

### Table Tennis Every Tue & Thu, 12:30-3:30 p.m. Resident Quarterly Fee: \$25 Non-Resident Quarterly Fee: \$40

### Tai Chi for Every Body Mon, 10-11:30 a.m. (ZOOM only) Tue & Fri, 1-3 p.m. (ZOOM only)

### Tai Chi 42 (Courtyard) Wednesdays, 8:30-10 a.m.

### Yoga Class Tuesdays, 8:30-9:30 a.m. Thursdays, 8:30-9:15 a.m.

Bring your own mat.

### Zumba® Gold Mondays, 12-1 p.m. Wednesdays, 10:30-11:30 a.m.

## Classes

### Painting for Older Adults Class (Class on break from 12/20/2024-1/10/2025) Tuesdays, 1-2:50 p.m.

This class offers older adults an individualized approach of learning painting at their own pace and within their interest and style. Learning techniques in drawing, brush strokes, color mixing, and application. Registration required. Please call 714-808-4679.

### By NOCE

### Staying Mentally Sharp for Older Adults Class (Class on break from 12/20/2024-1/10/2025) Wednesdays, 12:30-2:20 p.m.

This course provides older adults with the tools to reach their optimum levels of brainpower through skill-building with memory techniques. Registration required. Please call 714-808-4679.

### By NOCE

### Recorder Music Practice Wednesdays Intermediate: 9-10:30 a.m. Beginning: 10:30-11:30 a.m.

### Beginning Ukulele Class Thursdays, 1-2:30 p.m.

A beginning ukulele class with emphasis on learning basic chords and strums. Students will need to purchase a ukulele, music stand, tuner, and a book "Essential Elements for Ukulele Book 1" published by Hal Leonard Corp. No registration required.

## Gatherings

### Afternoons at the Movies Wed, December 4: "Thelma" (2024) PG-13

Thelma Post is a 93-year-old grandmother who loses \$10,000 to a con artist on the phone. With help from a friend and his motorized scooter, she soon embarks on a treacherous journey across Los Angeles to reclaim what was taken from her.

### Wed, December 18: "The Holdovers" (2024) R

A curmudgeonly instructor at a New England prep school remains on campus during Christmas break to babysit a handful of students with nowhere to go. He soon forms an unlikely bond with a brainy but damaged troublemaker, and with the school's head cook, a woman who just lost a son in the Vietnam War.

### Bible Study (Room C) 3rd Wednesday of each month 12:30-1:30 p.m. By Cause Church Senior Ministry

### Bingo! (Dining Room) Mondays & Wednesdays, 10:30-11:30 a.m. Thursdays, 12:30-1:30 p.m. Fridays, 10:30-11:30 a.m.— LUNCH TICKET REQUIRED

### Birthday Party Friday, Dec 6, 11:30 a.m. By Cause Church Senior Ministry

### Book Club (Courtyard) No meeting in December By the Brea Public Library

### Bunco Group Every Tue & Fri, 12:45-2 p.m.

### Crochet Group (Room C) Mondays, 10 a.m.-12 p.m.

### Hooks and Needles— Knitting Group 3rd and 4th Tuesday of each month, 1-3 p.m.

### Loose Threads—Quilting Group (Room B) No class in December

### Lotería Select Thu, 10:45-11:45 a.m.

### Sewing & Embroidery Group Thursdays, 9 a.m.-3 p.m.

Bring your own sewing machine. Knowledge of sewing required.

### Sing-a-Long Group (Room C) Fridays, 1-2 p.m.

### Timely Topics (Room C) Tuesdays, 10-11 a.m.

### Veterans Club (Room B) Mondays, 11-11:45 a.m.

# December Activities

## FAMOUS QUOTE

“You know you’re getting old when Santa starts looking younger.”

ROBERT PAUL

## DECEMBER IS NATIONAL... FRUITCAKE MONTH

### BIRTHSTONE

Turquoise, Tanzanite, & Zircon

### FLOWERS

Holly and Narcissus

## Monday

**2**  
9:00 Longevity Stick Balance (ZOOM)  
9:00 Nail Painting (WR)  
10:00 Tai Chi for Every Body (ZOOM)  
10:00 Better Balance (PH)  
10:00 Crochet Group (C)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Lunch (DR)  
12:00 Zumba Gold (PH)  
12:45 Walmart Shopping (L)  
12:30 Board & Card Game Group (B)

**9**  
9:00 Longevity Stick Balance (ZOOM)  
10:00 Tai Chi for Every Body (ZOOM)  
10:00 Better Balance (PH)  
10:00 Crochet Group (C)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Lunch (DR)  
12:00 Zumba Gold (PH)  
12:45 Walmart Shopping (L)  
12:30 Board & Card Game Group (B)

**16**  
9:00 Longevity Stick Balance (ZOOM)  
9:00 Nail Painting (WR)  
10:00 Tai Chi for Every Body (ZOOM)  
10:00 Better Balance (PH)  
10:00 Crochet Group (C)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Lunch (DR)  
12:00 Zumba Gold (PH)  
12:45 Walmart Shopping (L)  
12:30 Board & Card Game Group (B)

**23**  
9:00 Longevity Stick Balance (ZOOM)  
10:00 Tai Chi for Every Body (ZOOM)  
10:00 Crochet Group (C)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Lunch (DR)  
12:00 Zumba Gold (PH)  
12:45 Walmart Shopping (L)  
12:30 Board & Card Game Group (B)

**30**  
**Closed for Christmas Holiday  
(Reopen on January 2)**



## Tuesday

**3**  
8:30 Yoga Class (PH)  
9:00 Blood Pressure Checks (WR)  
10:00 Health & Wellness (PH)  
10:00 Timely Topics (C)  
10:00 OCTA Workshop (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bunco (B)  
1:00 Tai Chi for Every Body (ZOOM)  
1:00 Painting for Older Adults (D)

**10**  
8:30 Yoga Class (PH)  
9:00 Blood Pressure Checks (WR)  
10:00 Health & Wellness (PH)  
10:00 Timely Topics (C)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bunco (B)  
1:00 Tai Chi for Every Body (ZOOM)  
1:00 Painting for Older Adults (D)

**17**  
8:30 Yoga Class (PH)  
9:00 Blood Pressure Checks (WR)  
10:00 Health & Wellness (PH)  
10:00 Timely Topics (C)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bunco (B)  
1:00 Tai Chi for Every Body (ZOOM)  
1:00 Painting for Older Adults (D)  
1:00 Knitting Group (C)

**24**  
**Closed for Christmas Holiday  
(Reopen on January 2)**



**31**  
**Closed for Christmas Holiday  
(Reopen on January 2)**



## Wednesday

**4**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
9:00 Recorder Practice (C)  
9:00 NOCE Info Table (L)  
9:30 Mobile Technology Class (D)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
12:00 Lunch (DR)  
12:00 Line Dancing (PH)  
12:30 Mentally Sharp Class (D)  
12:30 Afternoon Movie (DR)  
12:45 Ralphs/Rite Aid Shopping (L)

**11**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
9:00 Recorder Practice (C)  
9:30 Mobile Technology Class (D)  
9:30 HICAP Counseling (WR)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
12:00 Lunch (DR)  
12:00 Line Dancing (PH)  
12:30 Mentally Sharp Class (D)  
1:00 Senior Grocery Program (CY)

**18**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
9:00 Recorder Practice (C)  
9:30 Mobile Technology Class (D)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
11:30 Arrovista Choir Performance (DR)  
12:00 Lunch (DR)  
12:00 Line Dancing (PH)  
12:30 Mentally Sharp Class (D)  
12:30 Afternoon Movie (DR)  
12:30 Bible Study (C)  
12:45 Albertsons/Trader Joe's Shopping (L)

**25**  
**Closed for Christmas Holiday  
(Reopen on January 2)**



## Thursday

**5**  
8:30 Yoga Class (PH)  
9:00 Sewing & Embroidery (B)  
9:30 Health & Wellness (PH)  
10:15 OC Tremble Clefs (D)  
10:45 Loteria (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:30 Bingo (DR)  
1:00 Beginning Ukulele (D)

**12**  
8:30 Yoga Class (PH)  
9:00 Sewing & Embroidery (B)  
9:30 Health & Wellness (PH)  
10:15 OC Tremble Clefs (D)  
10:45 Overactive Bladder Presentation (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:30 Bingo (DR)  
1:00 Beginning Ukulele (D)

**19**  
8:30 Yoga Class (PH)  
9:00 Sewing & Embroidery (B)  
9:00 Legal Aid (WR)  
9:30 Health & Wellness (PH)  
10:15 OC Tremble Clefs (D)  
11:00 Mayor's Update (DR)  
11:15 Ukulele & Recorder Performance (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:30 Bingo (DR)  
1:00 Beginning Ukulele (D)

**26**  
**Closed for Christmas Holiday  
(Reopen on January 2)**



All programs and activities subject to change and cancellation without prior notice

## Friday

**6**  
9:00 Longevity Stick Balance (PH)  
10:00 Christ Lutheran Choir Performance (DR)  
10:30 Bingo w/ Lunch Ticket (DR)  
11:30 Birthday Party (DR)  
12:00 Special Dollar Lunch (DR)  
12:45 Bunco (B)  
1:00 Sing-a-Long Group (C)  
1:00 Tai Chi for Every Body (ZOOM)

**13**  
**Closed for Annual Christmas Party  
Held at Brea Improv  
180 S. Brea Blvd  
9 a.m.-1 p.m.**



**20**  
9:00 Longevity Stick Balance (PH)  
9:00 Gift Wrapping (L)  
10:30 Bingo w/ Lunch Ticket (DR)  
12:00 Special Dollar Lunch (DR)  
12:45 Bunco (B)  
1:00 Sing-a-Long Group (C)  
1:00 Tai Chi for Every Body (ZOOM)

**27**  
**Closed for Christmas Holiday  
(Reopen on January 2)**



**A** - Room A  
**B** - Room B  
**C** - Room C  
**CR** - Computer Room  
**CY** - Courtyard  
**D** - Room D  
**DR** - Dining Room  
**L** - Lobby Area  
**LIB** - Library  
**PH** - Pioneer Hall  
**PHCR** - PH Conference Room  
**WR** - Wellness Room



Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
<b>Diced Chicken</b> Parmesan & Sundried Tomato Sauce Carrots Tri-Color Pasta WW Dinner Roll w/Smart Balance Tropical Fruit Mix 1% Milk	<b>Barbacoa Beef</b> Oregon Bean Medley Cilantro Lime Rice WG Tortilla Fresh Orange 1% Milk	<b>Tuna Salad</b> Corn, Lima Beans & Tomato Salad WW Dinner Roll w/Smart Balance Mandarin Orange 1% Milk	<b>Diced Chicken Breast</b> Asian Sauce Oriental Veg Blend Egg Noodles WW Crackers (4pk) Canned Peaches SF Pudding 1% Milk	<b>Special Friday Lunches are Listed on the Next Page</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	
<b>Chicken Breast</b> Savory Tomato Sauce Peas & Carrots Brown Rice WW Dinner Roll w/Smart Balance Tropical Fruit Mix 1% Milk	<b>Beef Cheeseburger</b> Swiss Cheese Shredded Lettuce, Tomato & Red Onion WG Hamburger Bun Mayo, Mustard & Ketchup Fiesta Corn & Bell Pepper Salad Pineapple Chunks 1% Milk	<b>Veggie Egg Salad on Spring Mix</b> California Veg Blend Moroccan Lentil Veg Soup WW Bread w/Smart Balance Fresh Orange 1% Milk	<b>Pork Loin</b> Sweet Citrus Glaze Mix Veg Sweet Potatoes WW Dinner Roll w/ Smart Balance Mandarin Orange 1% Milk	
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	
<b>Tarragon Chicken Salad w/Yogurt Dressing</b> Broccoli & Peppers Salad Lemony Orzo Salad WW Dinner Roll w/ Smart Balance Mandarin Orange 1% Milk	<b>Mexican Beef Cocido</b> Cubed Beef Beef Broth Vegetable Mix WG Tortilla (1) Banana SF Pudding 1% Milk	<b>Turkey Bolognese</b> Italian Veg Blend Bow Tie Pasta Parmesan Cheese (1pk) WW Dinner Roll w/Smart Balance Tropical Fruit Mix 1% Milk	<b>Baked Tilapia</b> Ranchera Sauce Broccoli Mexican Rice WG Tortilla (1) SF Pudding Orange Juice 1% Milk	
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>Beef Pot Roast</b> Mashed Potatoes w/ Mushroom Gravy Carrots Dinner Roll w/ Smart Balance Assorted Dessert Diet: Fresh Fruit 1% Milk	<b>Closed for Christmas Holiday (Reopen on January 2)</b>			
<b>30</b>	<b>31</b>			
				<b>Voluntary Contribution - \$3.00</b>  <b>Meal Cost for Under Age 60 - \$5.00</b>  <b>Meatless Meal</b>

All meals comply with the Dietary Guidelines for Americans (DGA) 2020-2025 & Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Human Services Agency & the U.S. Department of Agriculture. Meals on Wheels Orange County Lunch Program may change the menu for reason of quality control, price or vendor problems. This project is funded in parts through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% Milk served daily. indicates sodium content over 1,000 mg. \* indicates a special event or Holiday and the menu MAY exceed 1,000 mg. Low Cholesterol, 0% trans-fat buttery spread served with bread & rolls. Weekly average lunch meal provides >550 calories. Please note condiments are not analyzed and may increase sodium.

# Chef Francesco Special Friday Lunches

Lunch starts at 12 P.M. Dollar Lunch is available for Dine-In ONLY. Takeout available for \$8. Vegetarian options require advance notice.

## DEC

**Friday, Dec 6—Dollar Lunch Sponsored by Dwight Manley**  
Deluxe Mac & Cheese, Meatballs with Marinara, Italian Vegetables,  
Garlic bread, Green Salad, Holiday Cookie

**\$1**

**SOLD OUT!**

**Friday, Dec 13—Christmas Party**  
Menu TBD

**Friday, Dec 20—Dollar Lunch Sponsored by Dwight Manley**  
Pork Tamale, Beef Taquito, Pinto Beans, Corn Medley,  
Mexican Salad, Cake

**\$1**

## JAN

**Friday, Jan 3**

Beef Lasagna, Garlic Bread, Italian Veggie Medley, Italian Salad, Fruit,  
Birthday Cake

**\$7**

**Friday, Jan 10—Dollar Lunch Sponsored by Dwight Manley**  
Scrambled Eggs, Biscuit & Gravy, Sausage Links, Hash brown,  
Yogurt & Berries

**\$1**

**Friday, Jan 17—New Year's Party**

Baked Salmon, Rice Pilaf, Cauliflower Au Gratin, Caesar Salad, Éclair

**\$7**

**Friday, Jan 24—Dollar Lunch Sponsored by Dwight Manley**  
Orange Chicken, Steamed Rice, Dumpling Soup, Broccoli, Asian Salad,  
Fortune Cookie

**\$1**

**Friday, Jan 31**

Fried Chicken, Mashed Potatoes & Gravy, Dinner Roll, Corn on the Cob,  
Garden Salad, Mixed Berry Crumble

**\$7**

**LUNCH TICKETS ARE LIMITED.** Brea residents can purchase lunch tickets one month in advance. Non-residents can join the waitlist for a chance to attend. (Tickets are not guaranteed.)

# Announcements

## NATIVITY

Q A N N J X W Q D L H P T V K T J M D M Q A S E W D  
W Z W U D O R B Y K S M O B P I N Q Q S J N P D D R  
Y M J Z R D N A B S U H D G E R A V S D I G W W L N  
J D A S X X R E T J T W U Z U C G V Q S B E E S C X  
M L H E Q Y B U N S O P A E O U I K K H X L Z Y G V  
M I S B T D S U E S U K T A O M H G B M S T E X L S  
P H G W O R W F L F W R V W A L U I U I E P O F K L  
L C Y V S E B I R C S K H I B T T T O D D X Q A N E  
C C L K X A F Z A L M K O G R L D G T P Y A Y I M E  
H P D K P M S L A U Y F B Z D G D B K I R F X I X P  
R X T U O U G K A X E W I F F C I K B U A M T Q Z L  
C C U F N F R K B U P K D O H D I N P Z M O S L E M  
G V K I R C M Y R R H Y D E K C O M Z G V Z K Z K K  
E C X O Z V F N I N H L E Y W Q U Y O N O I Z W J X  
M N L T A N L E M D S G N K W B K D R Q N L D R T B  
F L D Q Q I S S B C Y C W W Y S T F I G E K D A O O  
P U T Z N T H I J P A N K O S V W D E Z A W R F M I  
K R S P S J P W T E K J R U Q Q B S Q D S G P G I X  
A B I U B R E H T O M T P K R N I E H G T T M P U U  
R U S V S D S B Y C S A W X V R D O R E H K E Y I J  
J X Y Y I E O H F E Y M J G A Y B D W C O K A K U H  
B Y Q D Y L J K D K U R M W O U R I Y B N I K D L X  
K R E Y O J Y R T N U O C Q N O F A Z W A V A A A U  
N N V X R N A Z A R E T H G J E N S O A S E Z F H A  
M N T J B U F V Z F C L R U L E B Z X L A J S L E V

ANGEL	NAZARETH
GIFTS	TIME
MARY	DESTROY
SINS	JOSEPH
MATTHEW 1	PRIESTS
ARISE	VIRGIN
GOLD	DREAM
MOCKED	JOY
SLEEP	PRIVILY
BIDDEN	WIFE
HEROD	EAST
MOTHER	JUDAEA
SLEW	RULE
CHILD	WISE
HUSBAND	EGYPT
MYRRH	KING
STAR	SCRIBES
COUNTRY	WORSHIP
JESUS	

### Come by and learn...

The Brea Senior Center is open to all senior and pre-senior community members. Come by and learn more about the many programs, services and events available for you.

- Hours:** Mon-Fri / 8 a.m.-3 p.m.
- Location:** 500 S. Sievers Avenue, Brea, California 92821
- Telephone:** 714-990-7750
- Website:** [www.BreaSeniorCenter.com](http://www.BreaSeniorCenter.com)
- Facebook:** [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)
- Instagram:** [instagram.com/BreaSeniorCenter/](https://www.instagram.com/BreaSeniorCenter/)

More details and information available online

