

What's Doin' at the Brea Senior Center

Happy Mother's Day!



May 2024

Hours | Monday-Friday, 8 a.m.-3 p.m.

Announcements

Changes Coming to Friday Bingo and Dining Room Access!

Beginning May 1, Friday Bingo will become a ticketed event and dining room access will be closed off for Friday Lunch Ticketholders only. These changes must be made to create a more enjoyable and streamlined Friday experience. Don't worry, our classic bingo sessions Mon-Thurs will continue as usual, open to everyone!

Mother's Day Trivia Thursday, May 9, 10:30 a.m.

Test your knowledge! Win prizes! Have fun! Call 714-990-7750 to register.

By **JSA and Optum
Medical Group**



HICAP Medicare Outreach Table

Wed, May 15, 9:30-11:30 a.m.

HICAP is here to help! Learn about the free, unbiased counseling and assistance for any Medicare related question or issue that their counselors can provide.

By **Health Insurance Counseling and Advocacy Program (HICAP)**

Free Memory Screening Thursday, May 16 9 a.m.-12 p.m.

Appointment required. Please call 714-990-7750 to register.

By **Syrentis Clinical Research**

"It's Your Money" 6-week Financial Literacy Workshop Series Now thru June 3, 1:30-3 p.m.



This free series is designed to prevent financial abuse by educating seniors to take control of their financial and estate decisions. NO sales pitches or solicitations will take place. Jump into these ongoing sessions by calling 714-990-7750 to register.

By **Financial & Estate Literacy**

Travel Group

Let's Roll! Senior Center Trip to Pala Casino! Wed, May 22, 8 a.m.-4:30 p.m.

Join us for a fun-filled day trip to Pala Casino for just \$35! Take a charter bus with friends to a world of thrilling slots and classic table games. We're offering a comfortable charter bus ride and a light snack, so you can focus on the real fun—exploring the thrilling games and delectable restaurants at Pala Casino! Round trip transportation and a light snack are included. Lunch sold separately. Spaces are limited, so call or visit the Senior Center to book yours today!



Tanaka Farms Tuesday, June 4, 8 a.m.-2 p.m.

All aboard the city trolley for an adventure to Tanaka Farms in Irvine! At the farm, ride along on a scenic wagon tour, pick your own seasonal veggie, and indulge in strawberry picking straight from the vine (you even get to take a pound home!). Visit the barnyard animals, browse the gift shop, and share a delicious Chef Francesco sack lunch with friends. Fresh air, sunshine, and farm fun await! Tickets are \$30 and include round trip transportation and Chef Francesco boxed lunch. Call or visit us to reserve your spot. Space is limited!

Calling All Beach Lovers!
Tuesday, Jun 18
8:30 a.m.-3:30 p.m.

Join us for a delightful trip aboard the city trolley to Balboa Beach! Relax on the sand, explore the pier, browse the shops on the boardwalk, or savor a delicious lunch. We'll provide round-trip transportation and a Chef Francesco boxed lunch. It's a day of seaside fun for only \$20! Space is limited, so call or visit us today to reserve your spot.

Health Help

Free Nail Painting
1st & 3rd Monday of each month, 9-10 a.m.

Blood Pressure Checks
Tuesdays, 10 a.m.-12 p.m.

Senior Services

Case Management Services

Are you a senior living in Brea? Are you a caregiver for a loved one? Achieve successful aging through advocacy, assessment, facilitation, and resource management. Eligibility to be a Case Management client: Brea resident, 60+ years of age, and client consent. Call 714-990-7750 for more info.

Medicare & Health Insurance Assistance



2nd & 4th Wednesday of each month, 9:30-11:30 a.m.

Benefits anyone who has questions or needs assistance regarding Medicare, HMO's and secondary and long-term care insurance.

Appointment Required
By Health Insurance

Counseling and Advocacy Program

Legal Aid (Wellness Room)
4th Thursday of each month, 12:30-2 p.m.



Appointments are available with representatives from Legal Aid Society of Orange County for Orange County 60+ seniors.
By Community Legal Aid SoCal

Senior Center Gift Shop
Open Monday through Friday

Quality items available at bargain prices including: jewelry, home decorations, glassware, and assorted handcrafted items. Donated items accepted during business hours.

Senior Grocery Program
2nd & 4th Tuesday of each month, 10:30-11:30 a.m.

Pick up a selection of fresh produce, dairy products, and shelf-stable dry goods, while supplies last. Bring your own grocery bags!

By Second Harvest Food Bank

Shopping Trips!



Mondays, 12:45 p.m.

1st & 3rd Wed, 12:45 p.m.

Free transportation for Brea residents to Walmart, Ralphs, Rite Aid, Albertsons, and Trader Joe's. Shopping trips limited to one hour. Call 714-990-7754 to register.

Senior Van Service
Tue-Fri, 9 a.m.-1 p.m.

For \$2 per one-way, go to essential errands or appointments within 5 miles of your home (within OC). Eligibility includes 60+ years of age and Brea residency. Application required, as well as submitting

your ride request 3 business days in advance. Service days and hours of operation are subject to change. Call 714-990-7750 for more information.

Fitness

Better Balance with Dan
Mondays, 10-11:50 a.m.

Registration Required. Please call 714-808-4679 to register.
By NOCE

Health & Wellness w/ Eunice
Tuesdays, 10-11:50 a.m.
Thursdays, 9:30-11:30 a.m.

Registration Required. Please call 714-808-4679 to register.
By NOCE

Line Dancing Class
Wednesdays, 12-3 p.m.

Introduction: 12-1 p.m.
Begining: 1-2 p.m.
Intermediate: 2-3 p.m.



Longevity Stick Balance Class
Mondays (ZOOM only)
Wednesdays & Fridays, 9-10 a.m.

Table Tennis
Every Tue & Thu, 12:30-3:30 p.m.
Resident Quarterly Fee: \$20
Non-Resident Quarterly Fee: \$30

Yoga Class
Tuesdays, 8:30-9:30 a.m.
Thursdays, 8:30-9:15 a.m.

Join us for a yoga class for any level of experience. Bring your own mat.

Tai Chi for Every Body
Mon, 10-11:30 a.m. (ZOOM only)
Tue & Fri, 1-3 p.m. (ZOOM only)

Tai Chi 42 (Courtyard)
Wednesdays, 8:30-10 a.m.

Zumba® Gold
Mondays, 12-1 p.m.
Wednesdays, 10:30-11:30 a.m.

Classes

Painting for Older Adults Class
Tuesdays, 1-2:50 p.m.



Registration required. Please call 714-808-4679 to register.
By NOCE

Staying Mentally Sharp for Older Adults Class
Wednesdays, 12:30-2:20 p.m.

Provide older adults with the tools to reach their optimum levels of brainpower. Registration required. Please call 714-808-4679.

By NOCE

Recorder Music Practice
Wednesdays
Intermediate: 9-10:30 a.m.
Begining: 10:30-11:30 a.m.

Creative Arts for Older Adults Class
Thursdays, 9-11:50 a.m.

This class encourages art appreciation, self-expression, and creativity. Registration required. Please call 714-808-4679.

By NOCE

Beginning Ukulele Class
Thursdays, 1-2:30 p.m.

Need to purchase a ukulele, music stand, tuner, and a book "Essential Elements for Ukulele Book 1" published by Hal Leonard Corp. No registration required.

Gatherings

Afternoons at the Movies
Wed, May 8: "The Boys in the Boat" (2023) PG-13

During the Great Depression, the JV rowing squad from the University of Washington are thrown into the worldwide spotlight as they go up against elite teams from around the world competing for a Gold Medal at the 1936 Summer Olympics in Berlin.

Wed, May 22: "Mother of the Bride" (2024) PG-13

Lana's daughter Emma returns from abroad and drops a bombshell: she's getting married. In Thailand. In a month! Things only get worse when Lana learns that the man who captured Emma's heart is the son of the man who broke hers years ago.

Bible Study (Room C)
3rd Wednesday of each month
12:30-1:30 p.m.
By Cause Church Senior Ministry



Bingo! (Dining Room)
Mondays & Wednesdays,
10:30-11:30 a.m.
Thursdays, 12:30-1:30 p.m.
Fridays, 10:30-11:30 a.m. — only for lunch ticketholders.

Birthday Party
Friday, May 3, 11:30 a.m.
By Cause Church Senior Ministry

Book Club (Courtyard)
4th Wednesday of each month
11-11:30 a.m.
By the Brea Public Library

Bunco Group
Every Tue & Fri, 12:45-2 p.m.

Crochet Group (Room C)
Mondays, 10 a.m.-12 p.m.

Golf Practice
1st & 3rd Tuesday of each month, 10:15-11:45 a.m.

Meet in the lobby for a ride over to Brea Creek Golf Course together.

Hooks and Needles—Knitting Group
3rd and 4th Tuesday of each month, 1-3 p.m.



Loose Threads—Quilting Group (Room B)
1st and 3rd Wednesday of each month, 9 a.m.-12 p.m.

Lotería
Select Thu, 10:45-11:45 a.m.

Mother's Day Party—SOLD OUT!
Friday, May 10, 10:30 a.m.-12:30 p.m.

By Dwight Manley & Alignment Health

Sewing & Embroidery Group
Thursdays, 9 a.m.-3 p.m.

Bring your own sewing machine. Knowledge of sewing required.

Sing-a-Long Group (Room C)
Fridays, 1-2 p.m.

Timely Topics (Room C)
Tuesdays, 10-11 a.m.

Veterans Club (Room B)
Mondays, 11-11:45 a.m.

May Activities

FAMOUS QUOTE

"You are never too old to set another goal or to dream a new dream."

C.S. LEWIS

MAY IS NATIONAL OLDER AMERICANS MONTH

- 1 May Day
- 5 Cinco de Mayo
- 13 Apple Pie Day
- 18 Armed Forces Day
- 25 Wine Day

BIRTHSTONE

Emerald

FLOWERS

Lily of the Valley and Hawthorn

Monday

A	- Room A
B	- Room B
C	- Room C
CR	- Computer Room
CY	- Courtyard
D	- Room D
DR	- Dining Room
L	- Lobby Area
LIB	- Library
PH	- Pioneer Hall
PHCR	- PH Conference Room
WR	- Wellness Room

6	9:00 Longevity Stick Balance (ZOOM) 9:00 Nail Painting (WR) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Better Balance (PH) 10:00 Crochet Group (C) 10:30 Bingo (DR) 11:00 Veterans Club (B) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L) 1:30 It's Your Money (DR)
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13	9:00 Longevity Stick Balance (ZOOM) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Better Balance (PH) 10:00 Crochet Group (C) 10:30 Bingo (DR) 11:00 Veterans Club (B) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L) 1:30 It's Your Money (DR)
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20	9:00 Longevity Stick Balance (ZOOM) 9:00 Nail Painting (WR) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Better Balance (PH) 10:00 Crochet Group (C) 10:30 Bingo (DR) 11:00 Veterans Club (B) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L) 1:30 It's Your Money (DR)
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29	<p>Closed for Memorial Day</p> 
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Tuesday

<p>All programs and activities subject to change and cancellation without prior notice.</p>

7	8:30 Yoga Class (PH) 10:00 Health & Wellness (PH) 10:00 Blood Pressure Checks (WR) 10:00 Timely Topics (C) 10:15 Golf Practice (L) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (DR) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D)
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14	8:30 Yoga Class (PH) 10:00 Health & Wellness (PH) 10:00 Blood Pressure Checks (WR) 10:00 Timely Topics (C) 10:30 Senior Grocery Program (L) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (DR) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D)
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21	8:30 Yoga Class (PH) 10:00 Health & Wellness (PH) 10:00 Blood Pressure Checks (WR) 10:00 Timely Topics (C) 10:15 Golf Practice (L) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (B) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D) 1:00 Knitting Group (C)
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28	8:30 Yoga Class (PH) 10:00 Health & Wellness (PH) 10:00 Blood Pressure Checks (WR) 10:00 Timely Topics (C) 10:30 Senior Grocery Program (L) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (B) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D) 1:00 Knitting Group (C)
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Wednesday

1	8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Quilting Group (B) 9:00 Intermediate Recorder Practice (C) 10:30 Beginning Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 11:30 Angels Game Trip (L) 12:00 Lunch (DR) 12:00 Introduction Line Dancing (PH) 12:30 Mentally Sharp Class (D) 12:45 Ralphs/Rite Aid Shopping (L) 1:00 Beginning Line Dancing (PH) 2:00 Intermediate Line Dancing (PH)
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8	8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Intermediate Recorder Practice (C) 9:30 HICAP Counseling (WR) 10:30 Beginning Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Introduction Line Dancing (PH) 12:30 Mentally Sharp Class (D) 12:30 Afternoon Movie (DR) 1:00 Beginning Line Dancing (PH) 2:00 Intermediate Line Dancing (PH)
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15	8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Quilting Group (B) 9:00 Intermediate Recorder Practice (C) 9:30 HICAP Medicare Outreach (DR) 10:30 Beginning Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Introduction Line Dancing (PH) 12:30 Mentally Sharp Class (B) 12:30 Bible Study (C) 12:45 Albertsons/Trader Joe's Shopping (L) 1:00 Beginning Line Dancing (PH) 2:00 Intermediate Line Dancing (PH)
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22	8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Intermediate Recorder Practice (C) 9:30 HICAP Counseling (WR) 10:30 Beginning Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 11:00 Book Club (CY) 12:00 Lunch (DR) 12:00 Introduction Line Dancing (PH) 12:30 Mentally Sharp Class (D) 12:30 Afternoon Movie (DR) 1:00 Beginning Line Dancing (PH) 2:00 Intermediate Line Dancing (PH)
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29	8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Intermediate Recorder Practice (C) 10:30 Beginning Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Introduction Line Dancing (PH) 12:30 Mentally Sharp Class (D) 1:00 Beginning Line Dancing (PH) 2:00 Intermediate Line Dancing (PH)
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Thursday

2	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:30 Health & Wellness (PH) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 1:00 Beginning Ukulele (D)
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9	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:30 Health & Wellness (PH) 10:30 Mother's Day Trivia (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 1:00 Beginning Ukulele (D)
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16	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:00 Memory Screenings (WR) 9:30 Health & Wellness (PH) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 1:00 Beginning Ukulele (D)
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23	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:30 Health & Wellness (PH) 10:45 Loteria (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Legal Aid (WR) 12:30 Bingo (DR) 1:00 Beginning Ukulele (D)
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30	8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:30 Health & Wellness (PH) 10:45 Loteria (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 1:00 Beginning Ukulele (D)
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Friday

3	9:00 Longevity Stick Balance (PH) 10:30 Bingo w/ Lunch Ticket (DR) 11:30 Birthday Party (DR) 12:00 Special Friday Lunch (DR) 12:45 Bunco (DR) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
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10	9:00 Longevity Stick Balance (PH) 10:30 Mother's Day Party (DR) SOLD OUT! 12:45 Bunco (DR) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
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17	9:00 Longevity Stick Balance (PH) 10:30 Bingo w/ Lunch Ticket (DR) 12:00 Special Dollar Lunch (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
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24	9:00 Longevity Stick Balance (PH) 10:30 Bingo w/ Lunch Ticket (DR) 12:00 Special Dollar Lunch (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
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31	9:00 Longevity Stick Balance (PH) 10:30 Bingo w/ Lunch Ticket (DR) 12:00 Special Friday Lunch (DR) 12:45 Bunco (DR) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
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Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
	Voluntary Contribution - \$3.00 Meal Cost for Under Age 60 - \$5.00	Ground Turkey Bolognese Bow Tie Pasta Italian Veg Blend WW Dinner Roll w/Smart Balance Parmesan Cheese (1pk) Tropical Fruit Mix 1% Milk	Baked Tilapia Ranchera Sauce Mexican Rice Broccoli Tortilla SF Pudding Orange Juice 1% Milk	
6	7	8	9	10
Pork Chile Verde Verde Sauce Pinto Beans Peas & Carrots Tortilla Tropical Fruit Mix 1% Milk	Zuni Corn Soup w/ SF Crackers Poppy Seed Chicken Pasta Harvest Salad (Spring Mix, Cranberries, Almonds & Balsamic Dressing) WW Crackers (2pk) SF Fruited Gelatin 1% Milk	Spinach & Mushroom Quiche Roasted Potatoes Broccoli & Cauliflower WW Dinner Roll w/Smart Balance Canned Pears 1% Milk	Cubed Beef Stew Gravy Stew Veg Whole Baby Potatoes WW Bread w/Smart Balance Mandarin Orange 1% Milk	Special Friday Lunches are Listed on the Next Page
13	14	15	16	
Mexican Corn Soup w/SF Crackers Signature Chicken Salad Barley Mushroom Salad WW Dinner Roll w/Smart Balance Canned Peaches 1% Milk	Vegetable Lasagna 3-Way Tossed Salad Balsamic Dressing Broccoli & Cauliflower WW Crackers (2) SF Apple Crisp 1% Milk	Chinese Orange Chicken Orange Sauce Brown Rice Spinach SF Pudding Orange Juice 1% Milk	Pork Carnitas Bowl Tomato Cilantro Rice Fiesta Veg Mix Tortilla (1) Sour Cream (1pk) Seasonal Fresh Fruit 1% Milk	
20	21	22	23	
Vietnamese Caramel Pork Caramel Sauce Jasmine Rice Broccoli Tropical Fruit Mix 1% Milk	Turkey Pot Roast Brown Gravy Sweet Potatoes Collard Greens SF Fruited Gelatin 1% Milk	Macaroni & Cheese Diced Tomatoes Carrots Breadstick (1pk) SF Apple Crisp Orange-Pineapple Juice 1% Milk	Chicken Meatballs Sweet Citrus Glazed Mashed Potatoes Oriental Veg Blend WW Dinner Roll w/ Smart Balance Mandarin Orange 1% Milk	
27	28	29	30	
MEMORIAL DAY IN HONOR OF OUR HEROES	Diced Chicken Sweet & Sour Sauce Egg Noodles Oriental Veg Blend WW Dinner Roll w/ Smart Balance SF Fruited Gelatin 1% Milk	Split Pea Soup w/ SF Crackers Mexican Tuna Salad Sunshine Gelatin Salad WW Dinner Roll w/ Smart Balance Fresh Apple 1% Milk	Barbacoa Beef Cilantro Lime Rice Oregon Bean Medley Tortilla SF Custard Orange Juice 1% Milk	

the Dietary Guidelines for Americans (DGA) 2020-2025 & Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Human Services Agency & the U.S. Department of Agriculture. Meals on Wheels Orange County Lunch Program may change the menu for reasons of quality control, price, or vendor problems. This project is funded in parts through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% Milk served daily. indicates sodium content over 1,000 mg. * indicates a special event or Holiday and the menu MAY exceed 1,000 mg. Low Cholesterol, 0% trans-fat buttery spread served with bread & rolls. Weekly average lunch meal provides >550 calories. Please note condiments are not analyzed and may increase sodium.

www.MealsOnWheelsOC.org

Special Friday Lunches

MAY LUNCH TICKETS AVAILABLE
April 1 (Brea residents) & April 11 (non-residents)



Friday, May 3

Fish Tacos, Pinto Beans, Corn Medley, Mexican Salad, Fresh Fruit, Popsicle

*\$5 LUNCH

SOLD OUT! **Friday, May 10**
Mother's Day Party

Lasagna Primavera, Veggie Medley, Italian Salad, Garlic Bread, Chocolate Drizzled Strawberries

*\$6 LUNCH

Friday, May 17
Dollar Lunch Sponsored by Dwight Manley

Orange Chicken, Steamed Rice, Broccoli, Potstickers, Cookie

*\$1 LUNCH

Friday, May 24
Dollar Lunch Sponsored by Dwight Manley

Italian Sub Sandwich, Pasta Salad, Chips, Grapes, Italian Ice

*\$1 LUNCH

Friday, May 31

Fried Chicken, Mashed Potatoes with Gravy, Corn, Dinner Roll, Watermelon, Ice Cream Sandwich

*\$5 LUNCH

SPACE IS LIMITED. Lunch tickets are available for purchase one month in advance. Lunch service starts at **12 pm**. Friday lunches can be eaten in-person at the Senior Center or taken ***to-go for an added charge**. **Anyone under 60 will have an added charge of \$1.00.** Vegetarian options are available with advanced notice.

Save the Date...
JUNE LUNCH TICKETS AVAILABLE
May 1 (Brea residents) & May 11 (non-residents)

FRIENDSHIP

C L U R A M I G O A L Q P R R S U C A Z Z I H T G
 T R D X T D O A H M T N E W G E Z R L H Z J E C Z
 G D E W H N N Y C O M P O B N T T Z L K Q M T V C
 I I X W Y H I A W R L I P H M A F G Y H U P A A Q
 H N V Y P Y A V B E A H J Q S M C E Y H U F J L Z
 O A A V L S C P H Q Y S D W P F U J C F H J S U N
 E T S V A V J A P B N N G V Y U A B Z N L X F E G
 H O U Q P J K T V Y O I O T F U D M O P A I N H S
 N F L S F K R R Z B Q K S U R E W W C T W M C K P
 G D I A M G T O L T E I R B D T D Y C G F C O Z N
 H B R X E R T N O O P Q E R N U V I F L R M F R M
 P I M L U P U M G G V K N V B M C I F C M U M J U
 D R R S Q F I U S T R E T B A L W J R N G A G S T
 Y E T C J R Z I R X Z O R K D T G D Y Q O O C G B
 V T Z G U D H O B R K V A O Z G C N E T F C C Q L
 G Y L M T T P A O Z L F P I L C O A B A U O O A V
 V L E B Y P Y D D E W V D Q K R L C P Z R N C M C
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 S R D N D P B J Q G K T Z O K J C A K I Z R I N Z
 M A Y I O D M R A H C E E H B C T N G L F O S R A
 I D J I W F K R L P V I Y T O S P Y A E R D H B E
 W E S M P K Q D Y G O S M O Z G M M T F B R W J Z
 R D C T L D K V A P A R T Y O W K G B N C A Z W C

ALLY	FANCY
AMIGO	FRIENDS
AMITY	FUN
ARDOR	HAPPY
BAND	HELPER
BOND	KINSHIP
BUDDY	LOVE
CHARM	MATE
CHERISH	PAL
CHUM	PARTNER
COMPACT	PARTY
COMPANY	PATRON
COMRADE	RAPPORT
CONFIDE	ROMANCE
CREW	SMILE
CRONY	AMORE
DEAR	TRUST
DEVOTE	VALUE

Come by and learn...

The Brea Senior Center is open to all senior and pre-senior community members. Come by and learn more about the many programs, services and events available for you.

Hours: Mon-Fri / 8 a.m.-3 p.m.
Location: 500 S. Sievers Avenue, Brea, California 92821
Telephone: 714-990-7750
Website: www.BreaSeniorCenter.com
Facebook: [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)
Instagram: [instagram.com/breaseniorcenter/](https://www.instagram.com/breaseniorcenter/)

More details and information available online

