

What's Doin' at the Brea Senior Center

Happy Easter!



April 2024

Hours | Monday-Friday, 8 a.m.-3 p.m.

Announcements

Changes Coming to Friday Bingo and Dining Room Access!

Beginning May 1, Friday Bingo will become a ticketed event and dining room access will be closed off for Friday Lunch Ticketholders only. These changes must be made to create a more enjoyable and streamlined Friday experience. Don't worry, our classic bingo sessions Mon-Thurs will continue as usual, open to everyone!

OCTA Resource Table

Thu, April 4, 9:30-11:30 a.m.

Join us for a resource table to help you navigate the OCBus Transit systems including OC Access. OCTA partners will be here to provide information on public transportation options available to active seniors in our community. Find out how to get to doctor's appointments, grocery stores, social events, and more—all with the ease and convenience of our local transit system!



HICAP Preventative Services Presentation

Thu, April 18, 11-11:45 a.m.

Join HICAP to gain valuable insights into preventive healthcare services! This informative session will explore a wide range of free or low-cost preventive tests, exams, screenings, and educational resources available. Learn how these preventative measures can help detect health issues early and lower risks. HICAP provides free, unbiased services and does not sell or endorse insurance products.

By Council on Aging—Southern California

NOCE Classes Taking a Spring Break!

Monday, April 1

Just a friendly reminder that there will be no NOCE classes on April 1, due to spring recess. Classes will resume on Tuesday, April 2.

Travel Group

Springtime Soiree: Dress Up & Sip Tea!

**Wednesday, April 17
10:30 a.m.-2 p.m.**

Dress in your Spring best (fancy hats welcome!) and join us for a delightful high tea adventure! Step aboard the historic Brea Trolley and

travel in style to a Spring Tea Garden in Fullerton. \$35 admission includes round trip transportation and the Spring Tea Luncheon, a traditional afternoon tea with a variety of sweet and savory bites. Limited spots available! Don't miss out—reserve yours today.

Angels vs. Phillies: Catch the Brea City Trolley to a Game!



Wednesday, May 1, 12-5 p.m.

Catch the Angels take on the Phillies for just \$45! This unbeatable deal includes round-trip transportation on our classic city trolley, your ticket to the game, and a light snack to keep you fueled for all the baseball action. Limited spots available! Don't miss out—reserve yours soon. Tickets available April 1 (Brea residents) & April 11 (non-residents).

Yosemite May 6-8



Highlights: Chukchansi Gold Resort Casino, Yosemite National Park, Yosemite tram tour, Yosemite Village shops and restaurants. \$899 per person based on double occupancy.

Best of Florida: Key West, Miami, and Orlando
May 14-21

Highlights: Miami city and food tour, Kennedy Space Center, an airboat ride through Everglades National Park, Key West city tour, high speed train, and choice of Disney or Universal Park ticket. \$3,999 per person based on double occupancy.

Health Help

Free Nail Painting
1st & 3rd Monday of each month, 9-10 a.m.

Blood Pressure Checks
Tuesdays, 10 a.m.-12 p.m.

Senior Services

Case Management Services

Are you a senior living in Brea? Are you a caregiver for a loved one? Achieve successful aging through advocacy, assessment, facilitation, and resource management. Eligibility to be a Case Management client: Brea resident, 60+ years of age, and client consent. Call 714-990-7750 for more info.

Medicare & Health Insurance Assistance



2nd & 4th Wednesday of each month, 9:30-11:30 a.m.

Benefits anyone who has questions or needs assistance regarding Medicare, HMO's and secondary and long-term care insurance.

Appointment Required
By Health Insurance Counseling and Advocacy Program

Legal Aid (Wellness Room)
4th Thursday of each month, 12:30-2 p.m.



Appointments are available with representatives from Legal Aid Society of Orange County for Orange County 60+ seniors.
By Community Legal Aid SoCal

Senior Center Gift Shop
Open Monday through Friday

Quality items available at bargain prices including: jewelry, home decorations, glassware, and assorted handcrafted items. Donated items accepted during business hours.

Senior Grocery Program
2nd & 4th Tuesday of each month, 10:30-11:30 a.m.

Pick up a selection of fresh produce, dairy products, and shelf-stable dry goods, while supplies last. Bring your own grocery bags!
By Second Harvest Food Bank

Shopping Trips!

Mondays, 12:45 p.m.
1st & 3rd Wed, 12:45 p.m.



Free transportation for Brea residents to Walmart, Ralphs, Rite Aid, Albertsons, and Trader Joe's. Shopping trips limited to one hour. Call 714-990-7754 to register.

Senior Van Service
Tue-Fri, 9 a.m.-1 p.m.

For \$2 per one-way, go to essential errands or appointments within 5 miles of your home (within OC). Eligibility includes 60+ years of age and Brea residency. Application required, as well as submitting your ride request 3 business days in advance. Service days and hours of operation are subject to change. Call 714-990-7750 for more information.

Fitness

Better Balance with Dan
(No class on 4/1)
Mondays, 10-11:50 a.m.

Registration Required. Please call 714-808-4679 to register.
By NOCE

Health & Wellness w/ Eunice
Tuesdays, 10-11:50 a.m.
Thursdays, 9:30-11:30 a.m.

Registration Required Please call 714-808-4679 to register.
By NOCE

Line Dancing Class
(No Introduction Class on 4/10)
Wednesdays, 12-3 p.m.

Introduction: 12-1 p.m.
Beginning: 1-2 p.m.
Intermediate: 2-3 p.m.



Longevity Stick Balance Class
Mondays (ZOOM only)
Wednesdays & Fridays, 9-10 a.m.

Table Tennis
Every Tue & Thu, 12:30-3:30 p.m.
Resident Quarterly Fee: \$20
Non-Resident Quarterly Fee: \$30

Tai Chi for Every Body
Mon, 10-11:30 a.m. (ZOOM only)
Tue & Fri, 1-3 p.m. (ZOOM only)

Tai Chi 42 (Courtyard)
Wednesdays, 8:30-10 a.m.

Yoga Class
Tuesdays, 8:30-9:30 a.m.
Thursdays, 8:30-9:15 a.m.



Join us for a yoga class for any level of experience. Bring your own mat.

Zumba® Gold
Mondays, 12-1 p.m.
Wednesdays, 10:30-11:30 a.m.

Classes

Painting for Older Adults Class
Tuesdays, 1-2:50 p.m.



Registration required. Please call 714-808-4679 to register.
By NOCE

Staying Mentally Sharp for Older Adults Class
Wednesdays, 12:30-2:20 p.m.

This course provides older adults with the tools to reach their optimum levels of brainpower through skill-building with memory techniques. Registration required. Please call 714-808-4679 to register.
By NOCE

Recorder Music Practice
Wednesdays
Intermediate: 9-10:30 a.m.
Beginning: 10:30-11:30 a.m.

Creative Arts for Older Adults Class
Thursdays, 9-11:50 a.m.

This class encourages art appreciation, self-expression, and creativity through a variety of art media. Registration required. Please call 714-808-4679 to register.
By NOCE

Beginning Ukulele Class
Thursdays, 1-2:30 p.m.

Students will need to purchase a Ukulele, music stand, tuner, and a book "Essential Elements for Ukulele Book 1" published by Hal Leonard Corp. No registration required.

Gatherings

Afternoons at the Movies
Wed, April 10: "Priscilla"
(2023) R

When teenage Priscilla Beaulieu meets Elvis Presley at a party, the man who is already a meteoric rock 'n' roll superstar becomes someone entirely unexpected in private moments: a thrilling crush, an ally in loneliness and a vulnerable best friend.

Wed, April 24: "Wonka" (2023)
PG-13

Armed with nothing but a hatful of dreams, young chocolatier Willy Wonka manages to change the world, one delectable bite at a time.

Bible Study (Room C)
3rd Wednesday of each month
12:30-1:30 p.m.
By Cause Church Senior Ministry



Bingo! (Dining Room)
Mondays & Wednesdays,
10:30-11:30 a.m.
Thursdays, 12:30-1:30 p.m.
Fridays, 10:30-11:30 a.m.

Birthday Party
Friday, April 12, 11:30 a.m.
By Cause Church Senior Ministry

Book Club (Courtyard)
4th Wednesday of each month
11-11:30 a.m.
By the Brea Public Library

Bunco Group
Every Tue & Fri, 12:45-2 p.m.

Crochet Group (Room C)
Mondays, 10 a.m.-12 p.m.

Golf Practice
1st & 3rd Tuesday of each month, 10:15-11:45 a.m.

Hooks and Needles—Knitting Group
3rd and 4th Tuesday of each month, 1-3 p.m.



Loose Threads—Quilting Group (Room B)
1st and 3rd Wednesday of each month, 9 a.m.-12 p.m.

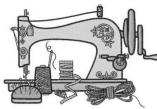
Lotería
Select Thu, 10:45-11:45 a.m.

Two Parties for this Month—ALL SOLD OUT!

Easter Party
Fri, Apr 5, 10:30 a.m.-12:30 p.m.
By Dwight Manley & SCAN Health Plan

Volunteer Recognition Party
Fri, Apr 26, 10:30 a.m.-12:30 p.m.
By Dwight Manley

Sewing & Embroidery Group
Thursdays, 9 a.m.-3 p.m.



Bring your own sewing machine. Knowledge of sewing required.

Sing-a-Long Group (Room C)
Fridays, 1-2 p.m.

Timely Topics (Room C)
Tuesdays, 10-11 a.m.

Veterans Club (Room B)
Mondays, 11-11:45 a.m.
(No meeting 4/29)

April Activities

Monday Tuesday Wednesday Thursday Friday

FAMOUS QUOTE
“Where flowers bloom, so does hope.”
LADY BIRD JOHNSON

APRIL IS NATIONAL VOLUNTEER MONTH

1 April Fools’ Day
7 National Beer Day
14 National Pecan Day
15 Tax Day
22 Earth Day
24 Administrative Professionals Day

BIRTHSTONE
Diamond

FLOWERS
Daisy and Sweet Pea

1 9:00 Longevity Stick Balance (ZOOM) 9:00 Nail Painting (WR) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Crochet Group (C) 10:30 Bingo (DR) 11:00 Veterans Club (B) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L)	2 8:30 Yoga Class (PH) 10:00 Health & Wellness (PH) 10:00 Blood Pressure Checks (WR) 10:00 Timely Topics (C) 10:15 Golf Practice (L) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 AARP Tax Prep (B & C) 12:45 Bunco (DR) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D)
8 9:00 Longevity Stick Balance (ZOOM) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Better Balance (PH) 10:00 Crochet Group (C) 10:30 Bingo (DR) 11:00 Veterans Club (B) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L)	9 8:30 Yoga Class (PH) 10:00 Health & Wellness (PH) 10:00 Blood Pressure Checks (WR) 10:00 Timely Topics (C) 10:30 Senior Grocery Program (L) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 AARP Tax Prep (B & C) 12:45 Bunco (DR) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D)
15 9:00 Longevity Stick Balance (ZOOM) 9:00 Nail Painting (WR) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Better Balance (PH) 10:00 Crochet Group (C) 10:30 Bingo (DR) 11:00 Veterans Club (B) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L)	16 8:30 Yoga Class (PH) 10:00 Health & Wellness (PH) 10:00 Blood Pressure Checks (WR) 10:00 Timely Topics (C) 10:15 Golf Practice (L) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (B) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D) 1:00 Knitting Group (C)
22 9:00 Longevity Stick Balance (ZOOM) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Better Balance (PH) 10:00 Crochet Group (C) 10:30 Bingo (DR) 11:00 Veterans Club (B) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L) 1:00 It’s Your Money (DR)	23 8:30 Yoga Class (PH) 10:00 Health & Wellness (PH) 10:00 Blood Pressure Checks (WR) 10:00 Timely Topics (C) 10:30 Senior Grocery Program (L) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (B) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D) 1:00 Knitting Group (C)
29 9:00 Longevity Stick Balance (ZOOM) 10:00 Tai Chi for Every Body (ZOOM) 10:00 Better Balance (PH) 10:00 Crochet Group (C) 10:30 Bingo (DR) 12:00 Lunch (DR) 12:00 Zumba Gold (PH) 12:45 Walmart Shopping (L) 1:00 It’s Your Money (DR)	30 8:30 Yoga Class (PH) 10:00 Health & Wellness (PH) 10:00 Blood Pressure Checks (WR) 10:00 Timely Topics (C) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:45 Bunco (B) 1:00 Tai Chi for Every Body (ZOOM) 1:00 Painting for Older Adults (D)

3 8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Quilting Group (B) 9:00 Intermediate Recorder Practice (C) 10:30 Beginning Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Introduction Line Dancing (PH) 12:30 Mentally Sharp Class (B) 12:45 Ralphs/Rite Aid Shopping (L) 1:00 Beginning Line Dancing (PH) 2:00 Intermediate Line Dancing (PH)	4 8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:30 Health & Wellness (PH) 9:30 OCTA Resource Tabe (L) 10:45 Lotería (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 1:00 Beginning Ukulele (D)	5 9:00 Longevity Stick Balance (PH) 10:30 Bingo (DR) 10:30 Easter Party (DR) SOLD OUT! 12:45 Bunco (DR) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
10 8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Intermediate Recorder Practice (C) 9:30 HICAP Counseling (WR) 10:30 Beginning Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:30 Mentally Sharp Class (B) 12:30 Afternoon Movie (DR) 1:00 Beginning Line Dancing (PH) 2:00 Intermediate Line Dancing (PH)	11 8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:30 Health & Wellness (PH) 10:45 Lotería (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 1:00 Beginning Ukulele (D)	12 9:00 Longevity Stick Balance (PH) 10:30 Bingo (DR) 11:30 Birthday Party (DR) 12:00 Special Dollar Lunch (DR) 12:45 Bunco (DR) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
17 8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Quilting Group (B) 9:00 Intermediate Recorder Practice (C) 10:15 Spring Tea Trip (L) 10:30 Beginning Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Introduction Line Dancing (PH) 12:30 Mentally Sharp Class (B) 12:30 Bible Study (C) 12:45 Albertsons/Trader Joe’s Shopping (L) 1:00 Beginning Line Dancing (PH) 2:00 Intermediate Line Dancing (PH)	18 8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:30 Health & Wellness (PH) 11:00 HICAP Presentation (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 1:00 Beginning Ukulele (D)	19 9:00 Longevity Stick Balance (PH) 10:30 Bingo (DR) 12:00 Special Dollar Lunch (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
24 8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Intermediate Recorder Practice (C) 9:30 HICAP Counseling (WR) 10:30 Beginning Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 11:00 Book Club (CY) 12:00 Lunch (DR) 12:00 Introduction Line Dancing (PH) 12:30 Mentally Sharp Class (B) 12:30 Afternoon Movie (DR) 1:00 Beginning Line Dancing (PH) 2:00 Intermediate Line Dancing (PH)	25 8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:30 Health & Wellness (PH) 10:45 Lotería (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Legal Aid (WR) 12:30 Bingo (DR) 1:00 Beginning Ukulele (D)	26 9:00 Longevity Stick Balance (PH) 10:30 Bingo (DR) 10:30 Volunteer Recognition Party (DR) SOLD OUT 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
All programs and activities subject to change and cancellation without prior notice.		A - Room A B - Room B C - Room C CR - Computer Room CY - Courtyard D - Room D DR - Dining Room L - Lobby Area LIB - Library PH - Pioneer Hall PHCR - PH Conference Room WR - Wellness Room



Monday	Tuesday	Wednesday	Thursday	Friday
1 Mexican Corn Soup w/SF Crackers Signature Chicken Salad Barley Mushroom Salad WW Dinner Roll w/Smart Balance Canned Peaches 1% Milk	2 Vegetable Lasagna 3-Way Tossed Salad Balsamic Dressing Broccoli & Cauliflower WW Crackers (2) SF Apple Crisp 1% Milk	3 Chinese Orange Chicken Orange Sauce Brown Rice Spinach SF Pudding Orange Juice 1% Milk	4 Pork Carnitas Bowl Tomato Cilantro Rice Fiesta Veg Mix Tortilla (1) Sour Cream (1pk) Seasonal Fresh Fruit 1% Milk	5
8 Vietnamese Caramel Pork Caramel Sauce Jasmine Rice Broccoli Tropical Fruit Mix 1% Milk	9 Turkey Pot Roast Brown Gravy Sweet Potatoes Collard Greens SF Fruited Gelatin 1% Milk	10 Macaroni & Cheese Diced Tomatoes Carrots Breadstick (1pk) SF Apple Crisp Orange-Pineapple Juice 1% Milk	11 Chicken Meatballs Sweet Citrus Glazed Mashed Potatoes Oriental Veg Blend WW Dinner Roll w/ Smart Balance Mandarin Orange 1% Milk	Special Friday Lunches are Listed on the Next Page
15 Chicken Breast Parmesan & Sundried Tomato Sauce Tri-Color Pasta Mixed Veg Blend WW Dinner Roll w/ Smart Balance Mandarin Orange 1% Milk	16 Barbacoa Beef Cilantro Lime Rice Oregon Bean Medley Tortilla SF Custard Orange Juice 1% Milk	17 Split Pea Soup w/ SF Crackers Mexican Tuna Salad Sunshine Gelatin Salad WW Dinner Roll w/ Smart Balance Fresh Apple 1% Milk	18 Diced Chicken Sweet & Sour Sauce Egg Noodles Oriental Veg Blend WW Dinner Roll w/ Smart Balance SF Fruited Gelatin 1% Milk	
22 Chicken Torta Sandwich (Shredded Chicken, Pinto Beans, Shredded Lettuce, Diced Tomatoes) Mayonnaise (1pk) Telera Roll Tropical Fruit Mix 1% Milk	23 Beef Cheeseburger Swiss Cheese Potato Salad Shredded Lettuce, Tomato & Red Onion WG Hamburger Bun Mayo, Mustard & Ketchup SF Fruited Gelatin 1% Milk	24 Moroccan Lentil Veg. Soup w/ SF Crackers Veggie Egg Salad Barley Mushroom Salad WW Mini Blueberry Muffin w/ Smart Balance Diet Pear Crisp 1% Milk	25 Braised Cubed Beef Burgundy Sauce Sweet Potatoes Green Beans WW Dinner Roll w/ Smart Balance Seasonal Fresh Fruit 1% Milk	
29 Cream of Spinach Soup w/ SF Crackers Tarragon Chicken Salad w/ Yogurt Dressing Lemony Orzo Salad Mandarin Orange 1% Milk	30 Mexican Beef Cocido Cubed Beef Beef Broth Vegetable Mix Tortilla Salsa Victoria (1pk) SF Fruited Gelatin 1% Milk	Voluntary Contribution - \$3.00 Meal Cost for Under Age 60 - \$5.00		
All meals comply with the Dietary Guidelines for Americans (DGA) 2020-2025 & Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Human Services Agency & the U.S. Department of Agriculture. Meals on Wheels Orange County Lunch Program may change the menu for reasons of quality control, price, or vendor problems. This project is funded in parts through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% Milk served daily.  indicates sodium content over 1,000 mg. * indicates a special event or Holiday and the menu MAY exceed 1,000 mg. Low Cholesterol, 0% trans-fat buttery spread served with bread & rolls. Weekly average lunch meal provides >550 calories. Please note condiments are not analyzed and may increase sodium. www.MealsOnWheelsOC.org				

Special Friday Lunches

APRIL LUNCH TICKETS AVAILABLE
 March 1 (Brea residents) & March 12 (non-residents)



Friday, April 5
Easter Party
 Honey Glazed Ham, Sweet Potato Casserole, Green Bean Almondine, Fresh Fruit, Dinner Roll, Honey Mustard Salad, Carrot Cake

SOLD OUT!
 *\$6 LUNCH

Friday, April 12
Dollar Lunch Sponsored by Dwight Manley
 Chicken Fajitas with Guacamole, Spanish Rice, Pinto Beans, Mexican Salad, Churro with a Chocolate Drizzle

*\$1 LUNCH

Friday, April 19
Dollar Lunch Sponsored by Dwight Manley
 Loaded Baked Potato with Beef Chili and Cheese, Garden Salad, Apples and Caramel, Madeline Cookie

*\$1 LUNCH

Friday, April 26
Volunteer Recognition Party
 BBQ Ribs, Baked Beans, Potato Salad, Corn and Peppers, Watermelon, Texas Toast, Red Velvet Cake with Cream Cheese Frosting

SOLD OUT!
 *\$6 LUNCH

SPACE IS LIMITED. Lunch tickets are available for purchase one month in advance. Lunch service starts at 12 pm. Friday lunches can be eaten in-person at the Senior Center or taken ***to-go for an added charge. Anyone under 60 will have an added charge of \$1.00.** Vegetarian options are available with advanced notice.

Save the Date...
MAY LUNCH TICKETS AVAILABLE
 April 1 (Brea residents) & April 11 (non-residents)

APRIL FOOLS DAY

A S C F I N I S T W S M F H O L T S Z X O U T C N E V E N H R U
 U Q A L G W J R W K A B S U R D A T N O H R T C E F B P Q B D H
 F J M I B M A S J K Y W K R J Q Q O S Y Z C B Q C R Q I Z N Z G
 L F E O K G I G G L E C L H Z H C O K P D F I V A I B N E C X R
 T F U U Q Z J S L T I V T L A E O G X S O J I O Z I E T J A M D
 D B E G B I E I L R O G E T Z R G E V L O O G C E E E H O Q C K
 X V J U Y C S W T E Y N A R M L O Z L E O S F R M R D H Q F J F
 K V E N F F Y T H U A T S M G Y O Y B S U H B D P G S K F U G I
 Q I E Y Z N F V Q P N D E C B A N T E R P H H F P M L Y J Z P E
 N E V H M L K U N Q Y O V F O O L Q A U U A P P E A H A B E O G
 D U G Y D U G C L T U S P B Y K L I O P O B H V N R R Z E E D Z
 E U L F R H C Z I B N F S E N Y V O P C T K H T K F G C L O O D
 W H K O Z O A V G L F Z E C N U D R A B D V I X Z T G F P I J G
 O N M S H N E M J H L B Z K A L A P R C I C N D Y W X N L E P G
 E Y T D Y L M H B C D O I J V N E S R T S V F M S P D U T G K R
 K A T H K D E D N U J M R S K R T F J T R P E I Q H J C S W M Y
 O W H C E E S I H M F R P V C C X O U E Q K W H S C L N E C A F
 J A L Z J N D D P G S L B R G K W J A C D E Z W X R S D J U M W
 I N F Y B T F R E P U D W I L F E P P G R N Z S W G L Y D B Q D
 Q O D S L O R W N M U A D X R Z J R D E P H O O K I I E V M A Q
 K Q K M D I W E L H O N L S V V E X J A X V G N K A Z U B B O W
 D J K Q F N N C V U R G G R U S G P J P F I B B S P J E Q A K I
 S T P P C J O Z G E E H K Z N H S W U V A T L J R B U U U K S Y
 A S W O M J L T V H L E Z A N O P B Y P T R R I M C J X V G Y B
 D K S R R C W L W A I H H W H T L R L R Q G D Q Z H G P S C U K
 R D R W U N B N I N C C O V D N E I W W I S T U N T W T W R E O
 U W P C D B Q J U U C L X N T A L U Y L J G V T C H U W U S C K
 K X I H Y W H K Y W C L P O L R P W V Q H Q Q N W B E D Y B F N

ABSURD	JOSH
ANTICS	LAUGH
BANTER	LEVITY
BLUFF	MISLEAD
CAPER	PRANK
CLOWN	PRETEND
DUNCE	REVEL
DUPE	ROLICK
FEIGN	SILLY
FOLLY	SPOOF
FOOL	STOOGES
GAMBOL	STUNT
GIGGLE	TEASE
HOAX	TRICK
JEST	WHIM
JOKE	ZANY

Come by and learn...

The Brea Senior Center is open to all senior and pre-senior community members. Come by and learn more about the many programs, services and events available for you.

Hours: Mon-Fri / 8 a.m.-3 p.m.

Location: 500 S. Sievers Avenue, Brea, California 92821

Telephone: 714-990-7750

Website: www.BreaSeniorCenter.com

Facebook: [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)

Instagram: [instagram.com/breaseniorcenter/](https://www.instagram.com/breaseniorcenter/)

More details and information available online

