

Jennifer Scrofini

INSTRUCTOR

EDUCATION & CERTIFICATIONS:

- Associate of Arts Degree in Child Development
- Bachelor of Arts Degree in Psychology
- Multiple Subject Teaching Credential

Certifications:

- AFAA-certified fitness instructor
- Cycle certified
- Aqua aerobics certified
- TRX certified
- 1st degree black belt in Shaolin Kung-Fu



ACHIEVEMENTS:

- Elementary school teacher for 26 years
- Fitness instructor for 30 years
- Married for 26 years

HOBBIES:

- Video Games
- Reading
- Karaoke with family

PHILOSOPHY:

“Fake it till you make it”.

BREA
FITNESS