

Andrea McGranahan

INSTRUCTOR/PERSONAL TRAINER

EDUCATION & CERTIFICATIONS:

- Bachelor of Science in Physical Education from California State University, Fullerton
- Master of Science in Exercise Physiology

Certifications:

- Barre, Cycle, Pumped-Up Strength, and TRX



ACHIEVEMENTS:

In college ran track and continues to be an avid exerciser.

HOBBIES:

- Weight Training
- Bike Riding
- Crafting

PHILOSOPHY:

“Keep moving forward”.

BREA
FITNESS