

# What's Doin' at the Brea Senior Center

## Happy Halloween!



### October 2023

Hours | Monday-Friday, 8 a.m.-3 p.m.

## Announcements

**Halloween Fall Carnival**  
Tuesday, October 31  
10:30 a.m.-12:30 p.m.

All participants are welcome to join us in the courtyard to play fun carnival games for a chance to win candy, raffle prizes, and a free lunch!  
**By CarePatrol of North OC**

**"It's Your Estate" 6-week Financial Literacy Workshop Series**  
Mondays, Oct 2-Nov 6  
1-3 p.m.



This free series is designed to prevent financial abuse by educating seniors to take control of their financial and estate decisions. Lessons include estate planning, living trusts, tax planning, retirement account planning, and more. NO sales pitches or solicitations will take place. Call the front desk to register.  
**By Financial & Estate Literacy**

**"The Legal Rights of Older Adults" Presentation**  
Thursday, Oct 19, 11-11:45 a.m.

Learn about laws that protect older adults, who/what is protected, financial abuse red flags, how to report abuse, and how to financially plan for incapacity.

**By Council on Aging—Senior Protection Program**



**"Medicare: What's New for 2024" Workshop**  
Thu, Oct 26, 10:30-11:30 a.m.

Learn about upcoming changes to Medicare and how those changes may impact you. Know all your options to ensure your healthcare coverage best meets your needs.

**By Council on Aging—HICAP**

**NEW! Painting for Older Adults Class**  
Tuesdays, 1-2:50 p.m.

This class offers older adults an individualized approach to learning painting at their own pace and within their interest and style. Older adults will learn techniques in drawing, brush strokes, and color mixing and application. Please call 714-808-4679 to register.

**Registration Required By NOCE**

**NEW! Beginning Ukulele Class**

Thursdays, 1-2:30 p.m.

A beginning ukulele class with emphasis on learning basic chords and strums. Students will need to purchase a ukulele, music stand, tuner, and a book "Essential Elements for Ukulele Book 1" published by Hal Leonard Corp. No registration required.



**Halloween Party**  
Fri, Oct 27, 10:30 a.m.-12:30 p.m.

Join us for a delicious fall lunch, live entertainment by "Tony O'Dell Rogers," and a chance to win valuable raffle prizes! \$5 per ticket for 60+, \$6 for those under 60. Remember to wear your best costume to participate in our costume contest!

**Sponsored by Dwight Manley & Alpa Maniar Insurance**

**NEW! Lotería**  
Selected Thu, 10:45-11:45 a.m.

A traditional game of chance, Lotería—the Spanish word for lottery—is often referred to as Mexican bingo, where illustrated cards are pulled to try to find a winner. Cash prizes given!

## Travel Group

### Harrah's Casino

Wed, Nov 8, 8 a.m.-4 p.m.

Take a charter bus with us to Harrah's Resort Casino in Valley Center. Includes roundtrip transportation from the Senior Center and a light snack. Lunch is not included and must be purchased at the casino. \$20 per person.

### Hearst Castle at Christmas Time December 17-19



Highlights: Downtown Santa Barbara, Paso Robles, an enchanted Holiday Twilight Tour of Hearst Castle, Cambria Christmas Market, Solvang, and San Simeon. \$799 per person, based on double occupancy.

**By Friendly Excursions**

### New Year's Celebration: San Francisco Dec 29, 2023-Jan 2, 2024

Highlights: San Francisco city tour, Fisherman's Wharf & Pier 39, Golden Gate Park, Ghirardelli Square, Monterey, Monterey Bay Aquarium, Carmel, 2 wine tastings in Napa & Sonoma Valley. \$2,699 per person, based on double occupancy.

**By Friendly Excursions**

## Health Help

**Blood Pressure Checks  
Tuesdays, 10 a.m.-12 p.m.**



## Senior Services

### Case Management Services

Are you a senior living in Brea? Are you a caregiver for a loved one? Achieve successful aging through advocacy, assessment, facilitation, and resource management. Eligibility to be a Case Management client: Brea resident, 60+ years of age, and client consent. Call 714-990-7750 for more info.

### Medicare & Health Insurance Assistance 2nd & 4th Wednesday of each month, 9:30-11:30 a.m.

This service benefits anyone who has questions or needs assistance regarding Medicare, HMO's and secondary and long-term care insurance.

### Appointment Required By Health Insurance Counseling and Advocacy Program

### Legal Aid (Wellness Room) 4th Thursday of each month, 12:30-2 p.m.

Appointments are available with representatives from Legal Aid Society of Orange County for seniors 60+, who reside in Orange County.

### By Community Legal Aid SoCal

### Senior Center Gift Shop Monday-Friday, 8:30-11:30 a.m.

Large assortment of quality items available at bargain prices including: jewelry, home decorations, glassware, and assorted handcrafted items. Donated items gratefully accepted during business hours.

### Senior Grocery Program 2nd & 4th Tue of each month 10:30-11:30 a.m.

Twice a month, pick up a selection of fresh produce, dairy products, and shelf-stable dry goods. Please bring your own grocery bags!

### By Second Harvest Food Bank

### Shopping Trips!

Every Monday, 12:45 p.m.  
1st & 3rd Wed, 12:45 p.m.



Free transportation for Brea residents to Walmart, Ralphs, Rite Aid, Albertsons, and Trader Joe's. Shopping trips limited to one hour. Call 714-990-7754 to register.

### Senior Van Service Tue-Fri, 9 a.m.-1 p.m.

For \$2 per one-way, go to essential errands or appointments within 5 miles of your home (within OC). Eligibility includes 60+ years of age and Brea residency. Application required, as well as submitting your ride request 3 business days in advance. Service days and hours of operation are subject to change. Call 714-990-7750 for more information.

## Fitness

### Better Balance with Dan Mondays, 10-11:50 a.m.

Specifically designed to improve movement and balance control.

### By Older Adults Program

### Health & Wellness w/ Eunice Tuesdays, 10-11:50 a.m. Thursdays, 9:30-11:30 a.m. By Older Adults Program

### Line Dancing Class Wednesdays, 12-3 p.m. Introduction: 12-1 p.m. Beginning: 1-2 p.m. Intermediate: 2-3 p.m.



### Longevity Stick Balance Class Mondays (ZOOM only), Wednesdays & Fridays, 9-10 a.m.

Designed to improve balance, flexibility, strength, mental focus, breathing capacity and vitality.

### Table Tennis Every Tue & Thu, 12:30-3:30 p.m. Resident Quarterly Fee: \$20 Non-Resident Quarterly Fee: \$30

### Tai Chi for Every Body Mon, 10-11:30 a.m. (ZOOM only) Tue & Fri, 1-3 p.m. (ZOOM only)

### Tai Chi 42 (Courtyard) Wednesdays, 8:30-10 a.m.

### Yoga Class Tuesdays, 8:30-9:30 a.m. Thursdays, 8:30-9:15 a.m.



Join us for a yoga class for any level of experience. Bring your own mat.

### Zumba® Gold Mondays, 12-1 p.m. Wednesdays, 10:30-11:30 a.m.

## Classes

### NEW! Recorder Music Practice Wednesdays Intermediate: 9-10:30 a.m. Beginning: 10:30-11:30 a.m.

Learn how to play the recorder, a woodwind instrument similar to a flute. The ability to read music is a plus, but not necessary.

## Gatherings

### Afternoons at the Movies Wed, Oct 11: "Book Club: The Next Chapter" (2023) PG-13

This highly anticipated sequel follows four female best friends as they take their book club to Italy for the fun girls trip they never had. Starring Diane Keaton and Jane Fonda.

### Wed, Sept 25: "The Haunted Mansion" (2023) PG-13

Inspired by the classic theme park attraction, "Haunted Mansion" is about a woman and her son who enlist a motley crew of so-called spiritual experts to help rid their home of supernatural squatters. Starring Danny DeVito and Jared Leto.

### Bible Study (Room B) 3rd Wednesday of each month 12:30-1:30 p.m. By Cause Church Senior Ministry

### Bingo! (Dining Room) Mondays, Wednesdays, and Fridays, 10:30-11:30 a.m. Thursdays, 12:30-1:30 p.m.

### Birthday Party Friday, Oct 13, 11:30 a.m. By Cause Church Senior Ministry

### Book Club (Courtyard) 4th Wednesday of each month 11-11:30 a.m.



Discuss the book and pick up next month's book selection in the Senior Center courtyard.  
**By the Brea Public Library**

### Bunco Group (Room B) Every Tue & Fri, 12:45-2:30 p.m.

### Crochet Group (Room C) Mondays, 10 a.m.-12 p.m.

### Golf Practice 1st & 3rd Tuesdays of each month 10:15-11:45 a.m.



Improve your golf game with a trip to a local golf course practice range! Meet in the lobby for a ride over to Brea Creek Golf Course together.

### Hooks and Needles— Knitting Group 3rd and 4th Tuesday of each month, 1-3 p.m.

Create hand-made hats, booties, sweaters, and blankets to newborn babies nationwide.

### Loose Threads—Quilting Group (Room B) 1st and 3rd Wednesday of each month, 9 a.m.-12 p.m.

### Sewing & Embroidery Group Thursdays, 9 a.m.-3 p.m.



Bring your own sewing machine and projects you're working on. Basic knowledge of sewing required.

### Sing-a-Long Group (Room C) Fridays, 1-2 p.m.

### Timely Topics (Room C) Tuesdays, 10-11 a.m.

### Veterans Club (Room B) Mondays, 11-11:45 a.m.

Spouses are also welcome to share their memories.

# October Activities

## FAMOUS QUOTE

“We don't stop playing because we grow old; we grow old because we stop playing.”

GEORGE BERNARD SHAW

## OCTOBER IS BREAST CANCER AWARENESS MONTH

- 1 International Coffee Day
- 5 World Teachers Day
- 10 Mental Health Day
- 16 Boss's Day
- 25 Brea Senior Center's Anniversary
- 26 National Pumpkin Day

## BIRTHSTONE

Opal and Tourmaline

## FLOWERS

Calendula (Marigold)

## Monday

**2**  
9:00 Longevity Stick Balance (ZOOM)  
10:00 Better Balance (PH)  
10:00 Tai Chi for Every Body (ZOOM)  
10:00 Crochet Group (C)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Lunch (DR)  
12:00 Zumba Gold (PH)  
12:45 Walmart Shopping (L)  
1:00 It's Your Estate (DR)

**9**  
9:00 Longevity Stick Balance (ZOOM)  
10:00 Better Balance (PH)  
10:00 Tai Chi for Every Body (ZOOM)  
10:00 Crochet Group (C)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Lunch (DR)  
12:00 Zumba Gold (PH)  
12:45 Walmart Shopping (L)  
1:00 It's Your Estate (DR)

**16**  
9:00 Longevity Stick Balance (ZOOM)  
10:00 Better Balance (PH)  
10:00 Tai Chi for Every Body (ZOOM)  
10:00 Crochet Group (C)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Lunch (DR)  
12:00 Zumba Gold (PH)  
12:45 Walmart Shopping (L)  
1:00 It's Your Estate (DR)

**23**  
9:00 Longevity Stick Balance (ZOOM)  
10:00 Better Balance (PH)  
10:00 Tai Chi for Every Body (ZOOM)  
10:00 Crochet Group (C)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Lunch (DR)  
12:00 Zumba Gold (PH)  
12:45 Walmart Shopping (L)  
1:00 It's Your Estate (DR)

**30**  
9:00 Longevity Stick Balance (ZOOM)  
10:00 Better Balance (PH)  
10:00 Tai Chi for Every Body (ZOOM)  
10:00 Crochet Group (C)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Lunch (DR)  
12:00 Zumba Gold (PH)  
12:45 Walmart Shopping (L)  
1:00 It's Your Estate (DR)

## Tuesday

**3**  
8:30 Yoga Class (PH)  
10:00 Health & Wellness (PH)  
10:00 Timely Topics (C)  
10:00 Blood Pressure (WR)  
10:15 Golf Practice (L)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bunco (DR)  
1:00 Tai Chi for Every Body (ZOOM)  
1:00 Painting for Older Adults (DR)

**10**  
8:30 Yoga Class (PH)  
10:00 Health & Wellness (PH)  
10:00 Timely Topics (C)  
10:00 Blood Pressure (WR)  
10:30 Senior Grocery Program (L)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bunco (DR)  
1:00 Tai Chi for Every Body (ZOOM)  
1:00 Painting for Older Adults (DR)

**17**  
8:30 Yoga Class (PH)  
10:00 Health & Wellness (PH)  
10:00 Timely Topics (C)  
10:00 Blood Pressure (WR)  
10:15 Golf Practice (L)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bunco (DR)  
1:00 Tai Chi for Every Body (ZOOM)  
1:00 Painting for Older Adults (DR)  
1:00 Knitting Group (C)

**24**  
8:30 Yoga Class (PH)  
10:00 Health & Wellness (PH)  
10:00 Timely Topics (C)  
10:00 Blood Pressure (WR)  
10:30 Senior Grocery Program (L)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bunco (B)  
1:00 Tai Chi for Every Body (ZOOM)  
1:00 Painting for Older Adults (DR)  
1:00 Knitting Group (C)

**31**  
8:30 Yoga Class (PH)  
10:00 Health & Wellness (PH)  
10:00 Timely Topics (C)  
10:00 Blood Pressure (WR)  
10:30 Halloween Fall Carnival (CY)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bunco (B)  
1:00 Tai Chi for Every Body (ZOOM)  
1:00 Painting for Older Adults (DR)

## Wednesday

**4**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
9:00 Quilting Group (B)  
9:00 Intermediate Recorder Practice (C)  
10:30 Beginning Recorder Practice (C)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
12:00 Lunch (DR)  
12:00 Intro to Line Dancing (PH)  
12:45 Ralphs/Rite Aid Shopping (L)  
1:00 Beginning Line Dancing (PH)  
2:00 Intermediate Line Dancing (PH)

**11**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
9:00 Intermediate Recorder Practice (C)  
9:30 HICAP Counseling (WR)  
10:30 Beginning Recorder Practice (C)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
12:00 Lunch (DR)  
12:00 Intro to Line Dancing (PH)  
12:30 Afternoon Movie (DR)  
1:00 Beginning Line Dancing (PH)  
2:00 Intermediate Line Dancing (PH)

**18**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
9:00 Quilting Group (B)  
9:00 Intermediate Recorder Practice (C)  
10:30 Beginning Recorder Practice (C)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
12:00 Lunch (DR)  
12:00 Intro to Line Dancing (PH)  
12:30 Bible Study (B)  
12:45 Albertsons/Trader Joe's Shopping (L)  
1:00 Beginning Line Dancing (PH)  
2:00 Intermediate Line Dancing (PH)

**25**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
9:00 Intermediate Recorder Practice (C)  
9:30 HICAP Counseling (WR)  
10:30 Beginning Recorder Practice (C)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
11:00 Book Club (CY)  
12:00 Lunch (DR)  
12:00 Intro to Line Dancing (PH)  
12:30 Afternoon Movie (DR)  
1:00 Beginning Line Dancing (PH)  
2:00 Intermediate Line Dancing (PH)

## Thursday

**5**  
8:30 Yoga Class (PH)  
9:00 Sewing & Embroidery (B)  
9:30 Health & Wellness (PH)  
10:45 Lotería (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:30 Bingo (DR)  
1:00 Beginning Ukulele (C)

**12**  
8:30 Yoga Class (PH)  
9:00 Sewing & Embroidery (B)  
9:30 Health & Wellness (PH)  
10:45 Lotería (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:30 Bingo (DR)  
1:00 Beginning Ukulele (C)

**19**  
8:30 Yoga Class (PH)  
9:00 Sewing & Embroidery (B)  
9:30 Health & Wellness (PH)  
11:00 Legal Rights Presentation (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:30 Bingo (DR)  
1:00 Beginning Ukulele (C)

**26**  
8:30 Yoga Class (PH)  
9:00 Sewing & Embroidery (B)  
9:30 Health & Wellness (PH)  
10:30 Medicare Workshop (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:30 Bingo (DR)  
12:30 Legal Aid (WR)  
1:00 Beginning Ukulele (C)

All programs and activities subject to change and cancellation without prior notice.

## Friday

**6**  
9:00 Longevity Stick Balance (PH)  
10:30 Bingo (DR)  
12:00 Korean Harvest Luncheon (DR)  
12:45 Bunco (DR)  
1:00 Sing-a-Long Group (C)  
1:00 Tai Chi for Every Body (ZOOM)

**13**  
9:00 Longevity Stick Balance (PH)  
10:30 Bingo (DR)  
11:30 Birthday Party (DR)  
12:00 Special Dollar Lunch (DR)  
12:45 Bunco (B)  
1:00 Sing-a-Long Group (C)  
1:00 Tai Chi for Every Body (ZOOM)

**20**  
9:00 Longevity Stick Balance (PH)  
10:30 Bingo (DR)  
12:00 Special Dollar Lunch (DR)  
12:45 Bunco (B)  
1:00 Sing-a-Long Group (C)  
1:00 Tai Chi for Every Body (ZOOM)

**27**  
9:00 Longevity Stick Balance (PH)  
10:30 Halloween Party (DR)  
10:30 Bingo (DR)  
12:45 Bunco (B)  
1:00 Sing-a-Long Group (C)  
1:00 Tai Chi for Every Body (ZOOM)



- A** - Room A
- B** - Room B
- C** - Room C
- CFR** - Conference Room
- CR** - Computer Room
- CY** - Courtyard
- DR** - Dining Room
- L** - Lobby Area
- LIB** - Library
- P** - Plunge Pool
- PH** - Pioneer Hall
- PHCR** - PH Conference Room
- WR** - Wellness Room



# Special Friday Lunches

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Cream of Spinach Soup w/SF Crackers Tarragon Chicken Salad w/ Yogurt Dressing Lemony Orzo Salad Mandarin Orange	<b>3</b> <b>NEW</b> Mexican Beef Cocido Cubed Beef Soup w/ Veg Corn Tortilla Salsa SF Fruited Gelatin	<b>4</b> Ground Turkey Bolognese Bow Tie Pasta Italian Vegetable Blend WW Dinner Roll w/Smart Balance Parmesan Cheese (1pk) Tropical Fruit Mix	<b>5</b> Baked Tilapia Ranchera Sauce Mexican Rice Broccoli WG Tortilla SF Pudding Orange Juice	<b>Special Friday Lunches are Listed on the Next Page</b>
<b>9</b> Pork Chile Verde Verde Sauce Pinto Beans Peas & Carrots Tortilla Tropical Fruit Mix	<b>10</b> Zuni Corn Soup w/ SF Crackers Poppy Seed Chicken Pasta Salad Harvest Salad (Spring Mix, Cranberries, Almonds & Balsamic Dressing) WW Crackers SF Fruited Gelatin	<b>11</b> Spinach & Mushroom Quiche Roasted Potatoes Broccoli & Cauliflower Blend WW Dinner Roll w/Smart Balance Canned Pears	<b>12</b> Cubed Beef Stew Gravy Stew Vegetables Whole Baby Potatoes WW Bread w/Smart Balance Mandarin Orange	
<b>16</b> Mexican Corn Soup w/SF Crackers Signature Chicken Salad Barley Mushroom Salad WW Dinner Roll w/Smart Balance Canned Peaches	<b>17</b> Vegetable Lasagna Three Way Tossed Salad Balsamic Dressing Broccoli & Cauliflower WW Crackers SF Fruited Gelatin	<b>18</b> Chinese Orange Chicken Orange Sauce Brown Rice Spinach SF Pudding Orange Juice	<b>19</b> Pork Carnitas Bowl Tomato Cilantro Rice Fiesta Veg Mix WG Tortilla Sour Cream (1pk) Seasonal Fruit	
<b>23</b> Vietnamese Caramel Pork Caramel Sauce Jasmine Rice Broccoli Tropical Fruit Mix	<b>24</b> Turkey Pot Roast Brown Gravy Sweet Potatoes Collard Greens SF Fruited Gelatin	<b>25</b> Macaroni & Cheese Diced Tomatoes Carrots Breadsticks SF Apple Crisp Orange-Pineapple Juice	<b>26</b> Chicken Meatballs Sweet Citrus Glaze Mashed Potatoes Oriental Veg Blend WW Dinner Roll w/ Smart Balance Mandarin Orange	
<b>30</b> Chicken Breast Parmesan & Sundried Tomato Sauce Tri-Color Pasta Mixed Veg Blend WW Dinner Roll w/ Smart Balance Mandarin Orange	<b>31</b>	<b>Voluntary Contribution - \$3.00</b>  <b>Meal Cost for Under Age 60 - \$5.00</b>		



All meals comply with the Dietary Guidelines for Americans (DGA) 2020-2025 & Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Human Services Agency & the U.S. Department of Agriculture. Meals on Wheels Orange County Lunch Program may change the menu for reason of quality control, price or vendor problems. This project is funded in parts through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% Milk served daily. indicates sodium content over 1,000 mg. \* indicates a special event or Holiday and the menu MAY exceed 1,000 mg. Low Cholesterol, 0% trans-fat buttery spread served with bread & rolls. Weekly average lunch meal provides >550 calories. Please note condiments are not analyzed and may increase sodium.

[www.MealsOnWheelsOC.org](http://www.MealsOnWheelsOC.org)



**Friday, Oct 6**  
*Korean Harvest Festival Luncheon sponsored by BKSCA*  
Bulgogi (Stir-fried Korean BBQ Beef), Japchae (Stir-fried Glass Noodles with Vegetables), Asian Salad, Rice & Kim-Chi, Vanilla Ice Cream

**Friday, Oct 13**  
*Dollar Lunch Sponsored by Dwight Manley*  
Chicken Parmesan, Cheese Tortellini w/Marinara Sauce, Garlic Bread, Italian Salad, Apples & Caramel, Tiramisu



**Friday, Oct 20**  
*Dollar Lunch Sponsored by Dwight Manley*  
Chicken Fajitas with Peppers & Onions, Sour Cream & Guacamole, Flour Tortillas, Spanish Rice, Refried Beans, Mexican Salad, Churro



**Friday, Oct 27**  
*Halloween Party*  
Roast Beef Sandwich, Pumpkin Soup, Scalloped Potatoes, Carrots, Honey Mustard Salad, Pumpkin Swirl Cake Roll



Join us every Friday at the Brea Senior Center for a Special Friday Lunch!

Lunch service starts at **12 p.m.** Pre-registration and pre-payment are preferred at least one day in advance. Friday meals can be eaten in-person at the Senior Center or taken **\*to-go for an added charge. Anyone under 60 will have an added charge of \$1.00.** Vegetarian options are available with advanced notice.

## SCARY CRITTERS

X U U H G C M C X K H E G B B R G S M M C C D D E J I T O Q C M  
 M R B K Y I N C A R R I E O K R V G Q S H S Q L J U K L F D K R  
 H Z O T M P E E R C W A B L O L H D E X F O F O N R F P S L N X  
 R N H I M S N N U O O Y M W X D O D O F N W E U G B R R Y V Q Y  
 G E C J U V N Q B R X Q H P Z G Z P C T D A O O O X Y P T D Y L  
 M O T H M A N Z M C T G I I U S V M Z D I Y Q G O K E A T C O W  
 C E B C T Y S W L E H S D Y M S G V P T Z T V C N K I A D E J T  
 F L T L S G U O D C A H C E K R U E G E R K G E G O S Q I I Y J  
 Z Y I M I K W C X S O G S D U G F H O D M N P Q H J S D K K R S  
 C E F S L N H N T B N R H S Y B B N K Z N K K D O Y E A C O X F  
 U Z F V A S S C U R I E V O T C H H J V R O H F S F N U J U D D  
 Z H H J S X C Z X F Y M B L E G F D Q C B B Z I T C H U U S V G  
 E S C L Y F H E F N J L N N L M M L L H J I C B O C C Q X F B H  
 J O T G D I X D U H L I B J L K H T A G Z G N C Y Y D J P J O N  
 T H I Q D C K H V E X N S Q P S P L U H R F L K L M D B O V D O  
 L H W A V G A Q H N X L U S T A N D C N E O O B L J N C U A R B  
 K L A A T Q U N L O Z J Z Z X W Q G E B J O A Z Y Q Z E O H A K  
 V B G L Y U X V T E R G M N P P W I T L Q T I S P I M J M T C Z  
 H C X U X V G P S G I N W Z A J L S Z V J L A I H H Z R J O U G  
 F X Q Q N W E D M D M C Z M A A S I Z Y R M W X W I F M F A L O  
 Q V H D V U A E M U W U M M E H Z N H I K I Q J S Q N D P V A R  
 E L A Y G L F J H W A S G I J K N H E L K X G J Z C B I X Y M C  
 V M N O M E D I S R D B U F Y S A B B Y F C V Q X O J N G Y U  
 L C S P M D G X T U N M M B W E V Q R Y B X Q D I T G I J G B A  
 Z G H V P E P B D Y O A W U U F Z V Z I P F H O R M R U F W M S  
 Z N A Z S R V V Z Z L E B Q K C H A K C P D I F M Y E R S U U M

- |         |         |
|---------|---------|
| ALIEN   | JIGSAW  |
| BANSHEE | KONG    |
| BIGFOOT | KRAMPUS |
| CARRIE  | KRUEGER |
| CHUCKY  | MIMIC   |
| CLOWN   | MOTHMAN |
| CREEP   | MUMMY   |
| CUJO    | MYERS   |
| DEMON   | NESSIE  |
| DRACULA | OGRE    |
| FRIDAY  | OUIJA   |
| GHOST   | PIRANHA |
| GOBLIN  | SHINING |
| GREMLIN | THEM    |
| HELLBOY | WITCH   |
| JASON   | ZOMBIE  |

### Come by and learn...

The Brea Senior Center is open to all senior and pre-senior community members. Come by and learn more about the many programs, services and events available for you.

- Hours:** Mon-Fri / 8 a.m.-3 p.m.  
**Location:** 500 S. Sievers Avenue, Brea, California 92821  
**Telephone:** 714-990-7750  
**Website:** [www.BreaSeniorCenter.com](http://www.BreaSeniorCenter.com)  
**Facebook:** [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)  
**Instagram:** [instagram.com/breaseniorcenter/](https://www.instagram.com/breaseniorcenter/)

More details and information available online

