

What's Doin' at the Brea Senior Center

Happy Halloween!



October 2022

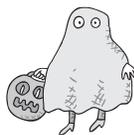
Hours | Monday-Friday, 8 a.m.-3 p.m.

Announcements

Halloween Party

Friday, October 28

10:30 a.m.-12:30 p.m.



Wear your favorite costume and join us for a costume contest, entertainment by “Tony O’Dell Rogers,” raffle prizes, and lots of fun! \$5 per ticket for 60+, \$6 for those under 60.

Sponsored by SCAN Health Plan & Leadership Council

In-Person Hot Lunch Program—Now on Tuesdays!

Mondays to Thursdays, 12 p.m.

Enjoy a hot lunch served at 12 p.m. The Frozen Grab & Go Meals program previously on Tuesdays ended on September 1, 2022 due to limited funding and replaced with an in-person hot lunch.

By Meals on Wheels Orange County

Senior Grocery Program

Tuesdays—New Time!

10 a.m.-12 p.m.

Once a week, bring your own insulated bag to pick up a selection of fresh produce, dairy products, and shelf-stable dry goods.

By Second Harvest Food Bank

“It’s Your Estate” 6-week Financial Literacy Workshop Series
Mondays, now thru Oct 24
1:30-3 p.m.



This workshop series educate seniors to take control of their financial and estate decisions. Lessons include estate planning, living trusts, tax planning, retirement account planning, and more. NO sales pitches or solicitations will take place. Call 714-990-7754 to register.

By Financial & Estate Literacy

Mayor’s Update

Thur, Oct 27, 11-11:45 a.m.



Age-Related Eye Conditions Presentation

Wed, Oct 19, 12:30-1:30 p.m.

Discuss the signs and symptoms of common eye diseases, prognosis, treatments, and importance of regular eye exams.

Also discussing what constitutes an ocular emergency and what to do if you experience symptoms.

By Southern California College of Optometry

Afternoons at the Movies

2nd & 4th Wed of each month

October 12, 12:30 p.m.:

“Dog” (2022) PG-13

In this road-trip comedy, two hard-charging former Army Rangers paired against their will—Briggs (Channing Tatum) and a Belgian Malinois named Lulu—race down the Pacific Coast in hopes of making it to a fellow soldier’s funeral on time.

October 26, 12:30 p.m.:

“Elvis” (2022) PG-13

Experience the life and the music of an icon in this epic drama from visionary director Baz Luhrman, starring Austin Butler and Tom Hanks.

Resuming Shopping Trips!

Every Monday, 12:30 p.m.

1st & 3rd Wed, 12:30 p.m.

The Brea Shuttle provides free transportation for Brea residents to Walmart, Ralphs, Rite Aid, Albertsons, and Trader Joe’s. Shopping trips limited to 1 hour. Call 714-990-7754 to register.



New! Bible Study (Room B)
Thursday, Oct 20, 10:30 a.m.
By Cause Church Senior Ministry

OCPL Mobile Library
Wed, Oct 5, 10 a.m.-12 p.m.

Stationed in the courtyard of the Senior Center, visit the Mobile Library to get a library card, check out books, use free internet, and more!
By Orange County Public Libraries

Travel Group

Hearst Castle at Christmas Time
December 13-15



Highlights include: Downtown Santa Barbara, Downtown Paso Robles, Cambria Christmas Market, Solvang, a Holiday Twilight Tour of Hearst Castle, and San Simeon. \$799 per person based on double occupancy.
By Friendly Excursions

Count Down to Mardi Gras!
February 14-19, 2023

Highlights include: New Orleans city tour, National WWII Museum and Movie, walking tour of French Quarter, Bayou airboat ride, reserved seats for a Pre-Mardi Gras Parade, and Baton Rouge capital buildings. \$2,699 per person based on double occupancy.
By Friendly Excursions

Southern Delight
March 10-16, 2023

Highlights include: Atlanta city tour, Charleston walking tour, Boone Hall Plantation, Savannah riverboat cruise, Savannah city tour, Jekyll Island, and Georgia

Sea Turtle Center. \$2,999 per person based on double occupancy.

By Friendly Excursions

Health Help

Blood Pressure Checks
Tuesdays, 9 a.m.

Senior Services

Senior Van Service
Tue-Fri, 9 a.m.-1 p.m.

For \$2 per one-way, go to essential errands or appointments within 5 miles of your home (within Orange County). Eligibility includes 60+ years of age and Brea residency. Application required, as well as submitting your ride request 3 business days in advance. Service days and hours of operation are subject to change. Please call 714-990-7750 for more information.

Case Management Services

Are you a senior living in Brea? Are you a caregiver for a loved one? Achieve successful aging through advocacy, assessment, facilitation, and resource management. Eligibility to be a Case Management client: Brea resident, 60+ years of age, and client consent. Call 714-990-7750 for more info.

Legal Aid (Room B)
4th Thursday of each month, 12:30-2 p.m.



Appointments are available with representatives from Legal Aid Society of Orange County for seniors 60+, who reside in Orange County.

Senior Center Gift Shop
Monday-Friday, 9-11:30 a.m.

The gift shop has a large assortment of quality items available at bargain prices including: jewelry, home decorations, glassware, and assorted handcrafted items. Donated items gratefully accepted during business hours.

Get a Boost with Housing Rehab



Federal funds are available to qualifying Brea families for repair or refurbishment of an owner-occupied home. Funds are based on availability. Visit www.cityofbrea.net/housingrehab or call 714-671-4461 for more info or an application.

Fitness

Better Balance with Dan
Mondays, 10-11:50 a.m.

Designed to improve movement and balance control and help prevent falls, sustain independence, reduce joint and muscle pain, increase strength, flexibility and stamina.

By Older Adults Program

Health & Wellness with Eunice
Tuesdays, 10-11:50 a.m.
Thursdays, 9:30-11:30 a.m.

Using a variety of standing and sitting exercises with some modified aerobics.

By Older Adults Program

Line Dancing Class
Wednesdays, 12-3 p.m.

Introduction: 12-1 p.m.
Beginning: 1-2 p.m.
Intermediate: 2-3 p.m.



Join us to learn the basics of line dancing.

Longevity Stick Balance Class
Every Monday (ZOOM only),
Wednesdays and Fridays,
9-10 a.m.

Incorporates a series of 12 movements designed to improve balance, flexibility, strength, mental focus, breathing capacity, and vitality.

Table Tennis
Every Tue & Thu, 12:30-3:30 p.m.
Resident Quarterly Fee: \$20
Non-Resident Quarterly Fee: \$30

The club is dedicated to health through exercise and improved flexibility in a welcoming and friendly environment. Players of all levels are welcome.

Tai Chi for Every Body
*No Class from Friday,
Oct 7 to Friday, Oct 21
Mon, 10-11:30 a.m. (ZOOM only)
Tue & Fri, 1-3 p.m. (ZOOM only)



This ancient Chinese exercise will help your body's joints and muscles, develop your concentration, memory, and improve your balance and ability to relax.

Tai Chi 42 (Courtyard)
Wednesdays, 8:30-10 a.m.

Discover a new challenging and fluid form of Tai Chi. This ancient Chinese exercise will help your body's joints and muscles, develop your concentration, memory, and improve your balance and ability to relax.

Yoga Class
Tuesdays, 8:30-9:30 a.m.
Thursdays, 8:15-9:15 a.m.
(donation-based)



Join us for a Yoga class for any level of experience. Bring your own mat.

Zumba® Gold
Mondays—12-1 p.m.
Wednesdays—10:30-11:30 a.m.

Zumba Gold modifies the Zumba formula to suit the needs of the active older participant by bringing exhilarating, easy-to-follow moves in an invigorating, party-like atmosphere.

Classes

FREE Tech Tutoring

Receive one-on-one assistance on our new computers in our computer lab or bring in your own laptop, tablet, or cell phone to receive help. Topics we can assist with include Facebook, sending and receiving email, web searching, digital photos, and how to use flash drives. Call to make an appointment.

Gatherings

Bingo! (Dining Room)
Mondays, Wednesdays, and
Fridays, 10:30-11:30 a.m.
Thursdays, 12:30-1:30 p.m.

Join us for a chance to win cash prizes!



Birthday Party
Friday, October 14, 11:30 a.m.
By The Cause Church

Book Club (Courtyard)
4th Wednesday of each month

Discuss the book and pick up next month's book selection on the 4th Wednesday of every month from 11-11:30 a.m., in the Senior Center courtyard.

By the Brea Public Library

Bunco Group
Every Tue & Fri, 12:45-2:30 p.m.

Join us for a fun filled game of Bunco where everyone has a chance to win some great free prizes!

Crochet Group (Room C)
Mondays, 10 a.m.-12 p.m.

Hooks and Needles—Knitting Group
3rd and 4th Tuesday of each month, 1-3 p.m.



Help create hand-made hats, booties, sweaters and blankets to be donated through the non-profit organization "Stitches from the Heart" to newborn babies in over 1,200 hospitals nationwide.

Loose Threads—Quilting Group (Room B)
1st and 3rd Wednesday of each month, 9 a.m.-12 p.m.

All are welcome to participate!

Sing-a-Long Group (Room C)
Fridays, 12:45-2 p.m.

Do you love to sing? Well, this group is just for you! Join us each week as we sing our hearts out! Beginner vocalists are welcome. This is a casual singing group focused on having fun!



Timely Topics (Room C)
Tuesdays, 10-11 a.m.

Join this lively discussion group on current events as well as memories of the past.

Veterans Club (Room B)
Mondays, 11-11:45 a.m.

Come and join in on the conversation with your fellow Vets. Spouses are welcome.

October Activities

FAMOUS QUOTE

“To err is human;
to forgive, divine”

ALEXANDER POPE

OCTOBER IS BREAST CANCER AWARENESS MONTH

- 1 International Coffee Day
- 5 World Teachers Day
- 10 Mental Health Day
- 16 Boss's Day
- 25* BREA SENIOR CENTER'S BIRTHDAY
- 29 National Cat Day

BIRTHSTONE

Opal and Tourmaline

FLOWERS

Calendula (Marigold)

Monday

3
9:00 Longevity Stick Balance (ZOOM)
10:00 Better Balance (PH)
10:00 Tai Chi for Every Body (ZOOM)
10:00 Crochet Group (C)
10:30 Bingo (DR)
11:00 Veterans Club (B)
12:00 Lunch (DR)
12:00 Zumba Gold (PH)
12:30 Walmart Shopping (L)
1:30 It's Your Estate (DR)

10
9:00 Longevity Stick Balance (ZOOM)
10:00 Better Balance (PH)
10:00 Crochet Group (C)
10:30 Bingo (DR)
11:00 Veterans Club (B)
12:00 Lunch (DR)
12:00 Zumba Gold (PH)
12:30 Walmart Shopping (L)
1:30 It's Your Estate (DR)

17
9:00 Longevity Stick Balance (ZOOM)
10:00 Better Balance (PH)
10:00 Crochet Group (C)
10:30 Bingo (DR)
11:00 Veterans Club (B)
12:00 Lunch (DR)
12:00 Zumba Gold (PH)
12:30 Walmart Shopping (L)
1:30 It's Your Estate (DR)

24
9:00 Longevity Stick Balance (ZOOM)
10:00 Better Balance (PH)
10:00 Tai Chi for Every Body (ZOOM)
10:00 Crochet Group (C)
10:30 Bingo (DR)
11:00 Veterans Club (B)
12:00 Lunch (DR)
12:00 Zumba Gold (PH)
12:30 Walmart Shopping (L)
1:30 It's Your Estate (DR)

31
9:00 Longevity Stick Balance (ZOOM)
10:00 Better Balance (PH)
10:00 Tai Chi for Every Body (ZOOM)
10:00 Crochet Group (C)
10:30 Bingo (DR)
11:00 Veterans Club (B)
12:00 Lunch (DR)
12:00 Zumba Gold (PH)
12:30 Walmart Shopping (L)

Tuesday

4
8:30 Yoga Class (PH)
9:00 Blood Pressure (L)
10:00 Health & Wellness (PH)
10:00 Timely Topics (C)
10:00 Senior Grocery Program (L)
12:00 Lunch (DR)
12:30 Table Tennis (PH)
12:45 Bunco (B)
1:00 Tai Chi for Every Body (ZOOM)

11
8:30 Yoga Class (PH)
9:00 Blood Pressure (L)
10:00 Health & Wellness (PH)
10:00 Timely Topics (C)
10:00 Senior Grocery Program (L)
12:00 Lunch (DR)
12:30 Table Tennis (PH)
12:45 Bunco (B)

18
8:30 Yoga Class (PH)
9:00 Blood Pressure (L)
10:00 Health & Wellness (PH)
10:00 Timely Topics (C)
10:00 Senior Grocery Program (L)
12:00 Lunch (DR)
12:30 Table Tennis (PH)
12:45 Bunco (B)
1:00 Knitting Group (C)

25 *BREA SENIOR CENTER'S BIRTHDAY
8:30 Yoga Class (PH)
9:00 Blood Pressure (L)
10:00 Health & Wellness (PH)
10:00 Timely Topics (C)
10:00 Senior Grocery Program (L)
12:00 Lunch (DR)
12:30 Table Tennis (PH)
12:45 Bunco (B)
1:00 Knitting Group (C)
1:00 Tai Chi for Every Body (ZOOM)

Wednesday

5
8:30 Tai Chi 42 (CY)
9:00 Longevity Stick Balance (PH)
9:00 Quilting Group (B)
10:00 OCPL Mobile Library (CY)
10:30 Bingo (DR)
10:30 Zumba Gold (PH)
12:00 Lunch (DR)
12:00 Intro to Line Dancing (PH)
12:30 Ralphs/Rite Aid Shopping (L)
1:00 Beginning Line Dancing (PH)
2:00 Intermediate Line Dancing (PH)

12
8:30 Tai Chi 42 (CY)
9:00 Longevity Stick Balance (PH)
10:30 Bingo (DR)
10:30 Zumba Gold (PH)
12:00 Lunch (DR)
12:00 Intro to Line Dancing (PH)
12:30 Afternoon Movie (DR)
1:00 Beginning Line Dancing (PH)
2:00 Intermediate Line Dancing (PH)

19
8:30 Tai Chi 42 (CY)
9:00 Longevity Stick Balance (PH)
9:00 Quilting Group (B)
10:30 Bingo (DR)
10:30 Zumba Gold (PH)
12:00 Lunch (DR)
12:00 Intro to Line Dancing (PH)
12:30 Albertsons/Trader Joe's Shopping (L)
12:30 Age-Related Eye Presentation (DR)
1:00 Beginning Line Dancing (PH)
2:00 Intermediate Line Dancing (PH)

26
8:30 Tai Chi 42 (CY)
9:00 Longevity Stick Balance (PH)
10:30 Bingo (DR)
10:30 Zumba Gold (PH)
11:00 Book Club (CY)
12:00 Lunch (DR)
12:00 Intro to Line Dancing (PH)
12:30 Afternoon Movie (DR)
1:00 Beginning Line Dancing (PH)
2:00 Intermediate Line Dancing (PH)



Thursday

6
8:15 Yoga Class (PH)
9:30 Health & Wellness (PH)
12:00 Lunch (DR)
12:30 Table Tennis (PH)
12:30 Bingo (DR)

13
8:15 Yoga Class (PH)
9:30 Health & Wellness (PH)
12:00 Lunch (DR)
12:30 Table Tennis (PH)
12:30 Bingo (DR)

20
8:15 Yoga Class (PH)
9:30 Health & Wellness (PH)
10:30 Bible Study (B)
12:00 Lunch (DR)
12:30 Table Tennis (PH)
12:30 Bingo (DR)

27
8:15 Yoga Class (PH)
9:30 Health & Wellness (PH)
11:00 Mayor's Update (DR)
12:00 Lunch (DR)
12:30 Table Tennis (PH)
12:30 Bingo (DR)
12:30 Legal Aid (B)

More programs and details to come.
All programs and activities subject to change and cancellation without prior notice.

Friday

7
9:00 Longevity Stick Balance (PH)
10:30 Bingo (DR)
12:00 Special Friday Lunch (DR)
12:45 Sing-a-Long Group (C)
12:45 Bunco (B)

14
9:00 Longevity Stick Balance (PH)
10:30 Bingo (DR)
11:30 Birthday Party (DR)
12:00 Special Dollar Lunch (DR)
12:45 Sing-a-Long Group (C)
12:45 Bunco (B)

21
9:00 Longevity Stick Balance (PH)
10:30 Bingo (DR)
12:00 Special Friday Lunch (DR)
12:45 Sing-a-Long Group (C)
12:45 Bunco (B)

28
9:00 Longevity Stick Balance (PH)
10:30 Halloween Party (DR)
12:45 Sing-a-Long Group (C)
12:45 Bunco (B)
1:00 Tai Chi for Every Body (ZOOM)



- A** - Room A
- B** - Room B
- C** - Room C
- CFR** - Conference Room
- CR** - Computer Room
- CY** - Courtyard
- DR** - Dining Room
- L** - Lobby Area
- LIB** - Library
- P** - Plunge Pool
- PH** - Pioneer Hall
- PHCR** - PH Conference Room
- WR** - Wellness Room



Special Friday Lunches

Monday	Tuesday	Wednesday	Thursday	Friday
3 "Oktoberfest" Bratwurst / Sauerkraut German Potato Salad Baby Whole Carrots WG Pretzel Chocolate Cake Diet: Fresh Fruit	4 Shredded Chicken Herbed Farro Salad w/ Walnut, Cucumber, Feta Cheese Tomato & Cucumber Salad Mini Muffin Promise Pineapple Chunks	5 Chicken Breast w/ Polynesian Sauce Brown Rice Spinach Tropical Fruit Mix	6 Zuni Corn Soup w/ SF Crackers Baked Breaded Fish Tartar Sauce WW Bread w/ Promise Winter Vegetable Blend Fresh Orange	<div style="background-color: #ccc; padding: 10px; border-radius: 15px; transform: rotate(-90deg); transform-origin: center;"> <p>Special Friday Lunches are Listed on the Next Page</p> </div>
10 Turkey Pot Roast w/ Turkey Gravy Mashed Potatoes Peas & Carrots WW Dinner Roll w/ Promise SF Custard Orange Pineapple Juice	11 Vegetarian Lasagna Winter Vegetable Blend Carrot Coins Breadsticks Tropical Fruit	12 Vietnamese Chicken Curry w/ Curry Pineapple Sauce Brown Rice Collard Greens Mandarin Orange	13 Cream of Carrot w/ SF Crackers Moroccan Couscous Salad w/ Diced Chicken Broccoli Pepper Salad WW Dinner Roll w/ Promise SF Pudding	
17 Turkey Shepherd's Pie Broccoli Carrots WW Dinner Roll w/ Promise Tropical Fruit Mix	18 Minestrone Soup w/ Pasta SF Crackers Balsamic Chicken Salad Cucumber & Black-Eyed Salad WW Dinner Roll w/ Promise Ambrosia	19 Sub Sandwich Roast Beef Sliced Ham, Slice Swiss Cheese Sliced Tomato and Shredded Lettuce Beets Orange Salad WW French Roll 4" Mayonnaise, Mustard Orange Juice SF Apple Crisp	20 Cheese Ravioli Marinara Sauce Italian Vegetable Blend Peas & Carrots Breadstick Pineapple Chunks	
24 Moroccan Lentil Soup w/ SF Crackers Mediterranean Chickpea Salad Tuna Salad w/ Yogurt Dressing WW Dinner Roll w/ Promise Ambrosia	25 Chicken Breast Apricot Sauce Mashed Potatoes Mixed Vegetable Blend SF Cake Fresh Orange	26 Salisbury Steak Country Gravy Sweet Potatoes Capri Vegetable Blend WW Dinner Roll w/ Promise Mandarin Orange	27 Spinach & Mushroom Quiche Roasted Red Potatoes Scandinavian Vegetable Blend Blueberry Muffin SF Apple Slices Orange Pineapple Juice	

31 "Halloween Special Menu" Bewitched Beef Stew Haunting Red Skin Potatoes Ghostly Capri Vegetable Blend Creepy Crawling Cornbread BOO-licious Pistachio Pudding Diet: Fresh Fruit	Voluntary Contribution - \$3.00 Meal Cost for Under Age 60 - \$5.00	
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All meals comply with the Dietary Guidelines for Americans (DGA) 2020-2025 & Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Human Services Agency & the U.S. Department of Agriculture. Meals on Wheels Orange County Lunch Program may change the menu for reason of quality control, price or vendor problems. This project is funded in parts through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% Milk served daily. indicates sodium content over 1,000 mg. * indicates a special event or Holiday and the menu MAY exceed 1,000 mg. Low Cholesterol, 0% trans-fat buttery spread served with bread & rolls. Weekly average lunch meal provides >550 calories. Please note condiments are not analyzed and may increase sodium.
www.MealsOnWheelsOC.org



- Friday, October 7**

Cheese Tortellini with Meatballs, Marinara Sauce, Italian Salad, Garlic Bread, Chocolate Cream Puffs
- Friday, October 14**

Dollar Lunch Sponsored by Dwight Manley

Chicken Chow Mein, Egg Roll, Asian Salad, Fortune Cookie
- Friday, October 21**

Loaded Baked Potato with Toppings on Side, Chili with Cheese, Caramel Apple Slices, Green Salad
- Friday, October 28**

Halloween Party

Country Fried Chicken Fingers with Cream Gravy, Pumpkin Soup, Scalloped Potatoes, Corn, Autumn Salad, Fall Cookies

Join us every Friday at the Brea Senior Center for a Special Friday Lunch!

Lunch service starts at **12 p.m.** Pre-registration and pre-payment are preferred at least one day in advance. Friday meals can be eaten in-person at the Senior Center or taken **to-go for an added charge of \$1.00.** **Anyone under 60 will have an added charge of \$1.00.** Vegetarian options are available with advanced notice.

HALLOWEEN

U T S J E A L H M S Y O F U A I D N T Z X O N K I
 I H L Z S M J R C Y H D W X O O N Q O B V Z Q P P
 M Z R H S E T A U A A Q N N G A Q M L L M N Y D E
 Q N X Y W I R V J U Z P J A J P B A T U H A U N T
 C D A F P Y P O E G W B I M C I C I M T Z R N M V
 U T E S N K U L K G V R T X E K C M W Q A H K J Y
 B Q R M Y M M H L E L O L R K E Y N G S X B G R S
 P J H I O X P A A O F O B B J Z G P E D P I S C Q
 N I Q Q C N K Q G Z O M V E I A T N B Q Z U R A W
 K V X Y I K I D D I A B F A Q X O A W T U E V T N
 Q P C V U L N V D V C P I R M B N I I N A I R N I
 S I Y N D W J J F Y Q L J N U P O R C M T O F J T
 L T R E A T Y J N H S M C O F F I N E R E M G Z L
 M Y W M A V E G Z X H G M S E P T R V U Q S H M J
 W F O M C O F L H B L Q S Y S H O P E W V C B P E
 S O A X F K W H C O L S Q G G Q P Y L P T L F K N
 N W O A P C V N U T U Q Y I N M O Y I I B E R F N
 Y B G K G O B L I N K L N D R A Z I W J N Z M C O
 A B U P S D M L M L S R X R Q T F G Q H M Z G B Q
 U F M J D T X H U F I T E L R R D H F W R K C D Y
 Q L A Y W N N X H V L V Y D F W R O T B G I W J W
 R E S W S V U T C L L W E R I I C S Z K Z F D J Q
 Y Z K H V N U D W U I N O R Q P E T T N S K G H L
 L D V N S P O O K Y M B E V J B S A G J T P F S E
 Y I R R D P K G R A V E G B W I L B A B J B Z V D

BAT	MUMMY
BLACK	NIGHT
BONES	OWL
BOO	POTION
BROOM	PUMPKIN
CANDY	RIP
COFFIN	SCARY
DEMON	SCREAM
EVIL	SKULL
FANGS	SPIDER
GHOST	SPIRIT
GHOUL	SPOOKY
GOBLIN	TREAT
GRAVE	TRICK
HAUNT	VAMPIRE
MAGIC	WITCH
MASK	WIZARD
MOON	ZOMBIE

Come by and learn...

The Brea Senior Center is open to all senior and pre-senior community members. Come by and learn more about the many programs, services and events available for you.

- Hours:** Mon-Fri / 8 a.m.-3 p.m.
- Location:** 500 S. Sievers Avenue, Brea California 92821
- Telephone:** 714-990-7750
- Website:** www.BreaSeniorCenter.com
- Facebook:** [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)
- Instagram:** [instagram.com/breaseniorcenter/](https://www.instagram.com/breaseniorcenter/)

More details and information available online

