

# What's Doin' at the Brea Senior Center

## Happy Labor Day!



September 2022

Hours | Monday-Friday, 8 a.m.-3 p.m.

### Announcements

**Save the Date!**  
**Brea Health Fair & Flu Clinic**  
**Friday, September 23**  
**9 a.m.-12:30 p.m.**



Get your flu shot, Covid-19 booster, FREE health screenings, FREE wellness information, and a FREE year's supply of Omega-3 supplements provided by Spoonful Yogurt Café. We hope to see you there!

**Sock Hop Party**  
**Friday, September 30**  
**10:30 a.m.-12:30 p.m.**



Get your tickets for a delicious meal, live entertainment by "Matt Grey," and a chance to win valuable raffle prizes! \$5 per ticket for 60+, \$6 for those under 60.

**Sponsored by Alpa Maniar and Leadership Council**

**Back by Popular Demand!**  
**Crochet Group**  
**Mondays, starting September 12**  
**10 a.m.-12 p.m.**

**In-Person Hot Lunch Program—Now on Tuesdays!**  
**Mondays to Thursdays, 12 p.m.**

Enjoy a hot lunch served at 12 p.m. Menu found on page 6. The Frozen Grab & Go Meals program previously on Tuesdays will be ending effective September 1, 2022 due to limited funding and replaced with an in-person hot lunch.

**By Meals on Wheels Orange County**

**Senior Grocery Program**  
**Tuesdays—New Time!**  
**10 a.m.-12 p.m.**



Once a week, bring your own insulated bag to pick up a selection of fresh produce, dairy products, and shelf-stable dry goods.  
**By Second Harvest Food Bank**

**Mayor's Update**  
**Thursday, September 29**  
**11-11:45 a.m.**



Hear updates on City developments and news from our current mayor, Cecilia Hupp.

**"It's Your Estate" 6-week Financial Literacy Workshop Series**  
**Mondays, Sept 19-Oct 24**  
**1:30-3 p.m.**



This free series is designed to prevent financial abuse by educating seniors to take control of their financial and estate decisions. Lessons include estate planning, living trusts, tax planning, retirement account planning, and more. NO sales pitches or solicitations will take place. Call 714-990-7754 to register.

**By Financial & Estate Literacy**

**Hearing Aid Clean & Check**  
**Monday, Sept 19, 11 a.m.-1 p.m.**

Stop by to get your hearing aids cleaned and checked by a local Hearing Instrument Specialist. No appointments needed.

**By HearingLife**

**OCPL Mobile Library**  
**Wed, Sept 7, 10 a.m.-12 p.m.**

Stationed in the courtyard of the Senior Center, visit the Mobile Library to get a library card, check out books, use free internet, and more!

**By Orange County Public Libraries**

**Afternoons at the Movies**  
**Wed, Sept 14, 12:30 p.m.:**  
**"Marry Me" (2022) PG-13**

A heartbroken pop star (Jennifer Lopez) spontaneously weds a stranger from the audience (Owen Wilson) while live on stage, but their sham marriage turns into a real romance.

**Wed, Sept 28, 12:30 p.m.:**  
**"Belfast" (2021) PG-13**

A semi-autobiographical film which chronicles the life of a working-class family and their young son's childhood during the tumult of the late 1960s in the Northern Ireland capital.

**Resuming Shopping Trips!**  
**—Walmart Shopping**  
**Mondays, 12:30 p.m.**

The Brea Shuttle provides free transportation for Brea residents to local shopping destinations. Shopping trips limited to 1 hour. Call 714-990-7754 to register.

## Travel Group

**Albuquerque Balloon Festival & Santa Fe**  
**October 7-12**



Enjoy the 2022 Balloon Fiesta with the colorful mass ascension & twilight twinkle glow. Santa Fe highlights include a walking tour, the Georgia O'Keeffe Museum, Anglo Chimayo, and Pueblo de Taos. \$2,999 per person based on double occupancy.

**By Friendly Excursions**

**Hearst Castle at Christmas Time**  
**December 13-15**



Highlights include: Downtown Santa Barbara, Downtown Paso Robles, Cambria Christmas Market, Solvang, a Holiday Twilight Tour of Hearst Castle, and San Simeon. \$799 per person based on double occupancy.

**By Friendly Excursions**

## Senior Services

**Senior Van Service**  
**Tue-Fri, 9 a.m.-1 p.m.**

For \$2 per one-way, go to essential errands or appointments within 5 miles of your home (within Orange County). Eligibility includes 60+ years of age and Brea residency. Application required, as well as submitting your ride request 3 business days in advance. Service days and hours of operation are subject to change. Please call 714-990-7750 for more information.

**Case Management Services**

Are you a senior living in Brea? Are you a caregiver for a loved one? Achieve successful aging through advocacy, assessment, facilitation, and resource management. Eligibility to be a Case Management client: Brea resident, 60+ years of age, and client consent. Call 714-990-7750 for more info.

**Legal Aid (Room B)**  
**4th Thursday of each month, 12:30-2 p.m.**



Appointments are available with representatives from Legal Aid Society of Orange County for seniors 60+, who reside in Orange County.

**Senior Center Gift Shop**  
**Monday-Friday, 9-11:30 a.m.**

The gift shop has a large assortment of quality items available at bargain prices including: jewelry, home decorations, glassware, and assorted handcrafted items. Donated items gratefully accepted during business hours.

**Get a Boost with Housing Rehab**



Federal funds are available to qualifying Brea families for repair or refurbishment of an owner-occupied home. Funds are based on availability. Visit [www.cityofbrea.net/housingrehab](http://www.cityofbrea.net/housingrehab) or call 714-671-4461 for more info or an application.

## Fitness

**Better Balance with Dan**  
**Mondays, 10-11:50 a.m.**

Designed to improve movement and balance control and help prevent falls, sustain independence, reduce joint and muscle pain, increase strength, flexibility and stamina.

**By Older Adults Program**

**Health & Wellness with Eunice**  
**Tuesdays, 10-11:50 a.m.**  
**Thursdays, 9:30-11:30 a.m.**

Using a variety of standing and sitting exercises with some modified aerobics.

**By Older Adults Program**

**Line Dancing Class**  
**Wednesdays, 12-3 p.m.**

**Introduction: 12-1 p.m.**  
**Beginning: 1-2 p.m.**  
**Intermediate: 2-3 p.m.**



Join us to learn the basics of line dancing.

**Longevity Stick Balance Class**  
**Every Monday (ZOOM only),**  
**Wednesdays and Fridays,**  
**9-10 a.m.**



Incorporates a series of 12 movements designed to improve balance, flexibility, strength, mental focus, breathing capacity, and vitality.

**Table Tennis**  
**Every Tue & Thu, 12:30-3:30 p.m.**  
**Resident Quarterly Fee: \$20**  
**Non-Resident Quarterly Fee: \$30**

The club is dedicated to health through exercise and improved flexibility in a welcoming and friendly environment. Players of all levels are welcome.

**Tai Chi for Every Body**  
**Mon, 10-11:30 a.m. (ZOOM only)**  
**Tue & Fri, 1-3 p.m. (ZOOM only)**

This ancient Chinese exercise will help your body's joints and muscles, develop your concentration, memory, and improve your balance and ability to relax.

**Tai Chi 42 (Courtyard)**  
**Wednesdays, 8:30-10 a.m.**

Discover a new challenging and fluid form of Tai Chi.

**Yoga Class**  
**Tuesdays, 8:30-9:30 a.m.**  
**Thursdays, 8:15-9:15 a.m. (donation-based)**



Join us for a Yoga class for any level of experience. Bring your own mat.

**Zumba® Gold**  
**Mondays—12-1 p.m.**  
**Wednesdays—10:30-11:30 a.m.**

Zumba Gold modifies the Zumba formula to suit the needs of the active older participant by bringing exhilarating, easy-to-follow

moves in an invigorating, party-like atmosphere.

## Classes

**FREE Tech Tutoring**

Receive one-on-one assistance on our new computers in our computer lab or bring in your own laptop, tablet, or cell phone to receive help. Topics we can assist with include Facebook, sending and receiving email, web searching, digital photos, and how to use flash drives. Call to make an appointment.

## Gatherings

**Bingo! (Dining Room)**  
**Mondays, Wednesdays, and**  
**Fridays, 10:30-11:30 a.m.**  
**Thursdays, 12:30-1:30 p.m.**

Join us for a chance to win cash prizes!

**Birthday Party**  
**Friday, Sept 9, 11:30 a.m.**  
**By The Cause Church**



**Book Club (Courtyard)**  
**4th Wednesday of each month**

Discuss the book and pick up next month's book selection on the 4th Wednesday of every month from 11-11:30 a.m., in the Senior Center courtyard.

**By the Brea Public Library**

**Bunco Group**  
**Every Tue & Fri, 12:45-2:30 p.m.**

Join us for a fun filled game of Bunco where everyone has a chance to win some great free prizes!



**Hooks and Needles—**  
**Knitting Group**  
**3rd and 4th Tuesday of**  
**each month, 1-3 p.m.**



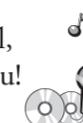
Help create hand-made hats, booties, sweaters and blankets to be donated through the non-profit organization "Stitches from the Heart" to newborn babies in over 1,200 hospitals nationwide.

**Loose Threads—Quilting**  
**Group (Room B)**  
**1st and 3rd Wednesday of each**  
**month, 9 a.m.-12 p.m.**

All are welcome to participate!

**Sing-a-Long Group (Room C)**  
**Fridays, 12:45-2 p.m.**

Do you love to sing? Well, this group is just for you! Join us each week as we sing our hearts out! Beginner vocalists are welcome. This is a casual singing group focused on having fun!



**Timely Topics (Room C)**  
**Tuesdays, 10-11 a.m.**

Join this lively discussion group on current events as well as memories of the past.

**Veterans Club (Room B)**  
**Mondays, 11-11:45 a.m.**

Come and join in on the conversation with your fellow Vets. Spouses are also welcome to share their memories.

# September Activities

## FAMOUS QUOTE

"You cannot swim for new horizons until you have the courage to lose sight of the shore."

WILLIAM FAULKNER

## SEPTEMBER IS NATIONAL SAVE YOUR PHOTOS MONTH

- 5 Labor Day
- 10 Harvest Moon
- 11 Patriot Day
- 11 Grandparents Day
- 21 International Day of Peace
- 22 Autumnal Equinox
- 25 Rosh Hashanah starts

## BIRTHSTONE

Sapphire

## FLOWERS

Morning glory, aster, and forget-me-not

## Monday

<b>A</b>	- Room A
<b>B</b>	- Room B
<b>C</b>	- Room C
<b>CFR</b>	- Conference Room
<b>CR</b>	- Computer Room
<b>CY</b>	- Courtyard
<b>DR</b>	- Dining Room
<b>L</b>	- Lobby Area
<b>LIB</b>	- Library
<b>P</b>	- Plunge Pool
<b>PH</b>	- Pioneer Hall
<b>PHCR</b>	- PH Conference Room
<b>WR</b>	- Wellness Room

**5**

**Closed for Labor Day Holiday**



**12**

9:00 Longevity Stick Balance (ZOOM)  
 10:00 Better Balance (PH)  
 10:00 Tai Chi for Every Body (ZOOM)  
 10:00 Crochet Group (C)  
 10:30 Bingo (DR)  
 11:00 Veterans Club (B)  
 12:00 Lunch (DR)  
 12:00 Zumba Gold (PH)  
 12:30 Walmart Shopping (L)

**19**

9:00 Longevity Stick Balance (ZOOM)  
 10:00 Better Balance (PH)  
 10:00 Tai Chi for Every Body (ZOOM)  
 10:00 Crochet Group (C)  
 10:30 Bingo (DR)  
 11:00 Veterans Club (B)  
 11:00 Hearing Aid Clean & Check (L)  
 12:00 Lunch (DR)  
 12:00 Zumba Gold (PH)  
 12:30 Walmart Shopping (L)  
 1:30 It's Your Estate (DR)

**26**

9:00 Longevity Stick Balance (ZOOM)  
 10:00 Better Balance (PH)  
 10:00 Tai Chi for Every Body (ZOOM)  
 10:00 Crochet Group (C)  
 10:30 Bingo (DR)  
 11:00 Veterans Club (B)  
 12:00 Lunch (DR)  
 12:00 Zumba Gold (PH)  
 12:30 Walmart Shopping (L)  
 1:30 It's Your Estate (DR)

## Tuesday

More programs and details to come.  
 All programs and activities subject to change and cancellation without prior notice.

**6**

8:30 Yoga Class (PH)  
 10:00 Health & Wellness (PH)  
 10:00 Timely Topics (C)  
 10:00 Senior Grocery Program (L)  
 12:00 Lunch (DR)  
 12:30 Table Tennis (PH)  
 12:45 Bunco (B)  
 1:00 Tai Chi for Every Body (ZOOM)

**13**

8:30 Yoga Class (PH)  
 10:00 Health & Wellness (PH)  
 10:00 Timely Topics (C)  
 10:00 Senior Grocery Program (L)  
 12:00 Lunch (DR)  
 12:30 Table Tennis (PH)  
 12:45 Bunco (B)  
 1:00 Tai Chi for Every Body (ZOOM)

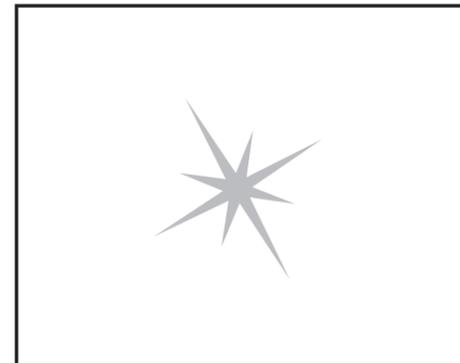
**20**

8:30 Yoga Class (PH)  
 10:00 Health & Wellness (PH)  
 10:00 Timely Topics (C)  
 10:00 Senior Grocery Program (L)  
 12:00 Lunch (DR)  
 12:30 Table Tennis (PH)  
 12:45 Bunco (B)  
 1:00 Knitting Group (C)  
 1:00 Tai Chi for Every Body (ZOOM)

**27**

8:30 Yoga Class (PH)  
 10:00 Health & Wellness (PH)  
 10:00 Timely Topics (C)  
 10:00 Senior Grocery Program (L)  
 12:00 Lunch (DR)  
 12:30 Table Tennis (PH)  
 12:45 Bunco (B)  
 1:00 Knitting Group (C)  
 1:00 Tai Chi for Every Body (ZOOM)

## Wednesday



**7**

8:30 Tai Chi 42 (CY)  
 9:00 Longevity Stick Balance (PH)  
 9:00 Quilting Group (B)  
 10:00 OCPL Mobile Library (CY)  
 10:30 Bingo (DR)  
 10:30 Zumba Gold (PH)  
 12:00 Lunch (DR)  
 12:00 Intro to Line Dancing (PH)  
 1:00 Beginning Line Dancing (PH)  
 2:00 Intermediate Line Dancing (PH)

**14**

8:30 Tai Chi 42 (CY)  
 9:00 Longevity Stick Balance (PH)  
 10:30 Bingo (DR)  
 10:30 Zumba Gold (PH)  
 12:00 Lunch (DR)  
 12:00 Intro to Line Dancing (PH)  
 12:30 Afternoon Movie (DR)  
 1:00 Beginning Line Dancing (PH)  
 2:00 Intermediate Line Dancing (PH)

**21**

8:30 Tai Chi 42 (CY)  
 9:00 Longevity Stick Balance (PH)  
 9:00 Quilting Group (B)  
 10:30 Bingo (DR)  
 10:30 Zumba Gold (PH)  
 12:00 Lunch (DR)  
 12:00 Intro to Line Dancing (PH)  
 1:00 Beginning Line Dancing (PH)  
 2:00 Intermediate Line Dancing (PH)

**28**

8:30 Tai Chi 42 (CY)  
 9:00 Longevity Stick Balance (PH)  
 10:30 Bingo (DR)  
 10:30 Zumba Gold (PH)  
 11:00 Book Club (CY)  
 12:00 Lunch (DR)  
 12:00 Intro to Line Dancing (PH)  
 12:30 Afternoon Movie (DR)  
 1:00 Beginning Line Dancing (PH)  
 2:00 Intermediate Line Dancing (PH)

## Thursday

**1**

8:15 Yoga Class (PH)  
 9:30 Health & Wellness (PH)  
 12:00 Lunch (DR)  
 12:30 Table Tennis (PH)  
 12:30 Bingo (DR)

**8**

8:15 Yoga Class (PH)  
 9:30 Health & Wellness (PH)  
 12:00 Lunch (DR)  
 12:30 Table Tennis (PH)  
 12:30 Bingo (DR)

**15**

8:15 Yoga Class (PH)  
 9:30 Health & Wellness (PH)  
 12:00 Lunch (DR)  
 12:30 Table Tennis (PH)  
 12:30 Bingo (DR)

**22**

8:15 Yoga Class (PH)  
 9:30 Health & Wellness (PH)  
 12:00 Lunch (DR)  
 12:30 Legal Aid (B)

**29**

8:15 Yoga Class (PH)  
 9:30 Health & Wellness (PH)  
 11:00 Mayor's Update (DR)  
 12:00 Lunch (DR)  
 12:30 Table Tennis (PH)  
 12:30 Bingo (DR)

## Friday

**2**

9:00 Longevity Stick Balance (PH)  
 10:30 Bingo (DR)  
 12:00 Special Dollar Lunch (DR)  
 12:45 Sing-a-Long Group (C)  
 12:45 Bunco (B)  
 1:00 Tai Chi for Every Body (ZOOM)

**9**

9:00 Longevity Stick Balance (PH)  
 10:30 Bingo (DR)  
 11:30 Birthday Party (DR)  
 12:00 Korean BBQ Lunch (DR)  
 12:45 Sing-a-Long Group (C)  
 12:45 Bunco (B)  
 1:00 Tai Chi for Every Body (ZOOM)

**16**

9:00 Longevity Stick Balance (PH)  
 10:30 Bingo (DR)  
 12:00 Special Friday Lunch (DR)  
 12:45 Sing-a-Long Group (C)  
 12:45 Bunco (B)  
 1:00 Tai Chi for Every Body (ZOOM)

**23**

**HEALTH FAIR**  
 9 a.m.-12:30 p.m.



Breakfast served at 9 a.m.  
 Lunch served at 12 p.m.

**30**

9:00 Longevity Stick Balance (PH)  
 10:30 Sock Hop Party (DR)  
 12:45 Sing-a-Long Group (C)  
 12:45 Bunco (B)  
 1:00 Tai Chi for Every Body (ZOOM)



Monday	Tuesday	Wednesday	Thursday	Friday
		<b>Voluntary Contribution - \$3.00</b>  <b>Meal Cost for Under Age 60 - \$5.00</b>	<b>1</b> Turkey Pot Roast w/ Turkey Gravy Mashed Potatoes Peas & Carrots WW Dinner Roll w/ Promise SF Custard Orange Pineapple Juice	<b>2</b>
<b>5</b> 	<b>6</b> Pork Tenderloin Chipotle Mango Sauce Spanish Rice Oregon Bean Medley WW Dinner Roll w/ Promise Mandarin Orange	<b>7</b> Sub Sandwich Roast Beef Sliced Turkey, Slice Swiss Cheese Sliced Tomato and Shredded Lettuce Beets Orange Salad WW French Roll 4" Mayonnaise, Mustard Orange Juice SF Apple Crisp	<b>8</b> Minestrone Soup w/ Pasta SF Crackers Balsamic Chicken Salad Cucumber & Black-Eyed Salad WW Dinner Roll w/ Promise Ambrosia	<b>Special Friday Lunches are Listed on the Next Page</b>
<b>12</b> Chicken Breast Apricot Sauce Mashed Potatoes Mixed Vegetable Blend SF Cake Fresh Orange	<b>13</b> Salisbury Steak Country Gravy Sweet Potatoes Capri Vegetable Blend WW Dinner Roll w/ Promise Mandarin Orange	<b>14</b> Spinach & Mushroom Quiche Roasted Red Potatoes Scandinavian Vegetable Blend Blueberry Muffin SF Apple Slices Orange Pineapple Juice	<b>15</b> Chili Dog On WW Bun Baked Redskin Potatoes Mixed Vegetables Pineapple Chunks	
<b>19</b> Vietnamese Lemongrass Pork Tenderloin Lemongrass Sauce Brown Rice Oriental Vegetable Blend Pineapple Chunks	<b>20</b> Cream of Pumpkin Soup w/ SF Crackers Lemon Quinoa Salad Diced Chicken California Salad WW Dinner Roll w/ Promise SF Pear Crisp	<b>21</b> Chicken Breast w/ Florentine Sauce Bowtie Pasta Peas & Carrots WW Dinner Roll w/ Promise Ambrosia	<b>22</b> Baked Tilapia Lemon Herb Sauce Sweet Potatoes Green Beans WW Bread w/ Promise Canned Apricot	
<b>26</b> Chicken Strips w/ Honey Mustard Sauce Wild Rice Broccoli Fresh Banana	<b>27</b> Beef Enchiladas Casserole Corn Capri Vegetables Blend Tropical Fruit Mix	<b>28</b> Open Faced LS Turkey Sandwich w/ Turkey Gravy on WW Bread Mashed Potatoes Scandinavian Veg Blend Cranberry Sauce Mandarin Orange	<b>29</b> Vegetable Soup w/ SF Crackers Bulgur Salad w/ Chickpeas, Cucumber & Cranberries Tomato & Zucchini Salad SF Fruited Gelatin	
<b>30</b>				

All meals comply with the Dietary Guidelines for Americans (DGA) 2020-2025 & Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Human Services Agency & the U.S. Department of Agriculture. Meals on Wheels Orange County Lunch Program may change the menu for reason of quality control, price or vendor problems. This project is funded in parts through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% Milk served daily. indicates sodium content over 1,000 mg. \* indicates a special event or Holiday and the menu MAY exceed 1,000 mg. Low Cholesterol, 0% trans-fat buttery spread served with bread & rolls. Weekly average lunch meal provides >550 calories. Please note condiments are not analyzed and may increase sodium.

[www.MealsOnWheelsOC.org](http://www.MealsOnWheelsOC.org)

## Special Friday Lunches

### Chef Francesco

FABULOUS FRESH FOOD

#### Friday, September 2

*Dollar Lunch Sponsored by Dwight Manley*

Pasta Salad with Pepperoni, Breadstick with Marinara Sauce, Seasonal Fruit, Cream Puff with Caramel

**\$1.00 LUNCH**

#### Friday, September 9

*Korean Harvest Festival "Chuseok" Luncheon*

Bulgogi: Sliced Korean BBQ Beef, Jap-Chae: Glass Noodle with Vegetables, Jeon: Mini Vegetable Pancake, Asian Salad, Rice & Kim-Chi, Vanilla Ice Cream

#### Friday, September 16

Chicken Fajitas, Fresh Sides, Chips & Salsa, Pinto Beans, Rice Pudding

**\$4.00 LUNCH**

#### Friday, September 23

*Health Fair Special Menu*

##### Breakfast Menu:

Breakfast Bowl with Eggs, Potatoes, Sausage, Cheese, Salsa, Orange Juice

**\$3.00 BREAKFAST**

##### Lunch Menu:

Grilled Chicken Greek Salad, Dressing on the side, Pita Bread, Fresh Fruit, Cookie

**\$4.00 LUNCH**

#### Friday, September 30

*Sock Hop Party*

Pork Ribs, Coleslaw, Baked Beans, Fresh Fruit, Ice Cream with Root Beer

**\$5.00 LUNCH**

Join us every Friday at the Brea Senior Center for a Special Friday Lunch!

Lunch service starts at **12 p.m.** Pre-registration and pre-payment are preferred at least one day in advance. Friday meals can be eaten in-person at the Senior Center or taken **to-go for an added charge of \$1.00.** Anyone under 60 will have an added charge of \$1.00. Vegetarian options are available with advanced notice.

## LABOR DAY

R V V H J W E S S Q J U C L F N X B X B C Q I X Y  
 S E D A T D Y J L Y S J S A D I E C I V R E S O G  
 M H G Z Y Y B U W H A D B A N A R Q K J M I L L J  
 H O K A O T F H Y N B D W J F R J P G F G P C J Y  
 C O H C E H V B Q B R Q N O Y C K K O G M Z B S O  
 M N L O H C G U U Y O V W O W M U V A E X H R L W  
 Y Q J I A T U C O R A J R X M O M N O T A B D I T  
 P H K U D S M X T A Y A D K B N S W Z B O Y I I G  
 A G L R U A Y T A L L B G P V E Q Y O F X I U O S  
 C Q A H G N Y M T A P H C N E Y Z N Q A N U L S C  
 T R Q Z P G I S R S B O W H U L U N W D U W U H X  
 W A B R U A R O Z I T J R B G S E G A W I X M K I  
 Q Z J Z N N B I N O L A H C I S F E Z F D Y P B S  
 B P E H I A Q V N R B F A C T O R Y B N K H D R P  
 V A F T L Y G R S D Q E B K A C U W D I Z N L R S  
 L J N G E J G Y H N T W S E F H R E K P B H O W Q  
 S P I D V W O R K X M C O F P N I O Y Y P F G V G  
 Q T S H O P C K R N J C E Z R A T P L D I C U T D  
 D K O O H N A W L S E G T J H I I J J T C Z S R L  
 Q S T A S K N R J Z Y Z H R O V T D A O N P E I J  
 P E A B J R J N A H I R E V I R D U F B I T T P Y  
 N L T N V Z E I L D K D S N O A P T S G C A K Y M  
 H A O Z I C K I N E E U L F P T I O L I L T P B N  
 D S E L V G C S X E L L F D F N G N W B C Y V T K  
 B N X P F Z Z F M X Y E Z Q G B C O O K O U T X S

BAND PAID  
 BATON PARADE  
 BONUS PICNIC  
 COOKOUT PROFIT  
 DRIVE PROJECT  
 EAGER QUOTA  
 EFFORT SALARY  
 EMPLOY SALES  
 FACTORY SERVICE  
 FATIGUE SHOP  
 GRIND TASK  
 HIRE TOIL  
 HOLIDAY TRIP  
 JOB UNION  
 LABOR USE  
 MILL WAGES  
 MONDAY WORK  
 MONEY ZEAL

### Come by and learn...

The Brea Senior Center is open to all senior and pre-senior community members. Come by and learn more about the many programs, services and events available for you.

- Hours:** Mon-Fri / 8 a.m.-3 p.m.
- Location:** 500 S. Sievers Avenue, Brea California 92821
- Telephone:** 714-990-7750
- Website:** [www.BreaSeniorCenter.com](http://www.BreaSeniorCenter.com)
- Facebook:** [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)
- Instagram:** [instagram.com/breaseniorcenter/](https://www.instagram.com/breaseniorcenter/)

More details and information available online

