

# What's Doin' at the Brea Senior Center

## Happy St. Patrick's Day!



March 2022

**Hours | Monday-Friday, 8 a.m.-3 p.m.**

**\*Friendly reminders for in-person programming:**

- Check in at front desk
- Mask required indoors if unvaccinated
- Respect others' spacing

**\* Please note that these protocols may change with or without prior notice as updates from the State are released.**

### Announcements

**Resuming In-Person Hot Lunch Program!**  
Every Monday, Wednesday, and Thursday

Join us for a hot lunch served on select weekdays at 12 p.m. Menu found on page 6.

**By Meals on Wheels Orange County**

**Anatomy of a Scam Presentation**

Thu, Mar 31, 10:30-11:30 a.m.

Learn the 4 characteristics of a scam and how to protect yourself. A short time for Q & A will be held after.

**By Council on Aging's Senior Protection Program**

**Hearing Aid Clean & Check**  
Mon, Mar 21, 11 a.m.-1 p.m.

Stop by to get your hearing aids cleaned and checked by a local Hearing Instrument Specialist. No appointments needed.

**By Hearing Life**

**Gardening Basics Class**  
Wed, Mar 30, 12:30-1:30 p.m.

Join us for a lesson from a Master Gardener on how to have a "green thumb!"

**By Prospect Medical**



**Save the Date!**

**St. Patrick's Day Party**  
Fri, Mar 18, 10 a.m.-12:30 p.m.

Get your tickets early for a delicious festive lunch with special Irish dancing performance from "The Snappy Tappers." \$5 for those over 60, \$6 for those under 60. Don't forget to wear green!

**Flag Replacement Ceremony & Veteran Art Presentation**

Mon, Mar 21, 11-11:45 a.m.

Join our Veterans Group outside at the shuttle shop as they formally replace our American flag. Then, watch an art presentation made by Veteran and artist, Joe Pisano. A free lunch will be provided for all veterans.



**Frozen Meal Pick-Up**  
Tuesdays ONLY—Shortened Hours! 9 a.m.-12 p.m.

Once a week, pick up one set of frozen meals from the Senior Center to take home and enjoy. *An application is required.*

**By Meals on Wheels Orange County**

**Senior Grocery Program**  
Tuesdays ONLY—Shortened  
Hours! 9 a.m.-12 p.m.

Once a week, individuals are able to pick up a selection of fresh produce, dairy products, and shelf-stable dry goods. *An application is required.*

**By Second Harvest  
Food Bank**

**OCPL Mobile Library**  
Wed, Mar 2, 16 and 30, 2-3 p.m.

In front of the Senior Center, visit the Mobile Library to get a library card, check out books, use free internet, and more!

**By Orange County Public  
Libraries**

**Timely Topics!**  
Tuesdays, 10-11 a.m.



Discussion on current events and memories of the past.

**Senior Tax Preparation—  
Waitlist Only Available**  
Tuesdays, now thru April 12,  
12:30-3 p.m.

ARP Volunteer Tax-Aides help taxpayers with low and moderate incomes file their basic tax returns. Taxpayers with complex tax returns are advised to seek paid tax assistance. Restrictions apply.

**Afternoons at the Movies**  
Wed, March 23, 12:45 p.m.:  
“SPENCER”

Join us for a movie after lunch! Amid rumors of affairs and a divorce between Princess Diana and Prince Charles, *SPENCER* is an imagining of what might have happened to Diana during a fateful Christmas at the Queen's Sandringham Estate.

**Get a Boost with Housing  
Rehab**

Federal funds are available to qualifying Brea families for repair or refurbishment of an owner-occupied home. Funds are based on availability. Visit [www.cityofbrea.net/housingrehab](http://www.cityofbrea.net/housingrehab) or call 714-671-4461 for more information or an application.

**Travel Group**

**Bowers Museum—The  
Crown Jewels of the Disney  
Archives**

March 16, depart at 9 a.m.,  
return at 2 p.m.

The entirely new exhibition *All That Glitters: The Crown Jewels of the Walt Disney Archives* lets visitors see the jewelry and accessories from *Titanic*, *The Princess Diaries* and some of their favorite Disney and 20th Century Studios films. In addition, enjoy 8 other permanent galleries of art and artifacts from around the globe: fire masks made in Pacific Islands to terracotta horses from ancient China and ceramics of Western Mexico. \$25 per person.

**Best of Chicago**  
June 15-21

Highlights include: Chicago City Tour, Architectural Boat Tour along Chicago River, Navy Pier Food Tour, Millennium Park, Tommy Gun Dinner Show, Willis Tower Skydeck, Museum of Science and Industry. \$2,799 per person based on double occupancy.

**By Friendly Excursions**

**Yellowstone, Grand Tetons,  
and Mt. Rushmore**  
July 7-15

Visit Mt. Rushmore, Crazy Horse Memorial, Yellowstone National Park, Old Faithful Geyser, Grand Teton National Park, and take a leisurely river float trip through the Grand Tetons. \$3,499 per person based on double occupancy.

**By Friendly Excursions**

**Health Help**

**Blood Pressure Checks**  
Tuesdays, 10 a.m.-12 p.m.



**Senior Services**

**Senior Van Service—Now  
Available!**

Tue-Fri, 9 a.m.-1 p.m.

For \$2 per one-way, go to essential errands or appointments within 5 miles of your home (within Orange County). Eligibility includes 60+ years of age and Brea residency. Application required, as well as submitting your ride request 3 business days in advance. Service days and hours of operation are subject to change. Please call 714-990-7750 for more information.

**Case Management Services**

Are you a senior living in Brea? Are you a caregiver for a loved one? Achieve successful aging through advocacy, assessment, facilitation, and resource management. Eligibility to be a Case Management client: Brea resident, 60+ years of age, and client consent. Call 714-990-7750 for more info.

**Legal Aid (Room B)**  
4th Thursday of each  
month, 12:30-2 p.m.



Appointments are available with representatives from Legal Aid Society of Orange County for seniors 60+, who reside in Orange County.

**Senior Center Gift Shop**  
Monday-Friday, 9-11:30 a.m.

Large assortment of quality items available at bargain prices. Donated items gratefully accepted during business hours.

**Fitness**

**Better Balance with Dan**  
Mondays, 10-11:50 a.m.

Designed to improve movement and balance control and help prevent falls, sustain independence, reduce joint and muscle pain, increase strength, flexibility and stamina.

**By Older Adults Program**

**Health & Wellness with Eunice**  
Tuesdays, 10-11:50 a.m.  
Thursdays, 9:30-11:30 a.m.

Using a variety of standing and sitting exercises with some modified aerobics.

**By Older Adults Program**

**Line Dancing Class**  
Wednesdays, 12-3 p.m.  
Introduction: 12-1 p.m.  
Beginning: 1-2 p.m.  
Intermediate: 2-3 p.m.



**Longevity Stick Balance Class**  
Every Monday (ZOOM only),  
Wednesdays and Fridays,  
9-10 a.m.

Incorporates a series of 12 movements designed to improve balance, flexibility, strength, mental focus, breathing capacity, and vitality.

**Table Tennis**  
Every Tue & Thu, 12:30-3:30 p.m.  
Resident Quarterly Fee: \$20  
Non-Resident Quarterly Fee: \$30

The club is dedicated to health through exercise and improved flexibility in a welcoming and friendly environment. Players of all levels are welcome.

**Tai Chi for Every Body**  
Mondays, 8:30-10 a.m.  
Fridays (ZOOM only), 10:15 a.m.-  
12 p.m.

This ancient Chinese exercise will help your body's joints and muscles, develop your concentration, memory, and improve your balance and ability to relax.

**Tai Chi 42 (Courtyard)**  
Wednesdays, 8:30-10 a.m.



**Yoga Class**  
Tuesdays, 8:30-9:30 a.m.  
Thursdays, 8:15-9:15 a.m.  
(donation-based)

Bring your own mat.

**Zumba® Gold**  
Mondays with Terri—12-1 p.m.  
Wednesdays with Letty—  
10:30-11:30 a.m.

Modified Zumba formula to suit the needs of the active older participant by bringing exhilarating, easy-to-follow moves in an invigorating, party-like atmosphere.

**Gatherings**

**Bingo! (Dining Room)**  
Mondays, Wednesdays, and  
Fridays, 10:30-11:30 a.m.  
Thursdays, 12:45-1:45 p.m.

Join us for a chance to win cash prizes!



**Book Club (Courtyard)**  
4th Wednesday of each month

Discuss the book and pick up next month's book selection on the 4th Wednesday of every month from 11-11:30 a.m., in the Senior Center courtyard.

**By the Brea Public Library**

**Bunco Group**  
Every Tue & Fri, 12:45-2:30 p.m.

Everyone has a chance to win some great free prizes!

**Hooks and Needles—  
Knitting Group**  
3rd and 4th Tuesday of  
each month, 12-2 p.m.

Help create hand-made hats, booties, sweaters and blankets to be donated through the non-profit organization “Stitches from the Heart” to newborn babies in over 1,200 hospitals nationwide.

**Loose Threads—Quilting  
Group (Room B)**  
1st and 3rd Wednesday of each  
month, 9 a.m.-12 p.m.

**Sing-a-Long Group (Room C)**  
Fridays, 12:45-2 p.m.

Do you love to sing? Well, this group is just for you! Join us each week as we sing our hearts out! Beginner vocalists are welcome. This is a casual singing group focused on having fun!

**Veterans Club (Room B)**  
Mondays, 11-11:45 a.m.

Come and join in on the conversation with your fellow Vets. Spouses are welcome.

# March Activities

## FAMOUS QUOTE

“A good laugh and a long sleep are the two best cures for anything.”

IRISH PROVERB

## MARCH IS WOMEN'S HISTORY MONTH

- 1 Mardi Gras
- 8 International Women's Day
- 13 Daylight Saving Time
- 14 Pi Day
- 15 Ides of March
- 20 Spring Equinox

## VOLUNTEERS NEEDED!

Seeking Substitute Drivers to deliver meals to homebound seniors on an as-needed basis for the Brea Home Delivered Meals program.

**For more information, call 714-990-7750.**

## Monday

- A** - Room A
- B** - Room B
- C** - Room C
- CFR** - Conference Room
- CR** - Computer Room
- CY** - Courtyard
- DR** - Dining Room
- L** - Lobby Area
- LIB** - Library
- P** - Plunge Pool
- PH** - Pioneer Hall
- PHCR** - PH Conference Room
- WR** - Wellness Room

- 7**  
8:30 Tai Chi for Every Body (PH)  
9:00 Longevity Stick Balance (ZOOM)  
10:00 Better Balance (PH)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Zumba Gold (PH)  
12:00 Lunch (DR)

- 14**  
8:30 Tai Chi for Every Body (PH)  
9:00 Longevity Stick Balance (ZOOM)  
10:00 Better Balance (PH)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Zumba Gold (PH)  
12:00 Lunch (DR)

- 21**  
8:30 Tai Chi for Every Body (PH)  
9:00 Longevity Stick Balance (ZOOM)  
10:00 Better Balance (PH)  
10:30 Bingo (DR)  
11:00 Hearing Aid Clean & Check (L)  
11:00 Veterans Club (B)  
11:00 Flag Replacement Ceremony (Outside)  
11:30 Veteran Art Presentation (DR)  
12:00 Zumba Gold (PH)  
12:00 Lunch (DR)

- 28**  
8:30 Tai Chi for Every Body (PH)  
9:00 Longevity Stick Balance (ZOOM)  
10:00 Better Balance (PH)  
10:30 Bingo (DR)  
11:00 Veterans Club (B)  
12:00 Zumba Gold (PH)  
12:00 Lunch (DR)

## Tuesday

- 1**  
8:30 Yoga Class (PH)  
9:00 Frozen Meal Pick-Up (L)  
9:00 Senior Grocery Program (L)  
10:00 Health & Wellness (PH)  
10:00 Timely Topics (C)  
10:00 Blood Pressure (WR)  
12:30 Table Tennis (PH)  
12:30 AARP Tax Prep (B & C)  
12:45 Bunco (DR)

- 8**  
8:30 Yoga Class (PH)  
9:00 Frozen Meal Pick-Up (L)  
9:00 Senior Grocery Program (L)  
10:00 Health & Wellness (PH)  
10:00 Timely Topics (C)  
10:00 Blood Pressure (WR)  
12:30 Table Tennis (PH)  
12:30 AARP Tax Prep (B & C)  
12:45 Bunco (DR)

- 15**  
8:30 Yoga Class (PH)  
9:00 Frozen Meal Pick-Up (L)  
9:00 Senior Grocery Program (L)  
10:00 Health & Wellness (PH)  
10:00 Timely Topics (C)  
10:00 Blood Pressure (WR)  
12:00 Knitting Group (DR)  
12:30 Table Tennis (PH)  
12:30 AARP Tax Prep (B & C)  
12:45 Bunco (DR)

- 22**  
8:30 Yoga Class (PH)  
9:00 Frozen Meal Pick-Up (L)  
9:00 Senior Grocery Program (L)  
10:00 Health & Wellness (PH)  
10:00 Timely Topics (C)  
10:00 Blood Pressure (WR)  
12:00 Knitting Group (DR)  
12:30 Table Tennis (PH)  
12:30 AARP Tax Prep (B & C)  
12:45 Bunco (DR)

- 29**  
8:30 Yoga Class (PH)  
9:00 Frozen Meal Pick-Up (L)  
9:00 Senior Grocery Program (L)  
10:00 Health & Wellness (PH)  
10:00 Timely Topics (C)  
10:00 Blood Pressure (WR)  
12:30 Table Tennis (PH)  
12:30 AARP Tax Prep (B & C)  
12:45 Bunco (DR)

## Wednesday

- 2**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
9:00 Quilting Group (B)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
12:00 Lunch (DR)  
12:00 Intro to Line Dancing (PH)  
1:00 Beginning Line Dancing (PH)  
2:00 Intermediate Line Dancing (PH)  
2:00 OCPL Mobile Library (L)

- 9**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
12:00 Lunch (DR)  
12:00 Intro to Line Dancing (PH)  
1:00 Beginning Line Dancing (PH)  
2:00 Intermediate Line Dancing (PH)

- 16**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
9:00 Quilting Group (B)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
12:00 Lunch (DR)  
12:00 Intro to Line Dancing (PH)  
1:00 Beginning Line Dancing (PH)  
2:00 Intermediate Line Dancing (PH)  
2:00 OCPL Mobile Library (L)

- 23**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
11:00 Book Club (CY)  
12:00 Lunch (DR)  
12:00 Intro to Line Dancing (PH)  
12:45 Afternoon Movie (DR)  
1:00 Beginning Line Dancing (PH)  
2:00 Intermediate Line Dancing (PH)

- 30**  
8:30 Tai Chi 42 (CY)  
9:00 Longevity Stick Balance (PH)  
10:30 Bingo (DR)  
10:30 Zumba Gold (PH)  
12:00 Lunch (DR)  
12:00 Intro to Line Dancing (PH)  
12:30 Gardening Basics Class (B)  
1:00 Beginning Line Dancing (PH)  
2:00 Intermediate Line Dancing (PH)  
2:00 OCPL Mobile Library (L)

## Thursday

- 3**  
8:15 Yoga Class (PH)  
9:30 Health & Wellness (PH)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bingo (DR)

- 10**  
8:15 Yoga Class (PH)  
9:30 Health & Wellness (PH)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bingo (DR)

- 17**  
8:15 Yoga Class (PH)  
9:30 Health & Wellness (PH)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bingo (DR)

- 24**  
8:15 Yoga Class (PH)  
9:30 Health & Wellness (PH)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:30 Legal Aid (B)  
12:45 Bingo (DR)

- 31**  
8:15 Yoga Class (PH)  
9:30 Health & Wellness (PH)  
10:30 Anatomy of a Scam Presentation (DR)  
12:00 Lunch (DR)  
12:30 Table Tennis (PH)  
12:45 Bingo (DR)

## Friday

- 4**  
9:00 Longevity Stick Balance (PH)  
10:15 Tai Chi for Every Body (ZOOM)  
10:30 Bingo (DR)  
12:00 Special Friday Lunch (DR)  
12:45 Sing-a-Long Group (C)  
12:45 Bunco (B)

- 11**  
9:00 Longevity Stick Balance (PH)  
10:15 Tai Chi for Every Body (ZOOM)  
10:30 Bingo (DR)  
12:00 Special Friday Lunch (DR)  
12:45 Sing-a-Long Group (C)  
12:45 Bunco (B)

- 18**  
9:00 Longevity Stick Balance (PH)  
10:00 St. Patrick's Day Party (DR)  
10:15 Tai Chi for Every Body (ZOOM)  
12:45 Sing-a-Long Group (C)  
12:45 Bunco (B)

Happy St. Patrick's Day!

- 25**  
9:00 Longevity Stick Balance (PH)  
10:15 Tai Chi for Every Body (ZOOM)  
10:30 Bingo (DR)  
12:00 Special Friday Lunch (DR)  
12:45 Sing-a-Long Group (C)  
12:45 Bunco (B)

More programs and details to come.  
All programs and activities subject to change and cancellation without prior notice.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	**2**	3	4
		<b>**Ash Wednesday**</b> Moroccan Lentil Vegetable Soup w/ SF Crackers Baked Fish w/ Tartar Sauce Sweet Potatoes California Salad SF Pudding	Mexican Tuna w/ Corn & Tomato Salad Corn & Black Beans WW Dinner Roll w/ Promise Ambrosia	<div style="background-color: #808080; color: white; padding: 10px; font-size: 24px; font-weight: bold;">Special Friday Lunches are Listed on the Next Page</div>
7	8	<b>**9**</b>	10	
Chicken Strips w/ Creole Sauce Rice Pilaf Scandinavian Vegetable Blend Orange Juice SF Custard		<b>*National Nutrition Month*</b> Baked Salmon w/ Mango Salsa Spanish rice Oriental Vegetable Blend WW Dinner Roll Fresh Cantaloupe	Turkey Pot Roast w/ Turkey Gravy Sweet Potatoes Broccoli Mandarin Orange	
14	15	16	17	
Swedish Meatballs Mashed Potatoes California Vegetable Blend WW Dinner Roll w/ Promise SF Apple Crisp		Egg Drop Soup w/ SF Crackers Pecan Chicken Salad Asian Marinated Cucumber Pineapple Chunks	<b>**St. Patrick's Day**</b> Corned Beef & Cabbage Whole Baby Potatoes Carrot Coins WW Dinner Roll SF Pistachio Pudding	
21	22	23	24	
Pork Chile Verde Spanish Rice Oregon Bean Medley Tortilla 6" Tropical Fruit Mix		Cream of Celery Soup w/ SF Crackers Winter Chicken Citrus w/ Celery Salad Quinoa, Corn, Mango Salad SF Fruited Gelatin	Braised Cubed Beef Burgundy Sauce Sweet Potatoes Broccoli WW Dinner Roll w/ Promise Ambrosia	
28	29	30	31	
Diced Chicken w/ A la King Sauce Brown Rice Broccoli Ambrosia		Red Pepper, Zucchini, Cheddar Cheese Frittata Roasted Potatoes Spinach WW Dinner Roll w/ Promise SF Apple Crisp	Cream of Pumpkin Soup w/ SF Crackers Healthy Veggie Salad w/ Shredded Chicken WW Dinner Roll w/ Promise Mandarin Orange	<b>Voluntary Contribution - \$3.00</b>  <b>Meal Cost for Under Age 60 - \$5.00</b>   <b>Meatless Meal</b>
<p>All meals comply with the Dietary Guidelines for Americans (DGA) 2020-2025 &amp; Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Human Services Agency &amp; the U.S. Department of Agriculture. Meals on Wheels Orange County Lunch Program may change the menu for reason of quality control, price or vendor problems. This project is funded in parts through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% Milk served daily.  indicates sodium content over 1,000 mg. * indicates a special event or Holiday and the menu MAY exceed 1,000 mg. Low Cholesterol, 0% trans-fat buttery spread served with bread &amp; rolls. Weekly average lunch meal provides &gt;550 calories. Please note condiments are not analyzed and may increase sodium.</p> <p style="text-align: center;"><a href="http://www.MealsOnWheelsOC.org">www.MealsOnWheelsOC.org</a></p>				

# Special Friday Lunches



- Friday, March 4**  
 Chicken Stir-Fry, Egg Roll, Asian Salad, Fruit, Fortune Cookie
- Friday, March 11**  
 Fish Tacos with Toppings, Mexican Corn, Pinto Beans, Green Salad, Caramel Flan
- Friday, March 18**   
*St. Patrick's Day Party*  
 Pastrami Sandwich with Sauerkraut, Curly Fries, Dill Pickle, Green Salad, Green Grapes, Mint Ice Cream Sandwich
- Friday, March 25**  
*\$1 Lunch Sponsored by Dwight Manley*  
 Blackened Chicken Alfredo, Garlic Bread, Italian Salad, Pears with Berries, Dessert Cookie
 

\$1.00 LUNCH

**Join us every Friday at the Brea Senior Center for a Special Friday Lunch Menu! Seniors 60 and older may purchase a Friday Lunch for \$4.00. Anyone under the age of 60 may purchase a meal for \$5.00. Pre-registration and pre-payment are preferred at least one day in advance. Friday meals can be eaten in-person at the Senior Center or taken to-go for an added charge of \$1.00. Friday Lunches served on party days will cost \$1.00 extra.**

\*Vegetarian options are available

## LUCK OF THE IRISH

R F Z U C N S E K F S Q Q D E B B E A E E R K U T  
 A Q B J U H X P R S M N M N G G G L A Y O A S X K  
 V H F O B S B C A I M C W E E O S F K Q Q I I G X  
 H U G O P I E I H T E C V G E L C N U E N N L Y H  
 T R N N K R L W V R R Z K E F D P G D F L B W J F  
 W L Y P P I F W P G J I W L S Q E Y E Q I O D E P  
 F I K C U L A B D I K G C A X C P C A P Y W L J O  
 H N E L V E S H A M R O C K Z B I S J S M L I G T  
 B G R H U C T I K E O W C G V J T T U S E K A N S  
 C P B C H D Y D E J C R A H B M B A L Y B O B J Y  
 S B A A I V M N I Q E A M N N R Q N J E E H N D D  
 D G R U C S A G N V F J D R T F E N C H C P D H U  
 E M R S Y T G F O A I X Y Q N N D S T U E A U E B  
 N D Q G A V I L E I H U E H O O A D A C F O U M L  
 V N N K X G C L U F L U N Y Q G R A M X A K H Y I  
 H P Y A K Y I L O R B R R J O U A T L Q E A S D N  
 I R C L L S Q G F R F H A P C J P A A O R L B K R  
 U G K G A E L I C S H S L C V N K M V P I C I D W  
 T K Z E Q J R T I N J G B U D L A R E M E V R U O  
 N T Z R B D R I E B H D Q S A T C U L B O I I J G  
 I D Z S Z K E J C U V H F P N F V E F Y D G S Z W  
 A R I P N E O J N J U U G E N B A T N U J I P F E  
 S Q U H I L Y S A U M P C A R I X X G O B O B I Y  
 C Z S O L L X B D Q R R O Q E C Z G J C T P U H Q  
 A R Y W I S H F J A G G Y X Z A R Z P D C S H D Y

BELFAST	IRELAND
BLARNEY	IRISH
CELTIC	JIG
CHARM	KELLS
CLOVER	LEGEND
CORK	LUCK
DANCE	MAGIC
DRUID	PARADE
DUBLIN	PATRICK
EIRE	PATRON
ELVES	POT
EMERALD	RAINBOW
FAERIE	SAINT
GAELIC	SHAMROCK
GOLD	SNAKES
GREEN	STONE
GUILE	WHIM
HURLING	WISH

### Come by and learn...

The Brea Senior Center is open to all senior and pre-senior community members. Come by and learn more about the many programs, services and events available for you.

**Hours:** Mon-Fri / 8 a.m.-3 p.m.  
**Location:** 500 S. Sievers Avenue, Brea California 92821  
**Telephone:** 714-990-7750  
**Website:** [www.BreaSeniorCenter.com](http://www.BreaSeniorCenter.com)  
**Facebook:** [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)  
**Instagram:** [instagram.com/breaseniorcenter/](https://www.instagram.com/breaseniorcenter/)

More details and information available online

