

What's Doin' at the Brea Senior Center

Happy Father's Day!



June 2020

In accordance to Governor Newsom's direction regarding COVID-19 and seniors over the age of 65, the City of Brea Senior Center has CLOSED and SUSPENDED all classes and activities out of concern for public health and safety, until further notice.

The following essential services related to nutrition and social services will continue on a limited basis:

Meals on Wheels Orange County Lunch Café Program

The congregate lunch program has been converted to frozen meals to take home. Meals can be picked up at the Senior Center Monday-Friday from 10:30 a.m.-12:30 p.m. An application is required.

Home Delivered Meals

Five days of meal support, including breakfast, lunch and dinner, delivered to the home of qualifying homebound older adults 60+ years of age. Call 714-990-7785 or 714-990-7781 to inquire about availability and the eligibility screening process.

Senior Grocery Program

In partnership with Second Harvest Food Bank of Orange County, one box of shelf-stable grocery products is available per senior household, while supplies last. Boxes can be picked up at the Senior Center Monday-Friday

from 10:30 a.m.-12:30 p.m. An application is required.

Case Management Services

For Brea seniors and caregivers. Achieve successful aging through advocacy, assessment, facilitation, and resource management. Eligibility to be a Case Management client: Brea resident, 60+ years of age, and client consent. Call 714-990-7750 for more information.

Senior Shuttle

Transportation for Brea seniors to be shuttled from their residence to the Center to pick up lunches and groceries will continue on a reservation basis by calling 714-990-7754. An application is required.

Senior Van Service

Enroll in the Van Service available for Brea residents, 60+ years of age. Currently, for a suggested donation of \$2 per one-way, this service is available to use for your essential errands or appointments. An application is required, and ride reservations must be submitted at least 3 business days in advance. Mileage limit: 10 miles (within

Orange County). To get the most up to date information about service day and times, call 714-990-7750.

Senior Taxi Program

Discounted taxi rides are available for eligible Brea residents. Eligibility is income-based and includes being 60+ years of age and being unable to drive. Most ride destination types are covered, but must be located within Brea or neighboring cities. An application is required along with supporting documents. Call 714-990-7781 for more information.

Legal Aid

Appointments available over the phone with representatives from Legal Aid Society of Orange County for seniors 60 years and older, who reside in Orange County. Call 714-990-7750 to set up an appointment.

HICAP

Medical and Health Insurance Counseling available over the phone brought to you by Council on Aging. Call 714-990-7750 to set up an appointment with a trained HICAP counselor.

Zoom Fitness Classes

Enjoy your favorite Brea Senior Center fitness classes and instructors from the comfort of your own home! Call 714-990-7753 to get a link emailed to you to join the class from your computer, laptop, tablet, or mobile phone.

Line Dancing Class:

Wednesdays 12-3 p.m.

Longevity Stick Balance Class:

Mondays, Wednesdays, Fridays 9-10 a.m.

Tai Chi for Every Body:

Mondays and Fridays 10:15-11:45 a.m.

Better Balance:

Various days and times

Health & Wellness:

Various days and times

Sponsor Thank You!

Islands Restaurant Brea

Islands Restaurant Brea has donated around 720 fresh meals to our senior center over the past two months. Because of them, we are able to better support our home-bound and vulnerable senior population during this time when food access is limited.

Thank you Islands for being a



thoughtful business partner during this tough time!

Brookdale Brea

The Senior Center received a generous donation of 540 cookies from Brookdale Brea over the last two months. The cookies were delivered to those picking up and receiving daily meals, and delivered to seniors who are part of our Home Delivered Meals program. We thank Brookdale Brea for their continued support of our local Brea seniors!



Brea/Orange County Plumbing, Heating, & Air Conditioning

Brea/Orange County Plumbing donated money to the Senior Center to help our emergency operations during this COVID-19 period. As we're giving out more food and grocery boxes than ever before, this money will help in multiple ways with ensuring our services meet every senior's needs.

Lighthouse Church

Volunteers from the local Lighthouse Church donated around 210 handmade masks to the Senior Center to give out to seniors and family members who need one. Thank you Lighthouse Church!

Senator Ling Ling Chang

Senator Ling Ling Chang donated 250 packs of La Brea Bakery Bread and 12 elderly care packages filled with toilet paper, non-perishable food, and face masks that were distributed to Case Management clients in Brea. Thank you Senator Chang!



Brea Korea Sister City Association

The BKSCA donated 200 surgical masks for the Senior Center staff to use while processing and distributing food. They have been a great help and we can't thank the Brea Korea Sister City Association enough!

Pizza Hut

The Senior Center received a generous donation from the local Brea Pizza Hut owner, Khalid.

He wanted to provide a special lunch to all our staff,



drivers, wellness callers, and food distributors who have been serving during the quarantine. He has continued to donate over a dozen pizzas and breadsticks each week to distribute to our senior participants.

More details and information available online

Hours: Mon-Fri / 10:30 a.m.-12:30 p.m. | Location: 500 Sievers Ave., Brea, CA 92821 | Telephone: 714-990-7750

Website: www.BreaSeniorCenter.com | Facebook: [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)