



# BREA Line

CityofBrea.net | March-April 2015

## California Mandates Reductions; Brea Hits Recycling Targets



Materials from apartments and businesses are separated for recycling at Republic Services.

**REUSE**  
**REDUCE**  
**RECYCLE**

Everyone in Brea has a stake in the success of recycling. By reducing quantities of overall trash, environmental benefits increase and disposal costs be moderated. Waste diversion targets are continually adjusted upwards to best use available space and to keep certain materials out of landfills. Compliance with State of California diversion goals is mandatory with ongoing monitoring for progress.

For single family homes, recycling couldn't be easier! With a dedicated green cart for recyclables, simply place all types of materials together: paper, aluminum, cardboard, glass and plastics. Apartment waste that is placed in large bins gets collected and delivered to a recycling complex to be processed. Those residents only need to securely, separately bag their wet waste in order to be in compliance. This helps keep recyclable materials dry so they can be recovered by Brea's contracted hauler, Republic Services.

Through reduced consumption and active recycling Brea customers are to be thanked for properly using their carts. Republic Services

processed an average of 2,544 tons of recyclable material collected from Brea customers in Fiscal Year 2012-13. That amount increased to 2,592 tons in FY 2013-14. The amount of green waste processed from Brea customers was 5,112 tons of in FY 2012-13 and 5,076 tons in FY 13-14.

All residents also need to be mindful of proper disposal for bulky items and electronic waste. Through the curbside E-Waste disposal program, Republic hauled away over 23,000 pounds of electronic waste per year in both FY 2012-13 and 2013-14. This helped over 400 Brea customers properly dispose of over 700 electronic items each year. (Schedule your special pick-up through Republic by calling 714-238-2444.)

Efforts to recycle should also be combined with mindful consumption habits in order to have the most long-lasting environmental benefits. Keep up your good efforts!



### Reminder...put trash bins away promptly!

Please arrange to remove trash bins from the street by nighttime on your pick-up day. Warning stickers can be expected for those who forget this rule. If left in the street, bins can impede traffic and interfere with street sweeping. Thanks for helping!

### Used Tire Collection

Saturday, March 14  
8 am – 2 pm

City Maintenance Yard  
545 N. Berry St

Brea residents only—ID proof required. Limit of 9 tires.

### April 22: Earth Day

Visit [CityofBrea.net](http://CityofBrea.net) to find environmentally-friendly conservation tips.



## Drought Stretches into Fourth Consecutive Year

Results from the most recent snow survey are very discouraging as the entire western region seeks relief from the ongoing drought situation. 2014 was the hottest year and 2013 the driest year on record in the State of California. The California Department of Water Resources (DWR) monitors snowpack that provides for about 30 percent of the State's need. Snow at Echo Summit, where a manual survey was conducted, was 88 percent below average, while state-wide levels elsewhere are 75 percent below average. Meanwhile, underground aquifers are also not being replenished due to the severe lack of rainfall.



Water consumption needs to be reduced even further with smart conservation. Residents and businesses have made good progress in developing greater consciousness as they use this dwindling resource and have begun practicing new habits. Rebate programs have offered incentives that have proven successful and popular to get change underway. But much more effort is still needed to cut-back on water use. Southern California's water agencies are working together to establish stability as best they can. Permanent future changes are inevitable as drought conditions are expected to be prolonged even as population growth continues.

How can you do more? Get information at [OCwatersmart.com](http://OCwatersmart.com).

## Troubleshoot with Free Leak Detection Service

Got an abnormally high water usage bill? The most common water leaks become very costly even if they're small. If you can't pinpoint the problem, please call the City of Brea Public Works Department at 714-990-7691 to schedule a free leak survey. Prior to making an appointment, first inspect your property for more obvious leaks such as running toilets, dripping faucets, or damaged sprinklers.

## Code Enforcement Assures Safe, Attractive Neighborhoods

Sometimes people are unsure about local standards. Sometimes people become careless. Brea's code enforcement helps assure that everyone follows basic rules for a safe and attractive community for all. This program does not exist to punish property owners, rather to maintain the greater good through compliance with adopted codes.

If you have a question, or you want to address a particular situation anonymously, it is easy to make a submital through the city website. Look under the Community Development Department for more information. Calls can be directed to 714-990-7764.

## Consider a Career with the Brea Police Department

If someone you know is interested in a public safety career, there will be ample opportunities in coming years. As seasoned officers reach retirement, a new generation can be ready to step forward in service to Brea. Behind the scenes, dispatchers are another vital part of public safety.

To be notified and considered as future opportunities arise, please go to the website [jobs.cityofbrea.net](http://jobs.cityofbrea.net) and enter your information. This is the best way to jump-start the process when openings are created by the Police Department.

Follow the Brea PD on Twitter or Facebook or subscribe to their blog, [cityofbrea.net/pdblog](http://cityofbrea.net/pdblog).

## Commissions Welcome Appointees

The Brea City Council was impressed by a strong applicant pool of citizen volunteers who were willing to take on formal service roles to review and make recommendations on various City projects. With the new appointees being added, here is a current roster of commissioners.

- **Planning Commission:** Rick Clark, Pat Fox, Jim Grosse, James McGrade, George Ullrich
- **Parks, Recreation and Human Services Commission:** Bill Higgins, Connie Lanzisera, Bill McMillan, Steve Shatynski, Andrew Todd,
- **Cultural Arts Commission:** Tom Donini, Rob Grosse, Innie Hahn, Dave Rader, Judy Randlett

Also, the Brea City Council filled the unexpired term for City Treasurer by appointing William Christensen to serve in that role until December 31, 2016.



## Partner with Brea Police in Watch Programs

Partner with your police department to enhance safety in your business or home. Prevention isn't just about building physical barriers or setting alarms for criminals. It is also about a community carefully watching out for one another as deterrents to crime.

By starting a Business Watch program near your workplace, or a Neighborhood Watch around your home, you are taking an important step toward a safer environment. The rewards can be a reduction in crime, better safety strategies and improved goodwill and communication.

An application form is available at [BreaPolice.net](http://BreaPolice.net). Or you can simply email your contact information to [communitywatch@cityofbrea.net](mailto:communitywatch@cityofbrea.net) or leave a message at 714-671-4499.

## Help Us Build a Community of Volunteers



Throughout Brea, volunteers have contributed a diverse array of skills and experience to make a difference in this community. **Hands On Brea** is a new program designed to link volunteers with rewarding opportunities, as well as to help find available volunteers when needed.

By its design, the program will connect volunteers to organizations that are Brea-based or offering services to Breans. All of the City's special events, the Curtis Theatre, Art Gallery and Brea Senior Center are examples of programs always looking for people to lend a hand. Resident high school students working on completing service hours for the Mayor's Youth Community Service Award often need help identifying organizations that can use teens. **Hands on Brea** can become a link for local organizations and such individuals to find each other.

**Hands on Brea** is starting out by building a database of willing volunteers. If you are one of those, please tell us about your skills, interest and experience. Visit [cityofbrea.net/handsonbrea](http://cityofbrea.net/handsonbrea), send an email to [HandsOnBrea@cityofbrea.net](mailto:HandsOnBrea@cityofbrea.net) or call 714-990-7152.

### As for current opportunities, here are some suggestions:

- The Brea Senior Center's Home Delivered Meal Program is a community-based volunteer effort distributing nutritious meals to frail and homebound seniors in Brea. Volunteer drivers can serve in short term, long term, or substitute capacities. Call for details and requirements 714-990-7750.



- Habitat for Humanity of Orange County needs volunteers to assist in building homes that provide opportunity for limited-income families. Brea has benefited from a number of successful past projects and several are now underway in neighboring cities. Please visit [HabitatOC.org/Volunteer](http://HabitatOC.org/Volunteer) or call 714-434-6200 ext. 234.



- VIPS is a Brea Police Department volunteer program for citizens of Brea who are interested in assisting the police department. Volunteers receive formal training for:

- Traffic and crowd control at city events
- Community patrols
- Assisting in records and administration
- Answering telephones in the detective bureau
- Assisting at crime scenes
- Taking part in surveillance operations



An application, background check and interview process are required. Volunteers are asked to contribute a minimum of 16 hours per month, plus attend a monthly meeting. If interested, please call 714-671-4466.

## Get a Boost with Housing Rehab

If your home repair list outweighs the paycheck, Brea's Housing Rehab Program may be a solution. Federal funds to finance home repairs are allocated to qualifying families for repair or refurbishment of an owner-occupied home. The City of Brea can help you apply. Funds are based on availability and applicants must meet income and other criteria.



To request an information packet, please call 714-671-4421.

## Standards Reflect Neighborhood Pride

Pride is reflected in how people care for property and behave in their neighborhoods. Therefore, it is important to be aware of several property maintenance standards promoted by the City of Brea.

- Keep trash cans out of sight. Wait until sunset the evening before collection day to bring cans out. Put them away by 10 p.m. after pick-up.
- Park cars in a garage, carport or driveway. Permits are required for vehicles left overnight on a public street.
- Store boats and RVs properly. If these do not fit in a garage, 3-sided carport, or side yard, then other arrangements are needed.
- Silence is golden. Certain noise levels are restricted between 7 p.m. and 7 a.m. Be aware when loudness is a nuisance.
- Be a responsible pet owner. There are limits to the numbers of pets allowed on an individual property. Dogs in public must be leashed. All pet wastes must be disposed of properly.
- Keep your home in good repair. Regular maintenance and landscape care are essential for good function, safety and attractiveness. You can review building code details online.

## Personal Products Are “Flushable” at Your Own Risk!

**D**on't fall for a claim of “flushable” that appears on many consumer products. Simply stated - your toilet is not a trash can!

Most items now marketed as flushable actually do NOT degrade. True, these might initially flush down your toilet, but they eventually can bind up, clog your pipes, tangle pumps and cause sewer backups into homes, businesses or streets. So, you've not only paid up front for a supposed convenience, you get to pay again later for the plumber! If you feel reliable sewer service is a priority, be sure to dispose of any cleansing products and non-organic materials in the trash, not the sewer.

Here's a basic list of what NOT to flush.



- Baby or personal hygiene wipes
- Household cleaning product wipes or wands
- Feminine products
- Paper towels
- Facial tissues
- Cotton swabs and cotton balls
- Hair or dental floss

In short, only human waste or toilet paper should ever be flushed down your toilet!

If you have any questions regarding items that can or cannot be flushed down the toilet or washed down a sink, visit the Orange County Sanitation District at [what2flush.com](http://what2flush.com).

## Harvard University Honors Brea Energy Project

**T**he Brea Energy Efficiency and Solar Project has been recognized as a Bright Idea through the Innovations in American Government Awards at Harvard University.

For more than 20 years, Harvard's Ash Center has used their Innovations Program to recognize the very best in American government. They continuously collect case studies in order to bring national attention to good ideas in governance and to promote widespread dissemination of successful programs. Brea's energy project was included as part of an exemplary group of programs representing the cutting edge in government policies, initiatives, and best practices.

The Brea Energy Efficiency and Solar Power Project went online in 2012 has been conserving energy and producing General Fund and Water Fund Savings ever since. It encompasses detailed energy efficiency improvements at 14 different civic sites, plus replacement of street lighting throughout the city, and the installation of three solar power production arrays that supply direct energy for civic operations. Cost controls to the bottom line on the City's energy bill were seen immediately and more than \$13 million in net savings is anticipated to be realized over the 25-year project span. At the end of its third year, 8.6 million kilowatt hours had been produced, which means the solar installations are producing 36% of the City's average annual electrical consumption for buildings.

Earlier recognition for Brea's project was also received through the US Chamber of Commerce Sustainability Award program, The Climate Registry's “Cool Planet” Award and the Institute for Local Government Beacon program. It is satisfying to know Brea's energy project remains award-worthy even after several years of proven performance.

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## CERT Boosts Safety with Free Training Series

**O**ver 200 Brea residents have improved their safety and survival skills through the City's Community Emergency Response Team (CERT) Training. The next series begins on April 13 with six classes meeting on Mondays and Wednesdays, plus a Saturday practice drill at the conclusion.

The program known as CERT educates people about disaster preparedness for hazards that may impact their home or work area, and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. There is no better way to boost your sense of personal security than planning and practicing options ahead of an actual emergency situation. Classes are taught in conjunction with Placentia and Yorba Linda. In all three communities, graduates have formed neighborhood teams to continue the mission of increased safety.

For more detailed information or to sign up, please go to [cityofbrea.net/CERT](http://cityofbrea.net/CERT)



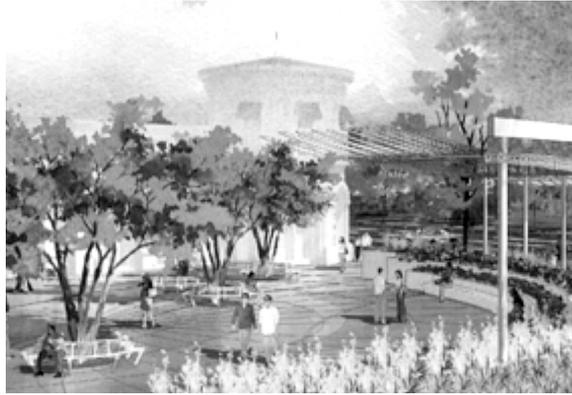
Two Brea volunteer CERT teams participated along with twelve other jurisdictions during a recent regional training day to exercise skills and learn more from subject area specialists. Here they participate in a tabletop assessment drill.

## Growth in Brea Paces Community Development

Construction work has been steady in Brea as several residential tracts of new homes have been built with more to come. The Community Development department continues to process a steady flow of projects, not only residential but also submittals related to commercial and industrial sectors.

On the east side of town, **La Floresta** approaches the half-way point with about 500 residences of varying types already completed. The next areas will include a five-story midrise of luxury apartments and about 400 age-qualified units in the final phases. These would close out the housing inventory within this major mixed-use development anticipated in 2016-17.

Meanwhile, the development's cornerstone retail component is taking shape at the northeast corner of Imperial Highway and Valencia. Whole Foods Market anchors what will be called the **Village at La Floresta**. A variety of other businesses will round out its commercial core with easy pedestrian access. As a focal point, a spectacular new art installation, titled Oasis, is certain



to command status with its multi-sensory experience of sculpture, light and motion that invites visitors into an expansive outdoor plaza.

To the north, **Blackstone** has only 150 units remaining to be built for its completion. Since groundbreaking, there has been no slow-down as construction activity tries to keep pace with a steady demand for high-end housing in this showcase neighborhood.

Over on the northwest side of Brea, crews are doing grading and underground utility work as preparation for another mixed-use development of 452 units to be called **Central Park Village**. This former site of a hospital and dated medical offices will move into a new century with modern styled commercial space fronting Central Avenue. The project will include a prominent medical services building plus nearby spaces for live/work options. A privately owned "central park" will serve the neighborhood's future residents but also be accessible to the public from Site Drive. This development's first phase will be 81 townhomes to be built along its southern property line. A barrier wall going up there delineates the existing industrial buildings from new development. Other housing types to come include condominiums and apartments.

The Community Development staff has also recently processed many permits for Brea's **industrial zones**. This has resulted from sales and conversions of existing buildings to different manufacturing uses and also several build-outs on remaining open lots. Such businesses observe that the City's amenities and location make it a magnet for small "move-ups" ready to expand their operations as the recession ends.

**The Tracks at Brea Trail** continues to take shape with soils clean-up and grading between Brea Boulevard and State College nearing completion. The



project's next phase will construct a paved bike trail and a decomposed granite pedestrian path on this segment over a four month period. Concurrently, City staff continues pursuit of new grant funding for design work to go forward on other remaining segments. Send an email to [roslyn@cityof-brea.net](mailto:roslyn@cityof-brea.net) to be added to the Tracks update list.

## HERO Program Opens to Brea Homeowners

Brea is among the first Orange County cities to authorize a new financing program for renovation projects that can increase energy efficiency. Rather than making monthly payments, HERO (Home Energy Renovation Opportunity) allows property owners to repay over time through a voluntary annual assessment that can be added onto their property tax bill for 5, 10, 15, or 20 years depending upon the actual improvements which are being financed. This optional type of repayment method is authorized by state law. It is NOT a new tax.

HERO is intended to help lower utility bills, increase property values and make communities more sustainable. Many different home improvements may qualify. In general, eligible upgrades are installations that increase energy efficiency or conservation. Many types of clean energy upgrades might be considered: solar panels, cool roofs, window and door replacements, or irrigation and lighting control systems.

HERO offers a homeowner fixed-interest rates and flexible payment terms. Contractors who offer the HERO finance option must be certified by attending special training and be properly licensed for their specialty trade in the cities where they work. As a good practice, consumers can request competing bids from different contractors and of course, should carefully evaluate all lending choices.

To learn more, please visit [heroprogram.com](http://heroprogram.com) or call 855-HERO-411 to speak with a program representative.



Your energy efficient future, today.

BREA

# Bridal Show

SATURDAY, APRIL 18, 2015  
11 AM-3 PM

**BREA Community CENTER**

695 E. MADISON WAY, BREA

*Meet premier wedding professionals ready to help you plan your dream wedding!*

**\$6 ADMISSION PER PERSON**

BRIDES, PRE-REGISTER ONLINE TO RECEIVE COMPLIMENTARY ADMISSION FOR YOU AND A GUEST.

**HORS D' OEUVRES  
CAKE SAMPLES • DOOR PRIZES  
GRAND PRIZE, BONNY BRIDAL WEDDING GOWN**

FOR MORE INFORMATION:  
714-671-4427 • BREABRIDALSHOW.COM

EMAIL:  
BREABRIDALSHOW@CITYOFBREA.NET

## Neighborhood Traffic Management Plan Reviewed for Santa Fe Road

Residents of the Olinda Ranch and Blackstone communities are concerned about traffic and safety issues in their neighborhoods, particularly speeding on Santa Fe Road. Wildcatters Park and the nearby Dog Park attract many visitors from outside of the neighborhood. Heavy commuter traffic on Carbon Canyon Road might entice some motorists to use Santa Fe Road as a short-cut.

To address problems, the City held community meetings to hear resident traffic concerns. Over several months, a volunteer resident steering committee worked with the City traffic engineer to propose solutions. After collecting traffic data, including volumes, vehicular speeds, directional and traffic collision data, the City's consultant developed a list of potential improvements. The group worked cooperatively to recommend a plan which was then sent on to the Traffic Committee for review. A next step would be to formalize a Neighborhood Traffic Management Plan (NTMP) through the City Council.

Safety can be enhanced immediately if everyone keeps these important reminders in mind when driving through any residential neighborhood.

1. SLOW DOWN!
2. Make complete stops at corners with signs.
3. Look and listen even more carefully for children, pets and pedestrians.

## Brea Olinda Unified School District and City Partner for Progress

One important component to judge community character is the quality of schools. Outsiders derive opinions about a place, and likewise the people who live there, from a mix of amenities. Schools are always near the top of everyone's list. Good schools become proof that children and learning are valued and thus, positive growth is possible.

The City of Brea and the Brea Olinda Unified School District (BOUSD) have certainly grown up together. Their shared struggles and successes have defined the community for more than a century. In fact, the school district was established in 1903\*, making it 14 years senior to the City as a legal entity. At that time, no one could have foreseen an era with Brea as a regional economic hub and its schools connected to global learning through the internet.

While both are totally separate entities, with different elected governing bodies, they coordinate in key areas. Some examples:

- **Facilities:** Shared use agreements cover certain outdoor recreational fields adjacent to schools. District offices are located at the Brea Civic & Cultural Center.



Hundreds were on the run during the Brea 8K benefiting Brea Olinda High School programs.

• **Financing:** Certain bond agreements that benefit the community have been jointly supported. During emergency situations there has been cooperation to bridge temporary funding gaps.

• **Programming:** There are numerous interconnected activities. The City has long operated youth programs scheduled to support the BOUSD academic year such as the After School Program and Spring Break and Summer Day Camps. There are also early childhood options and teen activities. Over the

years, hundreds of high school volunteers have earned the Mayor's Youth Service Award. As a fundraiser for school programs, the Brea8K, which covers several miles of Brea roadways, has grown into a respected USATF-sanctioned athletic event.

Even residents who do not have school-aged children benefit from a strong and healthy school district. Once you learn more, you will be happy to support BOUSD in their various fundraisers and events.

*\*Initially established March 3, 1903 as the Randolph School District*



# City Recap



A Review of City Council  
Actions on Ordinances,  
Hearings and Contracts

*Brea Line* summarizes Council business.

## 12-16-2014 Recap

### Conflict of Interest Code

Adopted resolution to update the City's Conflict of Interest Code to conform to organizational changes and State law.

### Trailview Residences

Approved development agreement for thirteen townhomes in an R-3 Multiple Family Residential Zone to be known as Trailview at 146-150 Orange Avenue.

### Weight Limit on Streets

Amended restrictions for vehicles exceeding a specified weight limit on designated Brea streets.

### City Fuel Storage Tanks

Approved the plans and specifications for the above ground fuel storage tanks at the city yard and Sports Park to remove and replace existing underground fuel storage tanks with an above-ground split fuel storage tank system. Replacements will comply with air quality and environmental regulations, offer operational efficiencies and reduce maintenance costs.

### Legislative Platform

Adopted platform for the 2015 legislative session as presented.

### Geotechnical Services

Approved the second amendment to agreement with Ninyo and Moore not-to-exceed \$294,500 funded by Land and Water Conservation and Housing Related Parks grant funds for additional environmental and geotechnical services for The Tracks at Brea.

### Tracks Soil Remediation

Approved a change order with American Integrated Service, Inc. for \$300,000 funded by the Environmental Protection Agency and Land and Water Conservation grant funds for additional costs due to unforeseen conditions for The Tracks at Brea Soil Remediation.

### Tracks Construction Management

Approved the second amendment to Project Dimensions, Inc. agreement, to increase the contract to \$190,000 funded by Land and Water Conservation grant funds for additional construction management services for the completion of soil remediation and rough grading for The Tracks at Brea.

### Sewer Main Replacements

Approved the Professional Services Agreement with CivilSource, Inc., not-to-exceed \$121,323 for civil engineer design services for Randolph Avenue/Imperial Highway/Lambert Road/State College Boulevard Sewer Main Replacement Project.

### Brea Industrial II, LLC

Approved final parcel map to subdivide 16.6 acre site into three parcels in Light Industrial Use zone and construct sidewalk, driveways, utility connections and relocate street lights and fire hydrant at 3170 Nasa Street.

### Development Impact Fees

Received and ordered filed the Annual Development Impact Fee report for Fiscal Year ended June 30, 2014 as presented.

### Alley and Sewer Reconstruction

Awarded the bid and contract to Ramona, Inc. for \$817,785 plus 15 percent contingency funded by the Gas Tax and Sewer Fund to reconstruct the alley east of Brea Boulevard, south of Imperial Highway and to replace or rehabilitate sewer lines at various locations for Miscellaneous Alley and Sewer Capital Improvement Projects.

## 01-20-2015 Recap

### Sister City Student Visitors

Presented Commendations to visiting students from Anseong, Korea and Hanno, Japan

### Human Relations Council

Received the Orange County Human Relations Council's annual report

### CDBG Program

Approved participation in Fiscal Year 2015-2016 Community Development Block Grant Program (CDBG) with the County of Orange.

### Weight Limit on Streets

Amended restrictions for vehicles exceeding a specified weight limit on designated Brea streets.

### Public Affairs Advocacy

Approved the Professional Services Agreement with Townsend Public Affairs, Inc., in an amount not-to-exceed \$62,000 annually for State and Federal Advocacy Services through January 31, 2017.

### Landscaping and Lighting Districts 1 - 7

Adopted resolutions for Landscaping and Lighting Assessment Districts and ordered report filings by the Director of Public Works on improvements and assessments for Fiscal Year 2015-16.

## 01-23-2015 and 1-27-2015 Recaps

Interviews were conducted for the City Treasurer position to fill the unexpired term ending December 31, 2016. The meeting was adjourned to continue the interviews on January 27, 2015. At this meeting council appointed Bill Christensen to fill the Treasurer vacancy.

## 02-03-2015 Recap

All council members except council member Vargas who was disqualified approved an amendment to the lease agreement with Imperial Golf, LLC, as outlined in the written staff report for the price and terms for the property located at Birch Hills Golf Course Clubhouse 2250 East Birch Street.

### Emergency Medical Services Manager

Amended the Classification Plan to add the job description of Emergency Medical Services Manager and established a salary range. Amended the position allocation list for the Fire Department to remove one Fire Captain. Position funded by the Brea/Fullerton Fire Command staff agreement.

### Public Service Easement

Adopted resolution to summarily vacate public service easement at 340-420 West Central Avenue (Central Park Village) due to removal of water lines.

### Summerwind Tract

Accepted the public improvements for Summerwind Tract 17335 located at 1000 Site Drive as complete by Taylor Morrison of California, LLC, and released improvement securities and accepted a one-year warranty bond.

## Alley Improvement Projects Underway Near Downtown

A project to upgrade the sewer lines and make surface drainage improvements is underway on two alleys running parallel one block to the east and west of Brea Boulevard, and on the south side of Imperial Highway. Construction work will continue through June and access to those alleys will be very restricted. Please pay attention to posted signs in that area and drive slowly on the cross streets whenever equipment is present.

### Brea City Council

- Marty Simonoff, *Mayor*
- Christine Marick, *Mayor Pro Tem*
- Cecilia Hupp, *Council Member*
- Glenn Parker, *Council Member*
- Steven Vargas, *Council Member*

30th Annual

# MADE in CALIFORNIA

Juried Exhibition



March 28-May 8

**Opening Reception: Saturday March 28, from 7-9 p.m.**

This show will celebrate thirty years of exhibition history with additional awards, special honors, and a fun reflection on previous year's winners. Following the success of last year's makeover and the addition of a highly sought after solo show opportunity, this annual exhibition continues the proud tradition of displaying works from artists all over California. This multi-disciplinary survey of art, selected from nearly 1,000 statewide entries, is sure to be one of 2015's most anticipated exhibitions. By featuring artists working in all mediums, in every stage of their artistic careers, this exhibit highlights established artists while revealing new creative movements.

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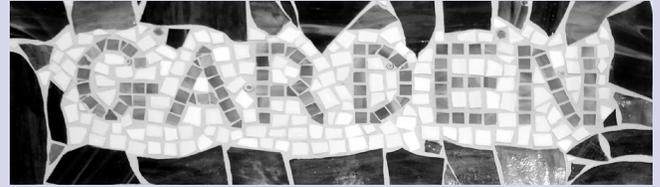
## Great Gifts are Available in the Brea Art Gallery Gift Shop!

*Looking for that perfect gift  
for your loved one?*

Get a unique and one of a kind gift that your friends and family will love! Visit the Brea Art Gallery Gift Shop and check out the beautiful

handmade jewelry, affordable artwork, gorgeous blown glass, glazed pottery, and unusual cards made by local artisans. We also carry fun and unique gifts from vendors such as Fred and Friends, the Unemployed Philosophers Guild, and Accoutrements. The Gallery Gift shop is open Wednesday through Sunday from 12 to 5 pm during an exhibition. Stop by today and get all of your shopping done in one place!

## Mosaic Art Workshops



Learn the art of mosaic with renowned mosaic artist, Dawn Mendelson. Dawn teaches mosaic workshops and is involved in several large-scale, outdoor community mural projects. All supplies, materials, tools, and forms are provided by the instructor, so all you need to do is show up and enjoy being creative! All skill levels are welcome. Ages 14 and up.

### Flat Surface Mosaic Project: Welcome Sign

This flat surface mosaic course is back by popular demand. This workshop teaches skills such as design, color usage, and mosaic techniques to create a meaningful welcome sign for your home. This decorative work of art may feature words or symbols such as 'love or welcome' or any other sentiment you want to express through your artwork. These signs are suitable for indoor or outdoor display and are the perfect way to greet visitors into your home. \*\$25 materials fee payable to instructor.

Dates	Day	Time	Age	Fee	Class #	Instructor
4/14-4/28	Tue	6:30-9P	16+	\$75*	12569	Dawn Mendelson

Please see Gallery website for refund policy: [BreaGallery.com](http://BreaGallery.com)

## Volunteer and Docent Opportunities in the Arts

Volunteer in a variety of new projects including art research, docenting, exhibition prep and special events planning. Experience what happens behind the scenes and participate in exciting projects. We are looking for volunteers and docents willing to commit one day per week, based on your availability. Contact the Volunteer Coordinator, Heather Bowling, at 714-990-7731 for more information.



### Stay Informed, Get Involved

Visit [breagallery.com](http://breagallery.com) for more info or to sign up for our new email newsletter "Like" us on Facebook at [Facebook.com/BreaArtGallery](https://www.facebook.com/BreaArtGallery).

The Gallery is now featured on Google Virtual Tours! Simply click on the Virtual Tour link at [BreaGallery.com](http://BreaGallery.com) or locate us on Google Maps. Never been to the Gallery? Check us out and show us off!



**Gallery Hours:** Wednesday through Sunday, 12 to 5 p.m. during an exhibition. Closed Monday, Tuesday and holidays.  
**Admission:** \$2 for adults and free for ages 11 and under. Brea residents FREE.

**Brea's Youth Theatre**  
Produced by Stagelight Family Productions



For nearly two decades, Brea's Youth Theatre has offered children and teens, ages 5 through 18, a fun-filled way to be part of

a large-scale musical. Under the direction of Stagelight Productions, participants learn teamwork, develop lasting friendships, and build confidence while appearing in some of Broadway's most notable titles. Fun for the entire family, parents are welcome to volunteer backstage.

REGISTRATION OPENS: **April 6**

REGISTRATION NUMBER: **Class # 12575**

REGISTRATION FEE: **\$155 Brea Residents**  
**\$170 Non-Brea Residents**

PARENT MEETING: **May 18, 7 p.m.,**  
in the Curtis Theatre

PRE-AUDITION WORKSHOP: **May 29**

AUDITIONS: **May 30; May 31**

For a direct link to register,  
visit [curtistheatre.com/breayouththeatre](http://curtistheatre.com/breayouththeatre)

**Rave On! The Buddy Holly Experience**

**April 25 and 26, Saturday, 3 and 8 p.m., Sunday, 3 p.m.**

**Tickets: \$34-\$31**

**Build Your Season: \$28-\$30**

Experience this electrifying, high-energy, rock 'n' roll extravaganza starring America's premiere Buddy Holly interpreter, Billy McGuigan—a dead-ringer for the legendary rocker. With more than 400 performances of *Buddy: The Buddy Holly Story*, Mr. McGuigan has amazed audiences, nationwide. Together with the rockin' Rave On Band, their incredible musicianship ignites the stage, bringing the thrills of a Buddy Holly concert to a new age. This rock and roll tour-de-force features a juke box of Holly hits like *Peggy Sue*, *Raining in My Heart*, *It's So Easy*, *That'll Be the Day*, *Oh Boy!* and more! Beyond the typical tribute show, *Rave On!* also pays homage to Buddy's fellow rock 'n' roll icons, some of the most popular voices of the 1950s, including Jerry Lee Lewis, Elvis Presley, Chuck Berry and more! *Rave on!*



[billymcguigan.com/rave-on](http://billymcguigan.com/rave-on)

*"Rave On! is the best Buddy Holly Show out there..."*

TOMMY ALLSUP, GRAMMY WINNER AND BUDDY HOLLY'S LEAD GUITARIST

**Charles Phoenix's Big Retro Slide Show**

**May 9 and 10, Saturday, 8 p.m.; Sunday, 3 p.m.**

**Tickets: \$32-\$24**

**Build Your Season: \$27-\$23**

Back by popular demand, the King of Kodachrome is back! With appearances on *The Martha Stewart Show*, *Conan O'Brien*, *NPR* to *A&E's Storage Wars*, amassing 18,000 Facebook fans, Charles Phoenix has become the foremost expert on Southern California culture and Americana kitch. Using Kodachrome slides from the 1950s, '60s and '70s, Charles roasts and toasts space age suburbia, car culture, theme parks, Googie architecture and more! With his rousing enthusiasm, gracious wit and keen eye for oddball detail, Charles also shares his latest food crafting experiments, road trip travel adventures and "best of" guide to local attractions. A fun and lively way to celebrate Mother's Day!



[charlesphoenix.com](http://charlesphoenix.com)



**2014/15**  
**Curtis Theatre Season**  
[CurtisTheatre.com](http://CurtisTheatre.com)

**Stage your next event!**

Through the Theatre Rental Program, your business, non-profit organization or arts group can take center stage. From special events to live performances, the Curtis Theatre offers the unbeatable combination of a professionally-run facility with affordable rates. Log onto [curtistheatre.com](http://curtistheatre.com) or call 714-990-7723 for more information.



**Curtis Theatre Box Office Hours:** Tuesday through Friday, 12 to 3 p.m. and one hour prior to show. On Saturday when there is a performance, the Box Office will also open from 12 to 3 p.m.

Brea



# Family Resource Center

Supporting Brea Youth and Families

Brea Community Center • 695 E. Madison Way

714-990-7150 • BreaFRC.com

HOURS: Monday-Thursday, 9 a.m. to 6 p.m., Friday, 9a.m. to 5 p.m.

## ESL— English as a Second Language Classes

Monday through Thursday, 8:30-11 a.m.

Co-Sponsored by North Orange County Community College District

Students learn and practice English at their own pace. This class is offered at open enrollment and class materials are provided. All levels are encouraged to attend.

## Veterans Service Assistance

Co-Sponsored by Orange County Community Services

The O.C. County Veterans Service Office actively pursues the rights of veterans and dependents of the United States Armed Forces to receive Department of Veterans Affairs benefits. Free services include benefit claims counseling and information and referral assistance. Call for dates and to make an appointment.

## Medi Cal & Food Stamp Assistance

Co-Sponsored by the Orange County Social Services Agency

Don't let your family's healthcare needs go unmet. New clients receive confidential and personal assistance with your application for Medi-Cal or Food Stamps. On-site processing available in English and Spanish. Call for dates and to make an appointment.

## Free Income Tax Preparation

Every Tuesday until April 7, 9 a.m.-5 p.m.

In Partnership with the United Way

### By Appointment Only

If your household income was less than \$60,000 in 2014, you may be eligible to file your taxes for FREE and access valuable tax credits. Please go to [www.MyFreeTaxes.com](http://www.MyFreeTaxes.com) to use this free service. If you do not have access to a computer, please call 714-990-7150 to set up an appointment to complete the process at the Brea Family Resource Center.



10

# Short-term Individual and Family Counseling at the Brea FRC

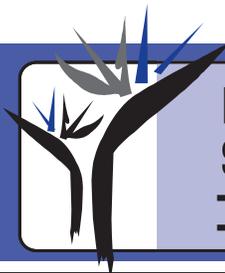
## Professional Affordable Confidential

Various times available by appointment only. Short-term counseling services are available on a sliding-scale fee. Topics such as stress, depression and relationship issues can be worked with the help of trained professionals. Call now to schedule an intake appointment.



Brea Family Resource Center

714-990-7150  
BreaFRC.com



# Brea Senior Center NEWS

For adults ages 55+  
500 S. Sievers Avenue  
Monday - Friday: 8 a.m.-3 p.m.

Visit [BreaSeniorCenter.com](http://BreaSeniorCenter.com)  
for the latest  
Senior Center news.

Call 714-990-7750 or stop by the Senior Center to register, unless otherwise indicated.

## Highlights:

### Senior Center Improvements

The Brea Senior Center will undergo several parking lot and entryway enhancements. Federal grant funding through the Community Development Block Grant program was received for handicap accessibility improvements as well as a dedicated passenger loading and unloading area for the Senior Shuttle program. The Brea Rotary Club is also sponsoring the construction of a covered seating area and a flag pole for the new Senior Shuttle Station. All programs and services will remain available throughout the construction period.

### Senior Tax Preparation

Tuesdays, February 3-April 7,  
12:30-3:30 p.m.

Tax-Aides help taxpayers, 60 and older with low and moderate income, file income tax returns. Volunteers are trained and certified to assist in filing basic personal tax forms and basic schedules. Taxpayers with complex tax returns are advised to seek paid tax assistance. Restrictions apply, call 714-990-7750 for information to bring. By AARP

### It's Your Money

Free 8-week Workshop Series

Tuesdays, April 7-May 26, 1:30-3 p.m.

Reservations Required

Better understand financial planning and avoid the pitfalls of the financial service industry. This series offers entertaining, informative, interactive sessions with guest speakers. Topics include: Annuities & Mutual Funds, Financial Planning, Long Term Care, Fixed Income & Equity Investing, Investment Rules and the Stock Market. No sales pitches. No solicitations. To register, please call 714-992-3033.

By St. Jude Memorial Foundation

## Presentations:

### Aging & Vision Loss

Thursday, March 12, 11-11:45 a.m.



Find out how aging affects your vision and what you can do to combat vision loss.

Provided by SCAN Health

### It's Magic!

Thursday, March 26, 11-11:45 a.m.

Enjoy a performance of the sleight of hand!

Provided by CareMore Medical

### Photos & Scrapbooks

Thursday, April 2,  
11-11:45 a.m.

A discussion of low & no cost resources and strategies to preserve your family photos.

Provided by OC Public Libraries – Brea Branch

### Brain Health

Tuesday, April 21, 11-11:45 a.m.

Join a discussion of what it means to have a healthy brain and what you can do to maintain its health as you age.

Provided by Regal Medical Group & Lakeside Community Healthcare

### A Day in the Life at the ER

Thursday, April 23, 11-11:45 a.m.

A discussion about how a patient goes through the ER and what happens.

By Placentia-Linda Hospital

## Celebrate!



### St. Patrick's Day Party

Tuesday, March 17,  
10:30 a.m.-12:30 p.m.

Entertainment, Raffles and Prizes.

Stop by the lunch window to reserve your tickets.



## Get Moving!

Page 23: SilverSneakers Page 20: 55+ section

## Brea Travel Group

Reservations Required, 714-990-7750.

### Harrah's Resort Casino

Tuesday, March 24, 8:30 a.m.-5:30 p.m.

Enjoy the round trip transportation to Harrah's Resort Casino to enjoy a relaxing day of fun and gaming for just \$10 and receive a \$5 player credit!

### Tour of Brea & Lunch

Wednesday, April 8, 9:30 a.m.-1:30 p.m.

Enjoy a trolley ride and visit some of the hidden gems of our very own Brea! Tour the Art in Public Places and grab lunch at Coco's with a gift card valued at \$15. This trip is being offered for only \$5!

### Overnight Excursions—

*Reservations required. Price based on double occupancy, deluxe accommodations.*

### Yosemite National Park

Friday through Sunday, April 24-26

Prices from \$349.50 per person.

Explore the grandeur that is Yosemite, including El Capitan, Half Dome, Bridalveil Falls, and Yosemite Falls. Tour includes a daily continental breakfast.

### Laughlin Resort & Casino

Tuesday-Thursday, May 12-14

Prices from \$144.50. Join us for three days of fun in Laughlin, Nevada with deluxe accommodations at the Riverside Resort Hotel & Casino, three delicious buffets, and a casino fun book.



# Spring 2015

Your Guide to Programs and Activities at the Brea Community Center

## Registration and Information

### Registration Policies

- Registration accepted by mail, online or telephone with a charge card, or in person at the Community Center until the first day of class/activity, unless otherwise specified.
- Checks are payable to "City of Brea."
- Sliding scale non-Brea resident service fee added. Proof of residency is required at registration.
- All classes subject to change or cancellation if minimum enrollment size is not met.
- Participant-requested withdrawals must be made at least 3 business days prior to the start of activity and are subject to \$5 processing fee.
- Withdrawals/refunds are NOT available once a program begins.

### Non-Brea Resident Service Fee

\$100 or less. . . . . \$5 service fee  
 \$101-\$200. . . . . \$10 service fee  
 \$201 plus . . . . . \$15 service fee

### Four Easy Ways to Register



**Online**  
 Register online using Family Pin # and Client Barcode at [cityofbrea.net](http://cityofbrea.net). Look for Recreation Classes to register with any major credit card. (First time user call for Family Pin#.)



**Call**  
 Call **714-990-7100**, Brea Community Center and your information will be taken over the phone. Have a major credit card number handy.



**Walk**  
**695 E. Madison Way** (corner of Randolph and Madison) Monday-Friday 6 a.m.-10 p.m.; Saturday and Sunday 7 a.m.-4:30 p.m.



**Mail**  
 Mail your complete registration form and payment to: City of Brea Community Services  
**1 Civic Center Circle  
 Brea, CA 92821**  
 Attn: Community Center Recreation Classes

### Class/Program Locations

<b>Brea locations:</b>	FP	Founders Park 777 Skyler Way	FCC	Fullerton Community Center 340 W Commonwealth
AP Arovista Park 500 W Imperial Hwy	ORP	Olinda Ranch Park 4055 Carbon Canyon Rd	FDP	Fullerton Downtown Plaza 135 E. Wilshire
BAG Brea Art Gallery 1 Civic Center Circle 714-990-7730	PH	Pioneer Hall 304 W Elm St	FSC	Fullerton Senior Center 340 W Commonwealth
BCC Brea Community Center 695 E. Madison Way	SKF	Shaolin Kung Fu 1219 W Imperial Hwy	HP	Hillcrest Park Fullerton 1200 N Harbor Bl
BCGC Brea Creek Golf Course 501 W Fir St	SMA	Shambhala Martial Arts 203 W Imperial Hwy	YLCC	Yorba Linda Community Center 4501 Casa Loma Ave
BJHS Brea Junior High School 400 N Brea Bl 714-990-7500	SPA	Stagelight Performing Arts 740 N Brea Bl		
BOHS Brea Olinda High School 789 Wildcat Way	WLD	Wildcatters Park 3301 E Santa Fe Rd		
BSP Brea Sports Park 3333 Birch St 714-854-0766	<b>Outside Brea:</b>			
CC Brea Civic Center 1 Civic Center Circle	AIR	Anaheim Ice Rink 300 W Lincoln Ave		
CCP Carbon Canyon Park 4442 Carbon Canyon Rd	APF	Acacia Park, Fullerton 1638-1698 Fullerton Creek Dr		
CHPTC Country Hills Park Tennis Courts 180 N Associated Rd	EPA	Eucalyptus Park Anaheim 100 N Quintana Dr		

## Programs for Pre-Schoolers

### Musical Theatre Act & Dance

Have fun learning musical theatre dance and jazz dance to Broadway music. Students learn performance techniques such as acting like different characters and how to perform for a live audience. Instructor: Lindsey Russo.

Dates	Day	Time	Age	Fee	Loc	Class #
3/24-4/28	Tue	4-4:55P	4-6	\$75	SPA	12081
3/26-4/30	Thu	6-6:55P	4-6	\$75	SPA	12082

### 6 wks

### Kids Love Music—Toddlers!

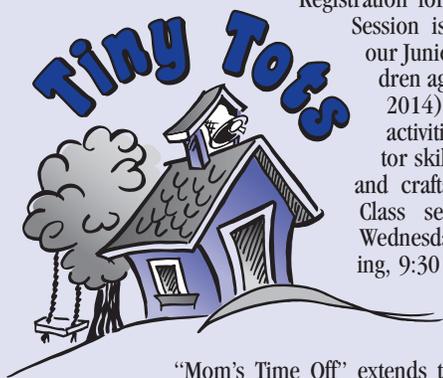
A good class for first-timers! Together we sing, dance, play rhythm instruments and explore playing drums, xylophones and glockenspiels. You and your toddler are active and engaged in this shortened version of the Kids Love Music class! Class content changes each session. Adult participation required. Visit online at [www.KidsLoveMusic.net](http://www.KidsLoveMusic.net). Instructor: Karen Greeno.

Dates	Day	Time	Age	Fee	Loc	Class #
5/6-5/27	Wed	4:15-4:45P	1-2	\$53	BCC	12075

### 4 wks

(Programs for Pre-Schoolers continues on following page)

## Sign Up for Tiny Tots—2015



Registration for the Tiny Tots Spring Session is currently open. For our Junior Tiny Tots Class, children ages 3 (by September 1, 2014) enjoy age-appropriate activities and develop motor skills through music, arts and crafts and just plain fun. Class sessions are: Monday, Wednesday and Friday morning, 9:30 a.m. – noon or Tuesday, Thursday and Friday mornings at the same time.

“Mom’s Time Off” extends the Tiny Tots morning until 2:30 p.m. There is also still space available in our afternoon Senior Class, children ages 4 (by September 1, 2014) will join in the fun of learning and preparing for kindergarten from 12:30-3 p.m., Monday, Wednesday and Friday. All classes are affordable and offer a payment plan for each session. Information packets are available at the Brea Community Center. For more information please call 714-990-7631.

### Preschool Drawing

4 wks

Specifically designed with the needs of young learners in mind. Students learn to draw and develop skills that will also prepare them for Kindergarten in a positive, nurturing environment. As students draw and color fun, familiar objects, they practice following directions and staying on task. All materials are included. Curriculum meets the California State Standards for Visual Arts. Instructor: Young Rembrandts.

Dates	Day	Time	Age	Fee	Loc	Class #
4/22-5/13	Wed	3:30-4:15P	3½-5	\$51	BCC	12102

### Kids Love Music—Babies!

4 wks

Interactive, musical playtime for you and your 4-14 month-old baby (not yet walking.) Playing together is bonding time! We teach lap songs, active chants, and peek-a-boo songs and play rhythm shakers and explore drums. Along the way, your baby gains motor skills, cognitive development, and has fun with you! Please bring a baby blanket. Class content changes each session. Adult participation required. Visit us online at [KidsLoveMusic.net](http://KidsLoveMusic.net). Instructor: Karen Greeno.

Dates	Day	Time	Age	Fee	Loc	Class #
5/6-5/27	Wed	3:30-4P	4-14mos	\$53	BCC	12074

### Kids Love Music!

4 wks

Your child experiences positive self-expression and bonding time with you through fun, musical activities. We sing, dance, and play with animal puppets and rhythm instruments. We end with a free-flow music time playing xylophones, glockenspiels, and drums! Your child gains tonal memory, motor skills, cognitive development, and fun with you! Class content changes each session. Adult participation required. Visit us online at [KidsLoveMusic.net](http://KidsLoveMusic.net). Instructor: Karen Greeno.

Dates	Day	Time	Age	Fee	Loc	Class #
5/6-5/27	Wed	5-5:45P	1-4	\$53	BCC	12073

### Spring Storybook Pre-School Camp

Young children will experience center play, sing songs, listen to stories, make crafts, meet new playmates and have a thoroughly wonderful, three day minicamp experience, and it gives Mom a chance to have a break. You can even drop your elementary student off next door for their own adventures at the same time in the Spring Fun Club. Space is limited. Children must be potty trained and 3 years of age by September 1, 2014. No refunds unless space can be refilled.



Dates	Day	Time	Ages	Fee	Loc	Class #
4/7-4/9	Tue-Thu	9:30A-2P	3-5	\$60	BCC	12548

## Sports and Dance for Tots

### Yoga and Tumbling by Webby

5 wks

Introduce children to yoga fundamentals through imagery, poses, and breathing techniques. It's an engaging way to develop focusing skills and expand children's imaginations with use of fun themes. A portion of each class is devoted to basic tumbling skills related to poses and practice. This combination class increases balance, flexibility, focus and coordination while encouraging children to have fun and be creative!

Dates	Day	Time	Age	Fee	Loc	Class #
3/26-4/23	Thu	5-5:45P	3-5	\$58	BCC	12079
4/30-5/28	Thu	5-5:45P	3-5	\$58	BCC	12080



### Tumbling Tots—Parent and Me

7 wks

Parent participation is required. Children experience the thrill of working with a balance beam, mini trampoline, bars, vault and tumbling equipment at all skill stages in a safe environment! Experienced instructors work at your child's comfort level and help develop hand-eye coordination, movement skills, balance and flexibility. Instructor: Charter Oaks Gymnastics. \*\$5 insurance fee payable to instructor at first class meeting. \*\*No class 5/4.

Dates	Day	Time	Age	Fee*	Loc	Class #
3/30-5/18**	Mon	9-9:40A	2-3	\$66	BCC	12093

### Kiddie Gymnastics

7 wks

Children will experience the thrill of working with a balance beam, mini trampoline, bars, vault and tumbling equipment at all skill stages in a safe environment! Experienced instructors work at your child's comfort level and help develop hand-eye coordination, movement skills, balance and flexibility. Instructor: Charter Oaks Gymnastics. \*\$5 insurance fee payable to instructor at first class meeting. \*\*No class 5/4.

Dates	Day	Time	Age	Fee*	Loc	Class #
3/30-5/18**	Mon	9:45-10:25A	4-5	\$66	BCC	12172

### Parent & Me Ice Skating

4 wks

Bond with your child as you both learn to skate in a fun and relaxed atmosphere. Class fee includes one parent and one child. Skate rental, public skating from 1-3 p.m. for the Saturday class and three additional public skating passes (to be used during the 4-week session) are all included in the fee. Please arrive 15 minutes early to the 1st class and dress warm. Instructor: Anaheim Ice.

Dates	Day	Time	Age	Fee	Loc	Class #
4/11-5/2	Sat	11:15-11:45A	3-5	\$39	AIR	12111
5/9-6/6	Sat	11:15-11:45A	3-5	\$39	AIR	12112

(Sports and Dance for Tots continues on following page)

714-990-7100 • [cityofbrea.net](http://cityofbrea.net)

BREA LINE • MARCH - APRIL 2015



### Ice Skating for Tots

4 wks

Introduce your child to the sport of ice skating and watch them smile while learning to march, glide, stop, hop, fall down and get up properly. Skate rental, public skating from 3:30-5:30 p.m. for the Wednesday class and 1-3 p.m. for the Saturday class and three additional public skating passes (to be used during the 4 week session) are included in the fee. Instructor: Anaheim Ice. \*No class 4/8, 5/23, 5/27.

Dates	Day	Time	Age	Fee	Loc	Class #
4/1-4/29*	Wed	4:30-5P	3-5	\$39	AIR	12113
4/11-5/2	Sat	11:45A-12:15P	3-5	\$39	AIR	12114
5/6-6/3*	Wed	4:30-5P	3-5	\$39	AIR	12115
5/9-6/6*	Sat	11:45A-12:15P	3-5	\$39	AIR	12116

### Tae Kwon Do for Tots

3 wks

The Shambhala Tiny Tigers and Mommy/Daddy and Me programs are much more than self-defense, exercise, and fitness. They teach joyful living through traditional family values and shared experiences. All are taught by Shambhala Master Yang, a 5th degree Black Belt, raised and trained in Korea. Build self-confidence, strength and self-control. Tae Kwon Do focuses on kicking versus throwing punches, allowing a more powerful attack with less training. Kids learn respect for self and others. Instructor: Shambhala Martial Arts Staff.

Dates	Day	Time	Age	Fee	Loc	Class #
4/14-4/30	Tue/Thu	3:30-4:15P	4-6	\$53	SMA	12062
5/5-5/21	Tue/Thu	3:30-4:15P	4-6	\$53	SMA	12063

### Pee Wee Tennis Academy

4 wks

Designed for the little ones who want to have fun. Drills help build hand-eye coordination and develop better balance while moving. Children learn the basics of forehand, backhand, volley and serve and love joining in fun games. Students must provide their own racquet and may participate either one or two days per week (Mondays and/or Wednesdays). Materials required include one unopened can of three tennis balls on the first class day. Instructor: Tennis Anyone Staff. \*No class 5/25.

Dates	Day	Time	Age	Fee	Loc	Class #
3/30-4/22	One Day	3:45-4:30P	3-6	\$59	CHPTC	12131
	Two Days	3:45-4:30P	3-6	\$79	CHPTC	12134
4/27-5/20	One Day	3:45-4:30P	3-6	\$59	CHPTC	12132
	Two Days	3:45-4:30P	3-6	\$79	CHPTC	12135
5/27-6/17*	One Day	3:45-4:30P	3-6	\$59	CHPTC	12133
	Two Days	3:45-4:30P	3-6	\$69	CHPTC	12136

### Pre-Ballet/Tap

8 wks

Children will learn basic ballet and tap steps along with the correct vocabulary. Class will focus on rhythm, coordination and FUN. Ballet slippers, tap shoes and basic leotard or dance attire required. Instructor: Candace Weidman.



Dates	Day	Time	Age	Fee	Loc	Class #
4/1-5/20	Wed	3:15-4P	3-5	\$66	BCC	12096

## Youth Sports

### Beginning Ice Skating—Youth

4 wks

Enjoy the thrill of ice skating. Learn to skate across the ice forward and backward, glide on one foot, stop, turn and more! Skate rental, public skating from 3:30-5:30 p.m. for the Wednesday class and 1-3 p.m. for the Saturday class and three additional public skating passes (to be used during the 4 week session) are all included in the fee. Instructor: Anaheim Ice. \*No class 4/8, 5/23, 5/27.

Dates	Day	Time	Age	Fee	Loc	Class #
4/1-4/29*	Wed	5-5:30P	6-16	\$39	AIR	12107
4/11-5/2	Sat	12:15-12:45P	6-16	\$39	AIR	12108
5/6-6/3*	Wed	5-5:30P	6-16	\$39	AIR	12109
5/9-6/6*	Sat	12:15-12:45P	6-16	\$39	AIR	12110

### Future Tennis Star Player's Package

4 wks



For students that want it all at a discounted rate. Experience the benefit of being in class two days a week in the larger Intermediate-Advanced Academy classes and work on drills only available in those clinics, plus participate in one Small Group Tennis Clinic per week, to get much more focus on game details. Compete in the Round Robin Tournament once per month. The total price for all of these programs is \$223; however, this package is reduced to \$189. Materials required include one unopened can of three tennis balls on the first day of class. Instructor: Tennis Anyone Staff. \*No class 5/25.

Dates	Day	Time	Age	Fee	Loc	Class #
3/30-4/22	Mon/Wed	6-7:30P	7-17	\$189	CHP	12161
4/27-5/20	Mon/Wed	6-7:30P	7-17	\$189	CHP	12162
5/27-6/17*	Mon/Wed	6-7:30P	7-17	\$175	CHP	12163

### Beginning Junior Tennis Academy

4 wks

Have fun while learning the four major strokes of the game: forehand, backhand, volley and serve. Students are grouped by ability into levels and receive patches representing mastery when they have successfully demonstrated skills. Students love drills and may participate either one or two days per week (Mondays and Wednesdays). Students must provide their own racquet. Beginners over the age of 13 should start in the advanced academy. Materials required include 1 unopened can of 3 tennis balls on the first day of class. Instructor: Tennis Anyone Staff. \*No class 5/25.

Dates	Day	Time	Age	Fee	Loc	Class #
3/30-4/22	One Day	4:30-6P	7-13	\$69	CHP	12137
	Two Days	4:30-6P	7-13	\$103	CHP	12140
4/27-5/20	One Day	4:30-6P	7-13	\$69	CHP	12138
	Two Days	4:30-6P	7-13	\$103	CHP	12141
5/27-6/17*	One Day	4:30-6P	7-13	\$69	CHP	12139
	Two Days	4:30-6P	7-13	\$90	CHP	12142

### Ice Hockey Skating Skills

4 wks



Want to play hockey but don't know where to start? Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Fee includes hockey skate rental, lessons, free practice on day of class, and three additional skating passes valid during the 4-week session. Please arrive 15 minutes early the 1st class and dress warm. \*No class 4/8, 5/27.

Dates	Day	Time	Age	Fee	Loc	Class #
4/1-4/29*	Wed	6:15-6:45P	6-16	\$39	AIR	12117
5/6-6/3*	Wed	6:15-6:45P	6-16	\$39	AIR	12118

### Jr. Golf (Beginning/Intermediate)

3 wks

Covers grip, stance, posture, ball position, introduction to chipping and putting, irons vs. woods, rules and etiquette. Equipment provided if needed. Instructor: Jim Howe. \*Golf ball fee each meeting.

Dates	Day	Time	Age	Fee*	Loc	Class #
4/8-4/22	Wed	3-4P	6-15	\$38	BCGC	12168
4/11-4/25	Sat	10-11A	6-15	\$38	BCGC	12169
5/6-5/20	Wed	3-4P	6-15	\$38	BCGC	12170
5/9-5/23	Sat	10-11A	6-15	\$38	BCGC	12171

(Youth Sports continues on following page)

### Intermediate/Advanced Junior Tennis Academy **4 wks**

For students that have either attained all three mastery levels in the Beginning Academy or are coming in with proper form on the major tennis strokes. The focus is on building stroke dependability so that students are able to rally with proper form. This is high energy, dynamic, and fitness challenging to bring students to a level where they have the tools to start playing matches. There are four mastery levels that students will be tested on for progress. Students will love playing drills and may participate either one or two days per week (Mondays and/or Wednesdays). Students must provide their own racquet. Beginning students over the age of 14 should start in this academy. Materials required include one unopened can of three tennis balls on the first day of class. Instructor: Tennis Anyone Staff. \*No class 5/25.

Dates	Day	Time	Age	Fee	Loc	Class #
3/30-4/22	One Day	6-7:30P	7-17	\$69	CHP	12143
	Two Days	6-7:30P	7-17	\$103	CHP	12146
4/27-5/20	One Day	6-7:30P	7-17	\$69	CHP	12144
	Two Days	6-7:30P	7-17	\$103	CHP	12147
5/27-6/17*	One Day	6-7:30P	7-17	\$69	CHP	12145
	Two Days	6-7:30P	7-17	\$90	CHP	12148

### Small Group Tennis Clinic **4 wks**



Small groups are a great alternative for those wanting more attention. These groups are for all skill levels and vary in size from 2-4 students/coach. Students will be grouped together with other students based on age and skill level. Students must provide their own racquet. Materials required include one unopened can of three tennis balls on the first day of class. Classes meet on Mondays and/or Wednesdays. Instructor: Tennis Anyone Staff. \*No class 5/25.

own racquet. Materials required include one unopened can of three tennis balls on the first day of class. Classes meet on Mondays and/or Wednesdays. Instructor: Tennis Anyone Staff. \*No class 5/25.

Dates	Day	Time	Age	Fee	Loc	Class #
3/30-4/22	One Day	2:45-3:45P	7-15	\$99	CHP	12149
	Two Days	2:45-3:45P	7-15	\$179	CHP	12152
	Mon	7:30-8:30P	7-15	\$99	CHP	12155
4/27-5/20	One Day	2:45-3:45P	7-15	\$99	CHP	12150
	Two Days	2:45-3:45P	7-15	\$179	CHP	12153
	Mon	7:30-8:30P	7-15	\$99	CHP	12156
5/27-6/17*	One Day	2:45-3:45P	7-15	\$99	CHP	12151
	Two Days	2:45-3:45P	7-15	\$157	CHP	12154
	Mon	7:30-8:30P	7-15	\$75	CHP	12157

### Junior Karate (Beg and Adv) **7 wks**

Learn self-confidence, agility and physical and mental conditioning. Teaches fundamentals of Shito-Ryu style Karate with opportunity to progress in rank. Instructor: Jerry Short.

Dates	Day	Time	Age	Fee	Loc	Class #
<b>Beginning</b>						
4/6-5/18	Mon	4-5P	6-15	\$53	BCC	12068
<b>Advanced</b>						
4/6-5/18	Mon	5-6:30P	6-15	\$63	BCC	12070

### Outdoor Youth Volleyball

**NEW!** Due to popular demand, Community Services is offering a youth volleyball spring season! Our coed program is "spiking" its way into the new Wildcatters Park this spring. The program, conducted by instructor Samantha Palmer, is designed to enhance volleyball skills and knowledge by teaching basic fundamentals and instruction in game situations. Come see what all the excitement is all about! Registration is now being accepted at the Brea Community Center. T-Shirt included.

Dates	Day	Time	Grade	Fee	Loc	Class #
5/4-5/27	Tue/Thu	6-7:30P	1-3	\$70	WLD	12558
5/4-5/27	Tue/Thu	6-7:30P	4-6	\$70	WLD	12559
5/4-5/27	Tue/Thu	6-7:30P	7-8	\$70	WLD	12560

### Youth Kung Fu **4 wks**

Students will learn self-discipline and gain self-confidence through the practice of traditional Shao-lin Kung-Fu. They learn strength, endurance, mental, and physical coordination while using their hands and feet to defend themselves. Students should wear loose-fitting clothing.



Dates	Day	Time	Age	Fee	Loc	Class #
3/31-4/21	Tue	5-6P	6-16	\$51	SKF	12055
4/2-4/23	Thu	5-6P	6-16	\$51	SKF	12056
4/4-4/25	Sat	10-11A	6-16	\$51	SKF	12057
5/2-5/23	Sat	10-11A	6-16	\$51	SKF	12060
5/5-5/26	Tue	5-6P	6-16	\$51	SKF	12058
5/7-5/28	Thu	5-6P	6-16	\$51	SKF	12059

### Tae Kwon Do for Children **3 wks**

Exercise, fitness, and self-defense, plus life skills for joyful living. All classes are taught by Shambhala Master Yang, a 5th degree Black Belt, raised and trained in Korea. Build self-confidence and strength. Tae Kwon Do focuses on kicking versus throwing punches, allowing a more powerful attack with less training. Kids will learn respect for self and others, perseverance and self-control. May attend two days a week on Tuesdays and Thursdays. Instructor: Shambhala Martial Arts Staff.

Dates	Day	Time	Age	Fee	Loc	Class #
4/14-4/30	Tue/Thu	5-5:45P	7-12	\$53	SMA	12065
5/5-5/21	Tue/Thu	5-5:45P	7-12	\$53	SMA	12064

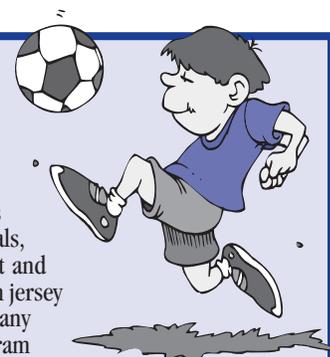
### Kid Safe Self Defense **One-day workshop**

This one-day seminar shows children and parents, in a non-threatening way and through 'What if?' scenarios, how to identify and respond to dangerous situations. Interactive demonstrations are fun and informative. Children learn about protecting themselves from abuse, abduction, and exploitation without becoming frightened in the process. Parents are provided with a checklist of simple safety measures, deterrence strategies, and solutions to minimize the chances of harm. The seminar will ignite conversation and interaction regarding the danger posed by abductors.

Date	Day	Time	Age	Fee	Loc	Class #
4/11	Sat	12-2P	6-12	\$18	BCC	12095

### Mighty Tykes Soccer

Exciting Mighty Tykes soccer for boys and girls 3-7 years old! Trained staff instruct youth on improving skills for future soccer experiences at Brea's newest park! Fundamentals, sportsmanship, player improvement and fun are stressed. Fee includes a team jersey and participant trophy. If you have any questions, please contact the program coordinator at 714-990-7171.



Dates	Day	Time	Ages	Fee	Loc	Class #
3/17-4/21	Tue	4-5P	3-5	\$63	WLD	12179
3/17-4/21	Tue	5:15-6:15P	6-7	\$63	WLD	12180
3/19-4/23	Thu	4-5P	3-5	\$63	WLD	12181
3/19-4/23	Thu	5:15-6:15P	3-5	\$63	WLD	12182

# Youth Dance and Fine Arts

## Jazz & Hip Hop by Webby

4 wks

In this class your child will learn a combination of Jazz & Hip Hop Technique. Our qualified instructor introduces today's most exciting steps with use of age appropriate music and movements. This class builds body awareness, self-confidence, flexibility and strength while teaching dance technique and skills.

Dates	Day	Time	Age	Fee	Loc	Class #
3/26-4/23	Thu	5:45-6:30P	5-8	\$58	BCC	12077
4/30-5/28	Thu	5:45-6:30P	5-8	\$58	BCC	12078

## Beginning Ballet/Tap

8 wks

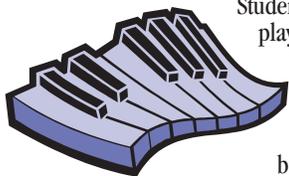
Children will learn basic tap and ballet steps along with the correct vocabulary. The class focuses on rhythm, coordination and FUN. Children will need ballet slippers, tap shoes and a basic leotard or dance attire. Instructor: Candace Weidman.

Dates	Day	Time	Age	Fee	Loc	Class #
4/1-5/20	Wed	4-4:45P	6-9	\$66	BCC	12097

## Beginning Piano Keyboarding/Level 1

5 wks

Students have fun learning basics of piano/keyboard playing in a group setting. Emphasis is placed on note recognition and theory. Goal of class is to play simple songs with both hands, progressing to higher levels and performing in recitals. Students must have a piano or keyboard at home to practice on; although it is not necessary, students may bring their own keyboard to class if they wish. Instructor: Southern California Academy of Music Staff.



Dates	Day	Time	Age	Fee	Loc	Class #
3/24-4/21	Tue	3:15-4P	7-18	\$53	BCC	12085
4/28-5/26	Tue	3:15-4P	7-18	\$53	BCC	12086

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## Beginning Piano Keyboarding/Level 2

5 wks

This class is a continuation of level 1 and can be repeated. Students will continue progressing at their own pace through their piano book. Students will be divided up by age and level and will rotate through centers consisting of workbooks, music games and time on the keyboard with instructor. Students must have a piano or keyboard at home to practice on; although it is not necessary, students may bring their own keyboard to class if they wish. Instructor: Southern California Academy of Music Staff.

Dates	Day	Time	Age	Fee	Loc	Class #
3/24-4/21	Tue	4-4:45P	7-18	\$53	BCC	12083
4/28-5/26	Tue	4-4:45P	7-18	\$53	BCC	12084



## Rock and Roll Guitar

5 wks

Students have fun learning basics of guitar playing in a group setting. Emphasis is placed on note recognition and theory. Goal of class is to play simple rock songs and basic chords progressing to higher levels and performing in recitals. Students must bring their own guitar to class each week. Instructor: Southern California Academy of Music Staff.

Dates	Day	Time	Age	Fee	Loc	Class #
3/24-4/21	Tue	4:45-5:15P	8+	\$53	BCC	12087
4/28-5/26	Tue	4:45-5:15P	8+	\$53	BCC	12088

## Elementary Drawing Class

4 wks

Young Rembrandts' curriculum helps children develop drawing skills that will boost their confidence and encourage them to be creative. Students will have fun learning to draw a variety of eye-catching images using a variety of art concepts including still life and landscape. Art vocabulary and an art history lesson is also included. Our curriculum meets the California State Standards for Visual Arts. Instructor: Young Rembrandts.

Dates	Day	Time	Age	Fee	Loc	Class #
4/22-5/13	Wed	4:30-5:15P	6-12	\$51	BCC	12103

## Cartoon Drawing Class

4 wks



Learning to draw is lots of fun! Especially when we create silly characters, funny expressions and story sequences that tell jokes! This class expands an engaging curriculum as students learn to illustrate objects, people, and furry animals in hilarious situations. Join us for awesome adventures in drawing! All materials are

provided. Our curriculum meets the California State Standards for Visual Arts. Instructor: Young Rembrandts.

Dates	Day	Time	Age	Fee	Loc	Class #
4/22-5/13	Wed	5:30-6:15P	6-12	\$51	BCC	12104

## MASTERPIECES with Pencils & Pastels

4 wks

Your young artist will learn: basic design, perspective, figurative art, and art history. Students create one "Masterpiece" each week. \*\$4 supply fee payable to the instructor at first class.

Dates	Day	Time	Age	Fee*	Loc	Class #
5/5-5/26	Tue	4:30-5:30P	6-12	\$47	BCC	12076

## After School Program

Now through June 17, 2015

Monday-Friday • 2:30-6:30 p.m.

\*Wednesday • 1:30-6:30 p.m.

Grades K-6th

Brea's After School Program (ASP) is a program committed to providing youth access to life-enriching experiences that foster their academic, physical and social development.

The City of Brea's After School Program is still accepting registration for the remainder of this school year! Program participants are invited to experience fun and exciting activities in this inclusive and positive environment from the hours of 2:30-6:30 p.m. daily\*. This format allows all grade levels the opportunity to participate in the "Study Hall" experience while parents finish their day at work. ASP is the perfect place for Brea youth to spend their after school hours!

Participants will enjoy an assortment of structured activities that include gym activities, arts and crafts projects, as well as a game room with PlayStation 3, Nintendo Wii, and board games. Participants also have the opportunity to get involved in monthly cooking clubs, group fitness activities, and special presentations. In addition, the Bits N' Bytes café offers nutritious snacks at a reasonable price.

Special theme weeks this year will include Lights On Afterschool! International Week, Arts Appreciation Week, and Fit 4 Fun Week. All it takes to register for this year-long program is to stop by the Community Center front counter and register for as low as \*\*\$450. Monthly payment plans are available to meet the needs of all families.

For more information about Helping Hands Scholarships and ASP transportation please contact the FRC at 714-990-7150

\*\*If you do not live, work or go to school in Brea please add a \$100 non-resident fee.



# Youth Enrichment

## Children's Korean Language Class—Beginning 8 wks

미소

This introductory class to Korean language and culture for children will be the easiest way for children to learn the Korean alphabet, converse in simple dialogue, and experience Korean culture through crafts and games. \*\$20 material fee due at first class. \*\*No class 4/6.

Dates	Day	Time	Age	Fee*	Loc	Class #
3/23-5/18**	Mon	3:30-5:30P	8-12	\$78	BCC	12553

## Children's Korean Language Class—Intermediate 8 wks

Continue your child's education of Korean language and culture in this intermediate class. Learn to read and write Korean sentences and dialogues and be able to converse in Korean through fun-filled crafts and games. \*\$20 material fee due at first class. \*\*No class 4/6.

Dates	Day	Time	Age	Fee*	Loc	Class #
3/23-5/18**	Mon	3:30-5:30P	8-12	\$78	BCC	12554

## Sound-Start Reading 4 wks

Readwrite's Sound Start beginning reading program can make the difference between a student who struggles or succeeds. Specially trained teachers test, structure and implement an individualized PHONICS reading program for your child grades K-1. Decoding, spelling, vocabulary, comprehension and following directions are all featured in this fundamental approach to reading. Instructor: Readwrite Educational Solutions. \*\$40 instructor fee payable at the first class meeting.

Dates	Day	Time	Grade	Fee*	Loc	Class #
4/14-5/7	Tue/Thu	3:30-4:25P	K-1st	\$103	FCC	12098

## Reading Development 4 wks

A supplementary reading program is designed to improve comprehension, vocabulary, spelling and fluency. Extensive testing allows specially trained teachers to implement and teach a specific learning program for each student. Parents receive a computer printout of test results. Instructor: Readwrite Educational Solutions. \*\$40 instructor fee payable at the first class meeting.

Dates	Day	Time	Grade	Fee*	Loc	Class #
4/14-5/7	Tue/Thu	4:30-5:25P	2nd-6th	\$103	FCC	12099



What is a parent to do? Your child has a day off from school, but you still have to work—we have the solution for you! Brea Community Center staff will supervise your children in a safe and fun filled environment. Kids enjoy sports, games, crafts and more. Children need to bring their lunch. Questions? Call 714-990-7631. To register call 714-990-7100.

Date	Day	Time	Age	Fee	Loc	Class #
3/13	Fri	7A-6P	6-12	\$34	BCC	11669

## Math Development 4 wks

This comprehensive, individualized math program evaluates students and pinpoints skill gaps. The primary building blocks of addition, subtraction, multiplication, and division are continually reinforced, building a solid foundation of fundamental knowledge, leading to increased confidence and growth of knowledge. Instructor: Readwrite Educational Solutions. \*\$40 instructor fee payable at the first class meeting.

Dates	Day	Time	Grade	Fee*	Loc	Class #
4/14-5/7	Tue/Thu	5:30-6:25P	2nd-6th	\$103	FCC	12100

## Spring Fun Club...Your Mini Day Camp Experience

This supercharged enrichment program offers a spring adventure for younger elementary age children (Kinder-3rd grade) in a smaller, safe and personable setting. Kids join friends for action-packed mornings that include, games,



crafts, music, sports, cooking, science, playground activities, and much more! Space is limited. No refunds unless space can be refilled.

Dates	Day	Time	Age	Fee	Loc	Class #
4/7-4/9	Tue-Thu	9:30A-2P	5-9	\$60	BCC	12549

## Spring Break Day Camp

Keep your youngsters busy and having fun during spring break while you work. In a safe and fun environment, children will enjoy games, sports in the gymnasium, arts and crafts, Cooking Club and so much more. To sign up, drop by or call the Brea Community Center at 714-990-7100. Participants need to bring a snacks and a lunch. Space is limited to the first 50 participants.



Dates	Day	Time	Age	Fee	Loc	Class #
4/6-4/10	Mon-Fri	7A-6P	6-12	\$125	BCC	12547

## Easter Egg Hunt

Pre-schoolers through third grade

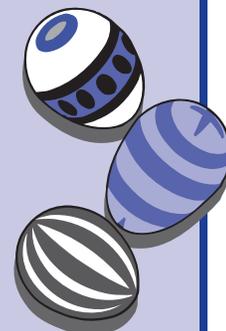
**Saturday, April 4**

**9:00 a.m., Arovista Park**

*FREE candy and gifts for all children!*

**Sponsored by the Brea Kiwanis Club**

**Questions? Call Dean Hall: 714-449-3362**



# Teen Programs and Activities

## Teen Zone (7th-12th grade)

Now thru June 17 • Mon-Fri • 2:30-6:30 p.m.

Sign up for membership in the City of Brea's Teen Zone for an exciting place to hang out every day after school! Meet new friends, and stay involved. Participants engage with planned weekly activities and homework assistance. A one-time registration fee of \$125 is all you need for the entire 2014-2015 school year. Call 714-990-7179 for more information.



## Teen Zone Friday Night Dance Series

Hot Friday Night (7th and 8th grade\*)

March 13 • 6:30-9 p.m.

## Sneak Preview Activity Night (6th grade)

April 3 • 6:30-9 p.m.

The cost is \$9 and parents will have to register their participant by 5 p.m. on the day of the activity. The activity night space is limited so sign-up early to guarantee your spot this year.

Participation is restricted to those who attend school within the Brea city limits or those participants who live in Brea. Strict school district dress code applies to all dances. All participants must be dropped off and picked-up inside the Brea Community Center. Dance activities include, but are not limited to: DJ & dancing, free snacks, games, tournaments, contests, raffle drawings, and playing pool in the Teen Zone.

\*School IDs will be required for 7th & 8th graders.



# VOLUNTEEN 2015

Brea teens in grades 8-10 can apply to be a City of Brea Volunteer! Give a total of 90-160 hours of working for one of our Community Services programs to gain work experience, help our community, and have fun. Only 20 spots are available, so the selection process is competitive. Applications are currently available at the Brea Community Center Front Counter and in the Teen Zone. A letter of recommendation is required as part of the application. Applications are due Monday, April 6 by 5 p.m. No late applications will be accepted. For more information, please call 714-990-7152.

# Online Classes

## Online Driver's Education

Class #12101  
Age 15+ • \$45

This is an online course with videos, animated driving scenarios, and sample test questions. Learn rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. This is a DMV-required course for those under 18 years. Students will receive a DMV-approved Certificate of Completion. Sign up any time; registration is ongoing. Instructor: Erika Vieyra.



714-990-7100 • [cityofbrea.net](http://cityofbrea.net)

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Submit Application Forms to FRC

## Mayor's Youth Award Reminder

Submission forms for the annual Mayor's Youth Service Award program are due no later than **Friday, May 1, at 5:00 p.m.** at the **Brea Family Resource Center**

(FRC) located in the Brea Community Center. Students should be sure that their log is signed by a parent as well as volunteer supervisors. They should make and retain a photocopy for their personal reference.



QUESTIONS: 714-990-7152

# Adult Sports and Fitness



## Adult Tennis Clinic

4 wks

Adult players of all levels will benefit from this clinic, which caters to two to four students and gives "big kids" an opportunity to work on improving skills while getting a great work out and making new friends. Whether you are an absolute beginner or know your way around the court, you'll train in level-appropriate skills from ground-strokes to serves and volleys. We believe that tennis brings each student fun, fitness, and friendships

for a lifetime. Materials required include one unopened can of three tennis balls on the first day of class. Instructor: Tennis Anyone Staff.

Dates	Day	Time	Age	Fee	Loc	Class #
4/1-4/22	Wed	7:30-9P	16+	\$69	CHP	12159
4/29-5/20	Wed	7:30-9P	16+	\$69	CHP	12158
5/27-6/17	Wed	7:30-9P	16+	\$69	CHP	12160

## Fight Like a Girl— Women's Self-Defense

One-day workshop

This is a comprehensive one-day seminar covering practical and effective self-defense techniques geared toward women. Content is based on the psychology of victim avoidance combined with effective grappling, striking, and escapes utilized in martial arts. Women will be empowered with the tools and know-how to improve their awareness in order to avoid dangerous situations. Instructor: Ashton Farah.

Dates	Day	Time	Age	Fee	Loc	Class #
3/14	Sat	12-2P	12+	\$33	CC	11484
5/16	Sat	12-2P	12+	\$33	CC	12094

(Adult Sports and Fitness continues on following page)

714-990-7100 • [cityofbrea.net](http://cityofbrea.net)

BREA LINE • MARCH - APRIL 2015

### Karate for Adults

Learn self-confidence and agility, as well as physical and mental conditioning. This class teaches the fundamentals of Shito-Ryu style karate with opportunity to progress in rank. Instructor: Jerry Short.

Dates	Day	Time	Age	Fee	Loc	Class #
4/6-5/18	Mon	6:30-8P	16+	\$63	BCC	12069

7 wks

### Adult Kung Fu

Students learn self-discipline and gain self-confidence through the practice of traditional Shao-lin Kung Fu. They are taught strength, endurance, and coordination techniques to bring long-term personal development of mental, emotional, and physical capacities. Students must wear loose-fitting clothing.

Dates	Day	Time	Age	Fee	Loc	Class #
3/31-4/21	Tue	6-7P	17-50	\$51	SKF	12047
4/2-4/23	Thu	6-7P	17-50	\$51	SKF	12048
4/4-4/25	Sat	11A-12P	17-50	\$51	SKF	12049
5/2-5/23	Sat	11A-12P	17-50	\$51	SKF	12050
5/5-5/26	Tue	6-7P	17-50	\$51	SKF	12052
5/7-5/28	Thu	6-7P	17-50	\$51	SKF	12051

4 wks

### Tae Kwon Do for Teens & Adults

Exercise, fitness, and self-defense, plus life skills for joyful living. All classes are taught by Shambhala Master Yang, a 5th degree Black Belt, raised and trained in Korea. Build self-confidence and strength and self-control. Tae Kwon Do focuses on kicking versus throwing punches, allowing a more powerful attack with less training. You will learn respect for self and others, perseverance and self-control.

Dates	Day	Time	Age	Fee	Loc	Class #
4/14-4/30	Tue/Thu	6:45-7:30P	13+	\$53	SMA	12066
5/5-5/21	Tue/Thu	6:45-7:30P	13+	\$53	SMA	12067

3 wks



### Adult Golf Swing (Beginning/Intermediate)

A great place to start or to use as a refresher. Work on the fundamentals of the golf swing and practice methods. Clubs provided on request. Instructor: Jim Howe. \*Golf ball fee each meeting.

Dates	Day	Time	Age	Fee*	Loc	Class #
4/11-4/25	Sat	9-10A	16+	\$38	BCGC	12164
5/9-5/23	Sat	9-10A	16+	\$38	BCGC	12165

3 wks

### Adult Golf: Short Game & More

This class covers grip, stance, posture, ball position, introduction to chipping and putting, irons vs. woods, rules and etiquette. Clubs provided on request. Instructor: Jim Howe. \*Golf ball fee each meeting.

Dates	Day	Time	Age	Fee*	Loc	Class #
4/8-4/22	Wed	6-7P	16+	\$38	BCGC	12166
5/6-5/20	Wed	6-7P	16+	\$38	BCGC	12167

3 wks

### Beginning Ice Skating for Adults

Beginning ice skating made fun and easy at Anaheim ICE! Learn how to skate across the ice forward and backward, glide on one foot, stop, turn, and more. Fee includes skate rental, lessons, free practice on the day of class, and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm. \*No class 4/8, 5/27.

Dates	Day	Time	Age	Fee	Loc	Class #
4/1-4/29*	Wed	7-7:30P	17+	\$39	AIR	12105
5/6-6/3*	Wed	7-7:30P	17+	\$39	AIR	12106

4 wks



### Adult Flag Football\*

Flag football is played in a fast-action style, where everyone is an eligible receiver. This is a 12-team league that plays either Saturdays or Wednesdays. Spots fill up fast so do not let this opportunity to join pass you by. The fee for a season is \$400 with a \$20 per game official fee.

### 5-on-5 Adult Basketball\*

Registration packets are currently available for the Sunday league 5-on-5 play at the Brea Community Center! Teams are placed in divisions according to skill level through evaluation games. There are two leagues, one on Thursday night and one on Sunday night. Cost per team is \$365, plus a \$50 forfeit fee and \$25/per game per team referee fees.

### Adult Softball\*

Registration packets are currently available for the coed softball league. Games will be played on Monday nights at both the Brea Sports Park and the Brea Junior High School. Cost per team is \$450, plus a \$30 forfeit fee (refundable if team does not forfeit) and \$15 cash per game/per team referee fee.

### Coed Adult Volleyball League\*

Our Coed Adult Volleyball League is currently taking teams and individuals who are interested in being on a wait list. The season is underway, so we are currently not accepting registration packets. Matches are played at the Brea Community Center on Tuesday nights. Leagues are classified as upper, lower and intermediate divisions, and you will be evaluated to determine what division best suits you and your team. The entry fee is \$270, plus a \$20 forfeit fee and \$10 per game per team referee fee.



### Men's Softball\*

The league plays at least 11 games at the Brea Sports Park during Sunday nights on Field #2. The current season is underway, but we are taking interested team managers for the next season which begins at the end of February. Cost for the Men's Softball league is \$450 with a \$15 official's fee per game.

*\*Note: Registration is accepted for complete teams on a first-come, first-serve basis. Call the Community Services office at 714-990-7171 for more information, or for any individual players not presently on a team who wish to be placed on an interest list. Please include your name, plus a phone number and email address as contact points.*

### Drop In Basketball and Volleyball

Day	Time	Daily Fee (\$5 for non-Brea residents)
<b>Volleyball</b>		
Wed	6-10P	\$4
<b>Basketball</b>		
Mon-Fri	11:30A-2P	\$3 (\$4 for non-Brea residents)
Mon	6-9P	\$4
Fri	6-10P	\$4
Sat	7-10:30A	\$4
Sun	8-11A	\$4

## FREE Activities for 55+

All classes for Adults 55+ require registration but most are free. Just drop in at Pioneer Hall to participate! For more information, please call 714-990-7750.

### Yoga Class

Low Impact Yoga for any level of experience.

Dates	Day	Time	Age	Fee	Loc
Ongoing	Tue	8:30-9:30A	55+	FREE	PH

### Tai Chi Exercise Class

A Chinese health exercise popularly known as the "no sweat" mental and physical exercise. All movements are slow, relaxed, circular and help improve balance, joints and muscles. Develop a calmer mind and nervous system.

Dates	Day	Time	Age	Fee	Loc
Ongoing	Mon/Fri	8:30-10A	55+	FREE	PH



### Health and Wellness Fitness

Practice general balance and reflex, resistance training, stretching exercises and other simple routines. Instructor from the North Orange County Community College District Older Adults Program.

Dates	Day	Time	Age	Fee	Loc
Ongoing	Mon/Tue	10A-12P	55+	FREE	PH
Ongoing	Mon	12:30-2:30P	55+	FREE	PH
Ongoing	Thu	9:30-11:30A	55+	FREE	PH

### Table Tennis

The Brea Senior Table Tennis group is dedicated to health through exercise and improved flexibility. Players of all levels are welcome. \*Quarterly payment of \$15 for Brea resident (\$60 annual). \$25 quarterly payment for non-Brea resident (\$100 annual).

Dates	Day	Time	Age	Fee*	Loc
Ongoing	Tue/Wed/Thu	1-4P	55+	\$15	PH

### Longevity Stick Exercise Class

A regimen of 12 movements to improve balance, flexibility, strength, mental focus, breathing capacity and vitality. This exercise can be done sitting or standing.

Dates	Day	Time	Age	Fee	Loc
Ongoing	Wed	9-10A	55+	FREE	PH
Ongoing	Fri	10-11A	55+	FREE	PH

### Zumba® Gold

Zumba Gold modifies the formula to suit an active older participant with exhilarating, easy-to-follow moves in an invigorating, party-like atmosphere.

Dates	Day	Time	Age	Fee	Loc
Ongoing	Wed	10:30-11:30A	55+	FREE	PH
Ongoing	Fri	11:30A-12:30P	55+	FREE	PH

## Adult Dance and Special Interest

### 20 Ballroom Dance—Beginning 6 wks

Learn the basics of standard social dances such as swing, waltz, cha cha, foxtrot, and tango. Instructor: Gail Abrahamson.

Dates	Day	Time	Age	Fee	Loc	Class #
4/13-5/18	Mon	8-9:30P	15+	\$63	BCC	12071

### Ballroom Dance—Intermediate 6 wks

If you mastered the basics, join the next level of standard social dances such as swing, waltz, cha cha, foxtrot, and tango. Instructor: Gail Abrahamson.

Dates	Day	Time	Age	Fee	Loc	Class #
4/13-5/18	Mon	6:30-8P	15+	\$63	BCC	12072

### Adult Piano 5 wks

Now's your chance to learn to play the piano at your own pace in a group setting. Class size is limited to six adults, so register early. Individual keyboards are provided during class time; however, participants must have access to a keyboard or piano to practice on outside of class. Class size limited to 6 students! Instructor: Southern California Music Academy Staff. \*\$20 cash material fee is payable to the instructor for an instructional book.

Dates	Day	Time	Age	Fee*	Loc	Class #
3/24-4/21	Tue	5:15-6P	18+	\$53	BCC	12089
3/24-4/21	Tue	6-6:45P	18+	\$53	BCC	12091
4/28-5/26	Tue	5:15-6P	18+	\$53	BCC	12090
4/28-5/26	Tue	6-6:45P	18+	\$53	BCC	12092

### Korean Language Class for Adults 10 wks

Whether you want to learn the Korean language for business purposes or personal enrichment, this class is a perfect starting point! The great thing about the Korean language is that it is phonetic and you can easily decipher words once you have learned the alphabet. You can learn the Korean language and culture through ten weeks of fun-filled classes. \*Additional \$20 for materials.

Dates	Day	Time	Age	Fee*	Loc	Class #
3/24-5/26	Tue	7-9P	18+	\$78	BCC	12552



### Dog Manners "Crash Course" 4 wks

Accomplish your dog training goals and get behavior problems under control in just four weeks! Bad habits (destructive chewing, jumping on people, etc.) will be addressed, as well as basic obedience commands. For dogs ages four months or with current vaccinations. Pre-registration is required so we may brief you prior to the first class meeting. Instructor: Rose Healey, Dog Services Unlimited. \*\$5 insurance fee is payable to the instructor at the first meeting.

Dates	Day	Time	Age	Fee*	Loc	Class #
3/7-3/28	Sat	3:30-4:45P	10+	\$81	HP	11481
4/1-4/22	Wed	6-7:15P	10+	\$81	BCC	12128
4/12-5/3	Sun	2-3:15P	10+	\$81	EP	12129
4/15-5/6	Wed	7:45-9P	10+	\$81	FDP	12130
4/25-5/16	Sat	3:30-4:45P	10+	\$81	HP	12127

### Mosaic Art Workshop 3 wks



This flat surface mosaic course is back by popular demand. This workshop teaches skills such as design, color usage, and mosaic techniques to create a meaningful welcome sign for your home. This decorative work of art may feature words or symbols such as 'love or welcome' or any other sentiment you want to express through your artwork. These signs are suitable for indoor or outdoor display and are the perfect way to greet visitors into your home. All supplies, materials, tools, and forms are provided. Instructor: Dawn Mendelson. \*\$25 materials fee payable to instructor.

Date	Day	Time	Age	Fee	Loc	Class #
4/14-4/28	Tue	6:30-9P	14+	\$75*	BAG	12569

Please see Gallery website for refund policy: [BreaGallery.com](http://BreaGallery.com)

## Brea Library

### Location:

1 Civic Center Circle, Brea Civic & Cultural Center at Birch and Randolph

### Hours:

Monday: 10 a.m. to 6 p.m.  
 Tuesday: 12 p.m. to 8 p.m.  
 Wednesday: 12 p.m. to 8 p.m.  
 Thursday: 10 a.m. to 6 p.m.  
 Friday: 10 a.m. to 5 p.m.  
 Saturday: 10 a.m. to 5 p.m.  
 Sunday: CLOSED

714-671-1722 • [ocpl.org](http://ocpl.org)

### For All Ages

**Author Visit and Tea** — Meet mystery authors Rhys Bowen and Cara Black on Saturday, March 21, at 12 p.m. Books will be available for purchase and signing. Space is limited and pre-registration is required.

**Computer Classes** — Sign up for our new three-week session of beginning computer classes designed for the new user. Saturdays, March 14, 21 and 28 at 9 a.m. Space is limited and pre-registration is required.

**Preserving Your Family History** — Learn how to preserve your family history, photos and artifacts on Thursday, April 2, at 11 a.m. at the Brea Senior Center. Presented by Brea Library staff.

**Adult Arts & Crafts** — We'll be making paper wreaths on Saturday, April 18, at 2 p.m.

**Writers Group** — This group meets on the first Saturday of the month at 1:30 p.m. to provide a nurturing environment for writers to receive feedback, improve their skills, and encourage publishing.

**Book Club at the Brea Senior Center** — Due to holidays, we will meet at the Brea Senior Center on the third Wednesday these months at 10:30 a.m. Books can be picked up at the Brea Senior Center or at the library.

**One-On-One Beginning Internet Tutorials** — Sign up for a free one-on-one tutorial to get started searching the Internet on Tuesdays at 11:15 a.m. Pre-registration required.

### Film Screenings

**First Friday Films** — Screen great movies on the first Friday of the month at 3 p.m. Bring your friends!

**Saturday Family Movie Matinee** — Join us at 2 p.m. on the second Saturday of every month for a fun family movie.

### Especially for Children & Families

**Fancy Nancy Tea Party** — Children and their families are formally invited to attend our fabulously fancy tea party. Get out your fancy clothes and practice your fancy words! Thursday, April 9 at 11 a.m. Space is limited and pre-registration is required.

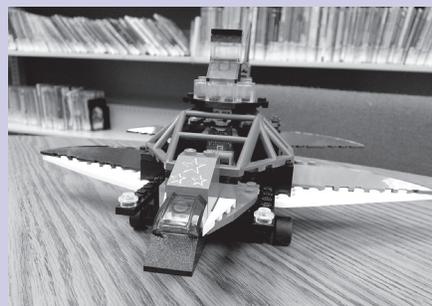
**Read to the Dogs** — Meet our favorite furry friends on the first Wednesday each month at 6:30 p.m. to read to a trained, gentle therapy dog.



**Homework Help** — Do you need a little assistance completing your homework? Kids in grades K-5 can drop by on Mondays and Tuesdays between 3:30 and 5 p.m. to receive help (not tutoring) from local high school students. Bring your assignments and needed supplies.

**Preschool Storytime** — Stop by at 11 a.m. on Mondays through for stories, songs, and activities to help develop early literacy skills. Preschool children of all ages are welcome and no prior registration is needed.

**Lego Club** — Bring yourself and your imagination to build your own Lego creation! The third Wednesday of each month at 5 p.m.



**Donuts with Dad** — Children and their dads visit the library Saturdays, March 7 and April 4, at 9 a.m. for fun stories and yummy donuts! Moms and other caregivers are invited too!

**Parent/Child Book Club** — Read those children's books together and have a great conversation about them with others in the community. Held on the second Tuesday at 6 p.m. Pick up copies of the book at the Information Desk.

**Stories and Craft Afternoon** — A fun storytime for school-age kids held the first Wednesday of each month at 3 p.m. for children ages 6 and up.

**Pajama Storytime** — Join us at 6 p.m. on the first Tuesday evening each month for storytime—listen to stories, sing songs, and enjoy a craft project afterwards. Children are invited to wear their pajamas and bring their favorite stuffed animal! No sign ups necessary.

**Family Craft Night** — Come on the third Tuesday each month at 6 p.m. for a fun-filled craft program for the whole family!

### Especially for our Teens

**Teen Advisory Board** — Learn about the library, earn volunteer hours and be a leader! The Teen Advisory Board meets the first Monday of each month at 4 p.m.

**Teen Book Club** — The Brea Library hosts a Teen Book Club at the Teen Zone at the Brea Community Center. It meets on Thursdays, March 19 and April 9, at 5 p.m. You don't have to be a Teen Zone member to attend. Books can be picked up at the Community Center or the Brea Library.

**Teen Graphic Novel Club** — Join our newest club for enthusiasts of Graphic Novels and Manga meeting on the second Wednesday at 4:30 p.m.

**Teen Candy Sushi** — Be creative making delicious "sushi" out of candy. The teen with the most creative and delicious treat will receive a prize. Thursday, March 24, at 4 p.m.

### Support the Friends of the Brea Library!

The Friends are a non-profit (501c-3) organization that supports the programming and materials needs of the Brea Library through volunteer efforts and fund-raising activities. The Friends are looking for gently-used materials (DVDs, Blu-rays, CDs and books published within the last 5 years) for the Bookstore and Silent Auction. Contact Jeanne Lerner at 714-990-6545 to become a member or to volunteer. Keep in touch and find out what's happening on Facebook.

# Brea Fitness Center

## Massage Therapy



Full-body massages provided by Licensed Massage Therapist at the Brea Fitness Center. Discounted membership rate of \$40 a month for a one-hour massage! Plus you receive an additional complimentary massage on your birthday (must be used during the birthday month).

Non membership rates for a one-hour massage are offered at the low rate of \$45 for 60 min. or \$70 for 90 min.

**Hot Rocks also available!**

Call Kristin for details or to schedule an appointment  
714-990-7112 or 714-990-7101

695 E. Madison Way  
(located inside Brea Community Center)  
714-990-7101 • [breafitness.com](http://breafitness.com)

All cities  
welcome!

Group Exercise Classes • Cardio-Weight Room  
• Basketball and Volleyball Courts

### Community Center Hours

Mon-Fri..... 6 am-10 pm  
Sat & Sun..... 7 am-4:30 pm

### Daily Drop-In Fees

Seniors (60 & up) ..... \$3\*  
Adults (19-59) ..... \$4\*  
Teens (13-18) ..... \$3\*  
Youth (6-12) ..... \$1.50\*  
QuikFit..... \$3\*  
(11:30 am-1:30 pm weekdays)

### Annual Fitness Pass Fees

Seniors (60 & up) ..... \$162\*  
Adults (19-59) ..... \$231\*  
Teens (13-18) ..... \$138\*  
Family PLAN 1 ..... \$402\*  
2 adults + 4 children under 18  
Family PLAN 2 ..... \$462\*  
3 adults + 3 children under 18  
\* Price listed is for those who live, work or attend school in Brea. Call for non-resident fees, 714-990-7100. Photo ID required on first visit.

## Nutritional Counseling

Join our certified Registered Dietitians, Megan Wroe and Frances William for a one-on-one nutritional counseling appointment. Learn the best ways to improve your diet for maximum wellness! For details, call 714-990-7112 or go to [breafitness.com](http://breafitness.com).



\$2.25 per hour, per child.

Ages 18 months – 12 years

Mon-Thu: 8:30 a.m.-1:30 p.m. and 4:30-8 p.m.

Fri: 8:30 a.m.-1:30 p.m. and 4:30-7:30 p.m.

Sat: 8 a.m.-1 p.m.; Sun: CLOSED

Infant care for 3 – 18 months

Mon-Fri: 8:30-11 a.m.

*Kidwatch is for children of adults attending BCC programs.  
Parent must remain on the premises.*

## Group Exercise Class Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8-8:55 a.m. <b>Cycle</b>	8-8:55 a.m. <b>Low Impact</b>	6-7 a.m. <b>BodyPump</b>	6-7 a.m. <b>Cycle Rejuvenate</b>	6-7 a.m. <b>BodyPump</b>	8-8:55 a.m. <b>Pilates</b>	7-7:55 a.m. <b>Cycle</b>
9-9:55 a.m. <b>BodyPump</b>	8-8:55 a.m. <b>Zumba</b>	8-8:55 a.m. <b>Low Impact</b>	8-8:55 a.m. <b>Low Impact</b>	8-8:55 a.m. <b>Low Impact</b>	9-10 a.m. <b>BodyPump</b>	8-8:55 a.m. <b>BodyPump</b>
10-10:55 a.m. <b>Zumba</b>	9-10 a.m. <b>BodyPump</b>	9-9:55 a.m. <b>Zumba</b>	9-9:55 a.m. <b>Cardio Kick</b>	9-9:55 a.m. <b>Zumba</b>	10:15-11:15 a.m. <b>Yoga</b>	9-9:55 a.m. <b>Zumba</b>
11 a.m.-12 p.m. <b>Yoga</b>	10:30-11:30 a.m. <b>SilverSneakers®</b> MSROM	10-10:55 a.m. <b>Super Sculpt</b>	10-10:55 a.m. <b>SilverSneakers®</b> MSROM	10-10:55 a.m. <b>Cycle</b>	<b>QuikFit</b> 12-1 p.m. <b>Zumba</b>	10-10:55 a.m. <b>Cycle</b>
	<b>QuikFit</b> 12-1 p.m. <b>Yoga</b>	<b>QuikFit</b> 11 a.m.-11:55 a.m. <b>Cycle</b>	<b>QuikFit</b> 11-11:55 a.m. <b>Zumba</b>	<b>QuikFit</b> 11-11:55 a.m. <b>SilverSneakers®</b> <b>Circuit</b>	1:15-2:15 p.m. <b>SilverSneakers®</b> MSROM	11-11:55 a.m. <b>Yoga</b>
	4:30-5:15 p.m. <b>Cycle Express</b>	12-1 p.m. <b>Pilates</b>	12-1 p.m. <b>BodyPump</b>	12-1 p.m. <b>Yoga</b>	4:30-5:25 p.m. <b>BodyPump</b>	12-1 p.m. <b>Zumba</b>
	5:30-6:25 p.m. <b>Circuit Sport</b>	1:15-2:15 p.m. <b>SilverSneakers®</b> <b>Circuit</b>	4:30-5:25 p.m. <b>Step-Abs-Sculpt</b>	4:30-5:25 p.m. <b>Circuit Sport</b>	5:30-6:25 p.m. <b>U-Jam Fitness</b>	
	**5:30-6:25 p.m. <b>TBA</b>	4:30-5:25 p.m. <b>Zumba</b>	5:30-6:25 p.m. <b>Cycle</b>	5:30-6:25 p.m. <b>Jazz Funk</b>		
	6:30-7:25 p.m. <b>BodyPump</b>	5:30-6:25 p.m. <b>BodyPump</b>	**5:30-6:25 p.m. <b>Yoga</b>	6:30-7:25 p.m. <b>HIIT/Kickbox</b>		
	**6:30-7:25 p.m. <b>Cycle</b>	6:30-7:25 p.m. <b>Cardio Kick</b>	6:30-7:25 p.m. <b>Get Pumped</b>	7:30-8:30 p.m. <b>Yoga</b>		
	7:30-8:25 p.m. <b>Yoga</b>	7:30-8:30 p.m. <b>Pilates</b>	7:30-8:30 p.m. <b>Zumba</b>			
	8:30-9:30 p.m. <b>Zumba</b>					

*Classes subject to change.*

*For the most current schedule, visit the website or stop by the front counter.*

*Art Studio classes, Zumba, U-Jam, and Cardio Kick require pass reservations.*

*\*\* Held in Art Studio and requires pass in front counter.*

714-990-7100 • [breafitness.com](http://breafitness.com)

# Brea Fitness Center

## Friday Night Series in March—Body Shred with Certified Trainer, Ann Marshall

March 6-27 • 6:30-7:30 p.m. • \$40 Series/\$15 drop-in Class #12038

Join Ann Friday nights in March for Body Shred, a program created by Jillian Michaels. Body shred is a high intensity and endurance based 30 minute workout. Participants will shred fat, define muscle, transform the look of your entire physique, and dramatically enhance your overall health and athletic performance. Ann will then lead you in various stretches to elongate and calm the muscles.

## Friday Night Series in April—Super Stations

with ACE Certified Trainer, Mike Duralde

April 3-24 • 6:30-7:30 p.m.

\$40 Series/\$15 drop-in • Class #12419

Join Mike Friday nights in April for Super Stations. Wear your favorite superhero cape and let's get busy scorching those calories. Mike will lead you through the super stations that will leave you feeling like a super hero. Stations including rip trainer, battle ropes, TRX, kettle bells and much, much more!



## Salsa with a Twist with Greg Hernandez

April 11-May 9 • 1:15-2:15 p.m. \$45 • Class #12538

In this workshop based class you will learn the basic steps of Salsa, Cumbia, Merengue and Bachata. We will progress with styling elements for individual and partnering dance that are fun, easy and sexy. At the completion of the 5 week session we will put our moves to the test at a local nightclub—join the fun! No partner required.

## Personal Training

The Brea Fitness Center personal trainers develop exercise programs that will help you reach your goals. A combination of cardiovascular and resistance training will be incorporated into each workout. All levels are welcome. Call 714-990-7110 to schedule an appointment.

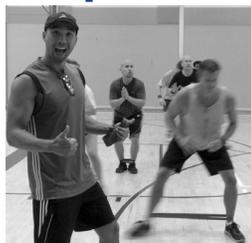
## Pilates Reformer Training with Seonag Turner

Movements which increase strength, flexibility and stamina while also improving alignment, balance coordination and tone. The result of the workout is a uniformly developed body with strong back and abdominal muscles. All levels are welcome. Call 714-990-7110 to schedule an appointment.

## Brea's Ultimate Boot Camps

Join Brea's Ultimate Boot Camp, a fun and effective, results driven exercise program designed for all fitness levels. Experience a total body workout to achieve maximum fitness goals. Gain confidence; improve your quality of life, and overall level of fitness no matter where you start. New sessions begin each month! Evening, Afternoon, and Morning times available. Must be at least 14 years old to participate. For class times and dates go to [brefitness.com](http://brefitness.com) or call 714-990-7110.

## Group Functional Fitness Training



Join Don|John "DJ" Alegre, B.S. Kinesiology, and get personalized workouts with measurable results provided by a degreed professional. Comprehensive monthly fitness testing; includes cardio, strength, flexibility, and body composition. Ideal for all fitness levels seeking to improve their overall health. Must be at least 14 years old to participate. For class times and dates go to [brefitness.com](http://brefitness.com) or call 714-990-7110.

## TRX Suspension Training with Melissa Gifford and Brian Karr

TRX training is a revolutionary method of training using leveraged bodyweight which develops strength, balance, flexibility and core stability simultaneously. For more information and class times go to [brefitness.com](http://brefitness.com) and click on TRX or call 714-990-7110.



## TRX Rip Trainer

Uses leveraged body weight to develop strength, balance, flexibility, and core stability all at once. Builds rotational strength. Burns calories and increases cardiovascular endurance. Full body strengthening. All fitness levels benefit!



## TRX Suspension Training/ Rip Trainer Fusion

Combines the proven functional strength training of Suspension Training with the power and rotational movements of the Rip Trainer. All core all the time. All fitness levels benefit!



We are now accepting Silver&Fit. Silver&Fit is a fitness and healthy aging program designed to help you achieve better health through regular exercise. You may be eligible for a free fitness membership through the Silver&Fit Program offered at the Brea Community Center! The Silver&Fit Program is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated (ASH). For more information call your insurance carrier to see if you are eligible or visit [silverandfit.com](http://silverandfit.com).



You may be eligible for a free fitness membership through Silver Sneakers® Fitness Program offered at the Brea Community Center! Check with your Insurance carrier today! Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of motion, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support. Classes are held Mondays at 10:30 a.m., Tuesdays at 1:15 p.m., Wednesdays at 10 a.m., Thursdays at 11 a.m., and Fridays at 1:15 p.m.

714-990-7100 • [brefitness.com](http://brefitness.com)

BREA LINE • MARCH - APRIL 2015

Postal Customer  
Residential/Business  
Brea, CA 92821

City of Brea

# Spring Craft & Boutique

Saturday, March 21, 2015  
9 a.m.-4 p.m.

ADMISSION: \$2

Unique, one-of-a-kind crafts, seasonal and year round gifts and décor, wearable art, jewelry, florals, baby items, tasty goodies, and much more from over 250 vendors!



*Additional parking with FREE Trolley rides at Brea Place, 135 S. State College Blvd. on the northwest corner of Birch St. & State College Blvd.*

City of Brea

# Jewelry Show

AND WOMEN'S ACCESSORIES

Saturday, May 2, 2015  
9 a.m.-4 p.m.

ADMISSION: \$1



Just in time for Mother's Day, this is the perfect opportunity to shop for special gifts for your mom, that very important person or simply for yourself. Over 100 vendors will be on hand showcasing their beautiful, creative and unique one-of-a-kind women's jewelry, as well as fashionable accessories such as, purses, gloves, hats and more. Come early for the best selection!

FREE PARKING • RAIN or SHINE • Please NO STROLLERS or SHOPPING CARTS

**BREA**Community**CENTER** • 695 E. Madison Way

Call 714-990-7771 or visit [BreaSpecialEvents.com](http://BreaSpecialEvents.com)